Sacred Heart Academy

2009-2010

316 East Michigan
Mt. Pleasant, MI 48858
Volume 62
Table of Contents

<table>
<thead>
<tr>
<th>Page</th>
<th>Content</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-7</td>
<td>Freshmen</td>
</tr>
<tr>
<td>8-11</td>
<td>Sophomores</td>
</tr>
<tr>
<td>12-15</td>
<td>Juniors</td>
</tr>
<tr>
<td>16-28</td>
<td>Seniors</td>
</tr>
<tr>
<td>29</td>
<td>Senior Lifers</td>
</tr>
<tr>
<td>30-31</td>
<td>Spirit Week</td>
</tr>
<tr>
<td>32-33</td>
<td>Homecoming Court</td>
</tr>
<tr>
<td>34-35</td>
<td>Homecoming Dance</td>
</tr>
<tr>
<td>36</td>
<td>Staff</td>
</tr>
<tr>
<td>37</td>
<td>Jr/Sr. Retreat</td>
</tr>
<tr>
<td>38</td>
<td>JV Football</td>
</tr>
<tr>
<td>39</td>
<td>JV Volleyball</td>
</tr>
<tr>
<td>40-41</td>
<td>Varsity Football</td>
</tr>
<tr>
<td>42-43</td>
<td>Varsity Volleyball</td>
</tr>
<tr>
<td>44-45</td>
<td>Varsity Cross Country</td>
</tr>
<tr>
<td>46</td>
<td>Boy's JV Basketball</td>
</tr>
<tr>
<td>47</td>
<td>Girl's JV Basketball</td>
</tr>
<tr>
<td>48-49</td>
<td>Boy's Varsity Basketball</td>
</tr>
<tr>
<td>50-51</td>
<td>Girl's Varsity Basketball</td>
</tr>
<tr>
<td>52</td>
<td>JV Volleyball</td>
</tr>
<tr>
<td>53</td>
<td>JV Softball</td>
</tr>
<tr>
<td>54-55</td>
<td>Varsity Baseball</td>
</tr>
<tr>
<td>56-57</td>
<td>Varsity Softball</td>
</tr>
<tr>
<td>58</td>
<td>Varsity Track &amp; Field</td>
</tr>
<tr>
<td>59</td>
<td>Varsity Golf</td>
</tr>
<tr>
<td>60</td>
<td>Dance Team</td>
</tr>
<tr>
<td>61</td>
<td>Varsity Cheerleading</td>
</tr>
<tr>
<td>62</td>
<td>Boy's Freshmen Basketball</td>
</tr>
<tr>
<td>63-65</td>
<td>Organizations</td>
</tr>
<tr>
<td>66-67</td>
<td>Prom</td>
</tr>
<tr>
<td>68</td>
<td>Close-Up</td>
</tr>
<tr>
<td>69</td>
<td>March for Life</td>
</tr>
<tr>
<td>70-71</td>
<td>Graduation</td>
</tr>
<tr>
<td>72-73</td>
<td>Junior High Index</td>
</tr>
</tbody>
</table>

I will not follow where the path may lead, but I will go where there is no path, and I will leave a trail.  
- Muriel Strode
Freshmen

Elizabeth Albaugh    John Brady    Nolan Briggs    Kyle Campbell    Shawn Collins

Danielle Courser    Sheridan Ervin    Kaylee Fernogle    Courtney Fracassi    Kathleen Guytingco

Samantha Hammerle    Michael Harris    Erica Hansen    Loun Hanek    Michael Hofer

Nicholas Hiro    Krista Holtgrove    Kris Kohler    Daniel Lawrence    Ciara Louie

Alexandria Marin    Nicholas Miller    Mitchell Myler    Margaret Ohlinger    Morgan Pendleton

Sara Ziedonis    Zach Serrit    Kelly Stacey    Puneet Vashishta    Shubha Vedula

Natalie Zimmerman
2010 Seniors

Bridget Ferrell Bennett

Mary Virginia Evans

Richard Lawerence Flannery

Mitchell Logan Cramer

Ryan Michael Hammerle

Elizabeth Ann English
Alison Elizabeth Thering

Anthony William Utt

Pryia Vedula

Tyler Christopher White

Megan Leah Withey

Zachary William Younger
2010 SHA Lifers

Back Row: Mitchell Reetz, Tyler White, Mike Lilly, Kayla Norlander, Megan Withey, Mitch Cramer, Kevin Natke, Taylor Sheahan-Stahl, Garrett Schafer, and Anthony Utt

