SENIOR LADIES: Mary McDonald, Beth Gaud, Lisa Fredericks check out the movie "Romero" during Holy Thursday.
After the Centennial celebration of 1989, Sacred Heart Academy began its second century of educational excellence.

The 100th birthday caught the attention of the media, town and SHA alumni. But with a new seven through twelve grade structure, an exciting sports program, increased academic production by students and a vibrant professional staff, people just couldn’t help but CHECK US OUT!
CHECKING OUT FOR a short after school nap is sophomore Melissa Knowinski.

CHECKS, PLAIDS, AND STRIPES unite cousins and friends, juniors Tricia Pieratt and Michelle Hauck during Homecoming Clash Day.

BISHOP KENNETH UNTENER CHECKS with Father Richard Jurcik as they view the certificate naming Sacred Heart Academy a historical site.

CHECK US OUT

We may be small in numbers, but our students' success in state competitions, sports contests, and achievements of personal goals make us high in quality.

Our long tradition of excellence was built upon in all areas by students in a family atmosphere, making outsiders wonder just what made the Academy so special and wanting to CHECK US OUT!
ACTIVITIES

All school and no activities make for a dull student body, but no one could claim boredom if they wanted to be involved in the numerous activities happening at the Academy.

Contests, musicals, banquets, sales campaigns, dinners and fish fries were some of the many special events that took place outside the classroom.

Having such a wide variety of choices made students take a long look at their schedules and CHECK IT OUT! when it came to activities.
KING AND QUEEN: Joe Fabiano and Lisa Frederick's enter church during the Homecoming Mass.

SENIOR KEN HARTMAN drains a baby bottle during the Homecoming assembly.

HOMECOMING COURT: Freshman Chris Brownviich, Senior Bill Meier, Senior Ken Hartman, Junior Rob Ervin, Sophomore Mike Chapman, Senior Joe Fabiano, Senior Lisa Frederickks, Junior Jenny Zein, Senior Marcy McDonald, Senior Leslie Theisen, Sophomore Melissa Konwinski, Freshman Jennifer Bingham.

HOMECOMING: A thrilling overtime win over Mornice highlighted a Homecoming 1989. A clear, sunny day made for a beautiful parade and game followed by the dance.

King Joe Fabiano and Queen Lisa Frederickks ruled over the weeks activities that included dress up days, assemblies and a special Mass. Senior representatives Leslie Theisen, Marcy McDonald, Ken Hartman and Bill Meier assisted.

The parade theme was "Sesame Street" and featured floats utilizing characters from the popular childrens show. The highlight of the parade was the appearance of the SHA Marching Band, a moment that made alumni and current students alike proud to wear the Red and White!

SOPHOMORES SHARE A LAUGH at the Homecoming dance. Jerry Seybert, Chad Wright and Tim Audretch take a break at the University Center.

DURING THE PARADE the court waves to the many observers on Broadway Street.
POETRY
FISH FRIES

The Career Development Week Poetry Contest uncovered many talented poets at Sacred Heart. All of the Mt. Pleasant area winners hailed from Sacred Heart: first place winner was senior Mary Beth Pope, second place winner freshman Teresa Hackett, third place winner freshman Laurie Hovey. Receiving honorable mention were seniors Jill Theilen and David Long. Pope’s poem, “The View From The Top” went on to win first place in State Competition and third place nationally.

“Fish fries have great food and are always enjoyable even when you’re working because you’re doing it with friends.”—Chad Wright

The fish fries pulled in money for many groups. They were well attended and kept workers busy, constantly filling the pans of food. These fundraisers required work and cooperation to run smoothly. Workers felt these were huge successes. According to Anne Murphy “Fish fries are great fund raisers. It’s a lot of work, but it will always pay off.”

SOPHOMORE BETH WILLIAMS calls a friend during the SADD—Sophomore Fish Fry.

TAKING MONEY at a fish fry are seniors Carrie Lobinger and sophomore Karen Heintz.

SELLING SEEDS at a fish fry was another way that the Junior Achievement group raised funds.

STUDENT WORKERS at the fine arts fish fry hurry to take care of waiting customers.

CAREER DEVELOPMENT CONTESTANTS: Back Row: Mary Beth Pope 1st Place State Grade 12, Teresa Hackett, Grade 9, Front Row: Laurie Hovey, Grade 9, Jill Theilen, Grade 12, David Long, Grade 12.
COOL, CALM AND COLLECTED. Senior guys appear ready for their entrance into the church on Honors Night.

TRIO OF SENIORS. Linda Epplc, Kristie Isen and Kristie Erwin pause before the Honors Night presentation, May 16, at Sacred Heart Church.

LIST OF ACCOMPLISHMENTS. Counselor Sr. Helen Miller reads a list of salutatorian Jill Thelen's achievements.

JUNIORS EDAN HOSKING and Jason Fokens prepare for the Honors Night. They were chosen to attend MSU's High School Engineering Workshop.

Honors Night took place Wednesday, May 16, at Sacred Heart Church. Departmental awards were given by the high school faculty, as well as scholarship recognition for many seniors.

Awards
Bausch and Lomb—Trisha Pieratt; Brown University—Trisha Pieratt; DAR Good Citizen—Jill Thelen; National Choral Award—Jill Thelen; Drama Award—Carolyn Brocavich; Band Award—Kent Sorenson; Perfect Attendance—Linda Epplc, Jenny Zeien, Chris Brocavich, Lokman Sung; Tandy Technology—Doug Pacholka, Leslie Theisen; SHS Scholar-Athlete—Ken Hartmen; All-Area Marine Athlete—Mick Natzel; Marine Music Award—Beth Gaede; Army Reserve Scholar Athlete—Gabe Sheppard, Linda Epplc; Youth For Understanding, U.S. Senate Youth Exchange—Chris Rudowski; I Dare You Award—Chris Rudowski, Carolyn Brocavich; Boys' State—Chris Rudowski; Girls' State—Stacy Larrance; Summer Institute of Arts Scholarship—Carolyn Brocavich; SVSU Summer Workshop—Lokman Sung; MSU Engineering Workshop—Jason Fokens, Edan Hosk ing; Aquinas College Scholarship, Bingo Scholarship—Katie Koenig; Alma College Scholarship, Fireman Scholarship—Leslie Theisen; Alma College Scholarship—Jenni Lambert; Alma College Scholarship, CMU Scholarship, Bausch and Lomb Scholarship—Lisa Fredericks; CMU Board of Trustees Scholarship—Lisa Fredericks; CMU Scholarship, MSU Scholarship, Aquinas College Scholarship—Jill Thelen; CMU Board of Trustees Scholarship Isabella Bank Scholarship—Suzie Fowler, LSSU Scholarship—Doug Pacholka; WMU Scholarship, MSU Scholarship—Robert Werner; MMCC Scholarship—Lisa Bellinger, Karl Carson, Kristina Frick, Nicole Potter; Japan Home Stay Program—Kent Sorenson, Katie Koenig; Andy Simons Memorial Scholarship—Linda Epplc, Doug Pacholka.
GRADUATION

The Class of 1990 graduated May 25, at 7:30 p.m. from Sacred Heart Church. Senate majority leader John Engler was the keynote speaker. Valedictorian Leslie Theisen and salutatorian Jill Thelen were also