Second Row: Jess Hunter, Richie Flannery, Kristine Petrilla, Brent Hasler, Gina Heydens, Rob Matevich, Joe McGuire, Chelsea Mills, Billy Myler, and Alison Thering

Front Row: Bridget Bennett, Becca Holtgrieve, Elizabeth English, Sydney Zeien, Becky Miesch, and Emily Shaffer
FRESHMAN AND JUNIORS:
(Back) Courtney Fracassi, Elizabeth Albaugh, Samantha Hammerle, Erica Hansen, Parul Vashishta, Kelly Starr, Lindsey Miller, Emma Motz, Aubry Hare, Krista Holmgren
(Front) Clara Lowe, Sheridan Ervin, Maggie Obilinger, Natlie Zimmerman, Hannah Hovey, Kaylee Fermoyle, Julia Wagner, Tori Fracassi, Bitty Hunter, Lindsey O’Laughlin, Aandra Guaylingco, Margo Predum.

(Left) Andrew and his bass buddy take a break from fun for a quick picture.

(Right) Bennett and Hannah are having some fun at dance lessons.

SOPHOMORES AND SENIORS:
(Back) Randi Fracassi, Tara Throop, Caitlin Cardon, Elise Kindermann, Teresa Bishop, Kelsey Poag, Lauren Fellenworth, Becky Miesch, Gabbi Ull, Kayla Norlander, Josephine Sepanski, Lexi Larson, Alexa Ball, Lindsey Szilagyi
(Front) Chelsea Miller, Kristine Petrella, Katie Zeh, Mary Evans, Becca Holmgrev, Shelby Miller, Kelly Jaksa
Homecoming Court 2009


Top Row (Left to Right): Junior Attendant Thadd Levine, Sophomore Attendant Josh Neyer, Freshman Attendant Nick Hire, King Richie Flannery, and Senior Attendants Mike Lilly, Billy Myler, and Tyler White.

(Left-right) Margo Predum, Kelly Jaksa, Julia Wagner

(Katie Zeh) Kristine Petrella Chelsea Mills Elizabeth English

(Left-right) Nick Hire, Josh Neyer, Thadd Levine

Tyler White Billy Myler Mike Lilly Richie Flannery
HOMECOMING
2009
Below: Elizabeth and Amrita enjoying their spare time on retreat.

Above: Groups discussing their relationship with God on retreat. Left: Hannah, Linsdey, and Haley enjoying free time in the rock climbing room.

Below: Emma, Thadd, Tyler, Kristine, William, and Mary taking a break from their group discussion for a picture.

Above: Katie and Beshoy getting some hot chocolate.

Junior/Senior Retreat
J.V. Football

From left to right: Bottom: #32 Danny Lawrence, #76 Steve Rudoni, #4 Kyle Campbell, #75 Mark Hansen, #77 Willi Sheahan-Stahl, #25 Tyler Sabuda, #68 Josh Neyer, #17 Nolan Briggs, Top: #61 Cliff Wellman, #5 Mitchell Myler, #62 Scott Gillespie, #2 Grant Schafer, #12 Luke Goenner, #8 Michael Heller, and #80 Zach Senni. Head Coach Craig Nelson

Left: Grant Schafer runs the ball as a teammate prepares to block for him.

Right: Mitchell Myler runs the ball as a Coleman Comet tries to tackle him.

Above: The team huddles together before the next play.

J.V. Volleyball

Lizzie Albaugh serves the ball.

From Bottom to Top, left to right: Parul Vashishta, Natalie Zimmerman, Gabbi Utt, Margo Predum, Middle row: Tara Throop, Nicole Ganong, Lexi Jarman, Lindy, Top Row: Lizzy Albaugh, Coach Bessy, and Samantha Hammerle.

Lexi Jarman hits the ball as her teammates get ready for defense.

Lindy gets ready to dig up a ball.

The girls get together to pump it up before a match.
**VARSITY FOOTBALL**

From left to right: Bottom: #75 Joel Parker, #25 Brent Hasler, #62 Chris Chermside-Scabio, #76 Dakotah Manley, #58 John McDonald, #34 Eric Fox, #7 Bennet Myler, #32 Garrett Schafer, #12 Ryan Szymanski, #24 Nick Hire, Top: #10 Ryan Grinzinger, #77 Richie Flannery, #30 Tim Jacque, #2 Tyler White, #3 Billy Myler, #4 Matthew Mills, #5 Mike Milly, #56 Anthony Utt, #55 Joey Bishop, #78 Joe McGuire, #72 Zach Younger, Head Coach Rick Roberts

Mike Lilly hands the ball off to Billy Myler as Tim Jacque gets ready to block.

Mike Lilly gets the team pumped before the start of the game.

Connor Fermoyle runs the ball against the bears.

The team congratulates Ryan Grinzinger as he scores a touchdown.

Tyler White gained several yards as a teammate gets ready to block the Aggies.

Bennett Myler gets ready to tackle a player from Onekama.

The defensive line prepares to dominate the Aggie offense.
From left to right; Bottom: Aubry Hire #11, Kelsey Poag #1, Lauren Fillenworth #5, Erica Hansen #12, Top: Katie Zeh #2, Karly Hansen #14, Chelsea Mills #3, Mary Evans #15, Alivia Pohl #7, Becky Miesch #4, Head Coach Mike Kruscke.

The team gathers together to have a talk before the start of a game.
Varsity Cross Country

Girls

Bottom from left to right: Kristin Fracassi, Shubha Vedula, Katelyn Maylee, Bridget Bennett, Maggie Oblinger, Kathleen Guytingoo, Krista Holtgreive, Kaylee Ferroyle. Top: Lilly Maloney, Liz English. Head Coach: Mr. Zitzelsberger

Boys

Bottom from left to right: Ben Schilling, Andrew Mumford, Casey Voisin, Heath Ahlers.
J.V. Boys Basketball


Mitchell goes to the basket to lay the ball in the hole.

Tyler tries to get the ball from the opponent.

Josh dribbles the ball up the court.

J.V. Girls Basketball

Bottom from left to right: Tara Throop, Kelsey Poag, Shelby Ebright, Josephine Sepanski, Nicole Ganong. Top from left to right: Margo Predum, Kelly Starry, Lizzie Albaugh, Maggie Oblinger, Kaylee Fermoyle. Head Coach: Katie Rinke.

(Below) Nicole Ganong goes up for the tip.

(Left) The girls get together to show off their shooting shirts.

(Right) Tara Throop shoots a free throw during the Corunna game.
Bottom from left to right: Eric Fox, Billy Myler, Connor Fermoyle. Middle: Tyler White, Mike Lilly. Top: Ryan Szynski, Matthew Mills, Ryan Grininger, Thadd Levine, Mark Jaksa, Bennett Myler. Head Coach: Pat Theisen.

Above: Billy Myler lays the ball in the basket.
Above: Matt Mills brings the ball up the court.
Below: Conor shoots a free throw during the Shepherd game.
Above: Thadd jumps up to block the shot.
Above: Tyler gets ready to shoot a lay-up.
Below: Mike tips the ball through his defenders.
Below: Mike tips the ball through his defenders.
Bennett starts the offense during the Cedarville game.
Right: Eric Fox does his routine before shooting a free throw.
Lady Irish Varsity Basketball

Bottom from left to right: Biffy Hunter, Erica Hansen, Andrea Gujtingco.
Middle: Amrita Pawar, Chelsea Mills. Top: Kelly Jaksa, Julia Wagner,
Jackie Evans, Lindsey O’Laughlin. Head Coach: Damon Brown.

SENIORS:
Chelsea Mills
(right) #3 &
Amrita Pawar
#12 (left)
J.V. Baseball


Nick follows through after he pitches the ball.

Michael gets ready as he waits for the pitch.

J.V. Softball

Bottom left to right: Randi Fracassi, Tori Fracassi, Sheridan Ervin, Elise Kindermann, Alexa Ball. Top: Courtney Fracassi, Margo Predurn, Kelly Starry, Lilly McLoney, Gabbi Utt, Clara Lowe, Caitlin Cardon. Head Coach: Amy Gaudard Assistant Coach: Jennie Clark

Margo slides into home and is safe!

Gabbi catches the ball as she waits for the umpire to make a call.
Bottom left to right: John McDonald, Bennett Myler, Marc Jaksa, Mitch Reetze, Billy Myler, Larry Humphries. Middle: Eric Fox, Brent Hasler, Chris Chermside-Scabbo, Ryan Grinzinger. Top: Tim Jacque, Matt Mills, Connor Fermyole, Mike Lilly, Thadd Levine. Head Coach: Earl Hartman.

Ryan and Billy on defense.

Above: The team poses for a picture after winning the Battle Creek tournament.

Left: Ryan follows through after pitching the ball.

Below: Tim tries to lay down the bunt.

Below: Thadd gets ready on deck as he waits to bat.

Mike grabs the ball while he is catching.

Mitchell slams the ball down the 3rd base line.
VARSITY SOFTBALL

Bottom from left to right: Lizzy Albaugh, Lindsey Miller, Kelly Jaksa, Kelsey Pog, Lauren Fillenworth, Lindsey O’Laughlin. Top: Erica Hansen, Becky Miesch, Karly Hansen, Chelsea Mills, Katie Zeh, Aubry Hire. Head Coach: Jim Bapple.

The infielders come into the middle before they start the inning. The outfielders come together as they wait for the game to start.
Varsity Track & Field


Below: Richie is competing during shot put.

Above: Shelby jumps over the hurdle.

Above: Trice battles as he runs his race.

Boys Varsity Golf

Bottom from left to right: Jess Hunter, Kevin Natke, Tyler White, Ryan Hammerle. Top: Will Shoemaker, Ben Schilling, Nate Thering, Dean Zimmerman, Dakota Manley, Rob Voisin. Head Coach: Greg Starry.

Some members of the team and Coach Starry get together after the Cascade Invite.

Ryan has a great form as he swings his club.
~Dance Team~

Bottom Left to Right: Lexi Jarman, Kristina Sepanski, Lindsey Miller. Top Left to Right: Clara Lowe, Mary Evans, Tori Fracassi, Liz English, Alivia Pohl, Katie Zeh, Emma Motz, Alison Thering, Sara Stack.

Kristina Sepanski dances to the music.

Emma Motz accomplishes a move as part of the dance routine.

The dance team dances during half time of a basketball game.

*Varsity Cheerleading*


Left: The girls pose for a picture at Central's stadium during districts for football.

Tori Fracassi and teammate hold up the sign as they get ready for the football team to run through it.

The girls hold up Tara and Caitlin in the air.
Freshman Boys Basketball


Student Organizations

NHS Back Row: Rob, William, Aubry, Kyle, Mitchell, Mitch, Kevin, Mike, Joe, Bennett, John, Mark, Middle Row: Charlotte, Kayla, Katelynn, Lindsey, Kary, Bridget, Sarah, Kristine, Elizabeth, Richie, Biffy, Julia, Andrea, Mr. Wyzlic, and Mr. Taylor, Front Row: Priya, Katie, Jess, Brent, Garrett, and Eric.


Bridge Building Team Noodepalooza:
(Left to Right) Coach Mr. Sacco, Andrew, Marc, Emily, and Taylor, and Coach Mr. Wyzlick.

Bridge Building Team °; (Left to Right) Coach Mr. Sacco, Mitch, Richie, Dakota, Lindsey, and Coach Mr. Wyzlick.

Technology Club Team members: (Left to Right top row) Rob, Taylor, Mitch, Richie, Zach. (Left to Right bottom row) Courtney, Parul, Kaylee, Tara, Gabbi, Trevor.

Science Olympiad Team: (front left) Amrita, Elizabeth, Josephine, Andrea, Hannah, Katelyn, Kristin (back left) Courtney, Willi, Ben, Deane, Lily, Lexi, Jackie, Aubry, Joel, Kyle, Scott, and Health.

Left Quizbowl Team: Coach Ms. K, Sara, Priya, Emily, Coach Mrs. Wentworth, (back row) Courtney, Gina, Taylor, Karly, Rob, Lindsey.

Right The Drama Club Front Row: Andrew, Ciara, Sheridan, Randi, Shelby, Linsdey, Back Row: Health, Rob, Sarah, Taylor, Joe, Zach, and Emily.

Forensics Team Back Row: (Left to Right) Rob, Sarah, Taylor, Joe, Zachi, Emily, Front Row: (Left to Right) Andrew, Shelby, Randi.

Left Student Council: Front Row Josephine, Kathleen, Alexa, Gabbi, Middle Row: Hannah, Rebecca, Bridget, Andrea, Katelyn, Shubha, Last Row: Mrs. Reid, Mrs. Bennett, Rob, Chelsea, Jess, Courtney, and Julia.
Prom

Senior Group Photo

Katelynn, Liz, and Amrita get together before dinner.

Best Friends get together for a picture at their last dance.
CLOSE UP: 2010

Lexi Jarmen, Katelynn Maylee, Katie Zeh, Mary Evans, Emma Motz, and Lindsey Miller on the train after a long day in D.C.

Emma Motz, Hannah Hovey, and Lindsey Miller shake hands with a 3D President.

Front: Emma Motz, Gabbi Utt, Lindsey Miller, Lindsey DeRoche, Katie Zeh, Katelynn Maylee Middle: Mr. Durocher, Lilly Maloney, Lizzy Albaugh, Ben Schilling, Mary Evans, Hannah Hovey Back: Ben Sych, Tim Jaque, Brent Hasler, Marc Jaksa, and Lexi Jarmen.

March for Life
2010
Graduation 2010

Kristine, Amrita, Kayla, Rob, Kevin, Mike, and Tim join in the singing at Graduation.

Priya, Elizabeth, and Alivia sing for the Graduating Class of 2010.

Charlotte and Bridget pose for a picture while lining up for the march into the Church.

Ryan, Richie, and Mary watch as the slideshow of baby pictures plays.

The Class of 2010 throw their caps in the air at the end of the Graduation Ceremony.
7th and 8th Grade Football


Middle: Drew Hasler, Tristin Fox, Austin Briggs, Colton Jacobs, Will Berry, Lane Levine.


Coaches: Tim Sandel and Brett Hyble.

Justin Cowell drops back to let one fly.

A view from the sideline during a game.

Team gathering before the game.
7th Grade Volleyball

Back: Lexi Methner, Coach CeCe First, Bainey Scully.
Front: Raeleigh Grinzinger, Tara Charboneau, Swara Sarvepalli.

8th Grade

Coaches: Sandra Sabuda, Kelly Hansen
Back: Lauren Sabuda, Sara Hansen, Carla Obeid, Erika Campbell, Maggie Voisin, Eliza Jarman.
Front: Siri Sarvepalli, Hayley Estill, Michelle Kujat, Keerthana Raju.
Junior High Cross Country

Alex, Collin and Alex hanging out under the tent.

Riley, Lizzy and Meredith get together for a quick picture.

Pre-race team huddle.

Collin running lightning fast to get to the finish line.

Junior High Track
7TH GRADE
BOYS BASKETBALL

Back: Ben Goenner, Brandon Fillenworth, Tomas Krepostman,
Ishan Vashishta, Spencer Hackett, Patrick Schneider.
Middle: Nathan Kalloch, Coach Schwanda, Ian Marsh.
Front: Mikale Rudon, Tristan Fox, Austin Briggs, Will Berry,
Alex Jones.

8TH GRADE BOYS BASKETBALL

Back: Dustin Neyer, Brian Maloney, Coach Claeys, Brooks Hyble, Justin Cowell.
Middle: Jimmy English and Cole Younger.
Front: Lane Levine, Sagar Rathod, Kyle Pronick, Matt Motz.
7th Grade

Lexi dominating on D.

Meredith breaks through the defense and lays the ball in the hoop.

Meredith doing an awesome job stopping the other team from scoring.

Riley putting the ball in the hoop.

8th Grade

86

87
Spirit Week

7th graders pose as nuns for spirit week.

Olivia and Kate get together for a quick pic.

Lizzie, Drew, Banya, Stewart, and Nathaniel

Nathan, Skylar, Meredith, Riley, Lexi, Jordan, and Tristin

8th grade boys pray together.

Science Olympiad
Junior High Student Council

From left to right: Hayley Estill, Michelle Kujat, Olivia Campbell, Erika Campbell, Katherine Janes, Nathaniel Smith, Tomas Krepstown, Sagar Rathod, Tristen Fox, Siri Sarvepalli, Jimmy English.

March 4 Life

Leah and Eliza get together during site seeing day.

Katherine and Angeline in front of the Thomas Jefferson Memorial.

Thomas Jefferson Memorial
8th Grade Promotion

Carla, Hayley, and Angeline are all smiles!

Eliza, Kristen, Lucy, and Leah all happy to be promoted!

(Left and middle) Katherine, Michelle, Siri, Addison, and Carla performing a song.
(Right) Sagar singing "The Time of My Life," by David Cook.

Sara and Dustin receiving their awards.

Left to right: Brooks, Kyle, Dustin, Brian, Addison, Daniel, Cooper, Justin, Matt, Cole, Sagar, Jimmy, and Lane super excited to be moving on to High School.

Class of 2014 moving on to Freshman Year.
7th Grade Awards Ceremony

Austin Briggs receiving his excellence in Physical Education.

Tara Charboneau awarded for being an A class student!

Olivia Campbell being congratulated by Mrs. Wentworth.

Junior High Band

Back: Mr. Vinciguerra, Nathan Kalloch.
Front: Bainy Scully, Meredith Penum, Kate Velguth, Riley Terwilliger, Nathaniel Smith, Skylar Nelson, Jack Stack.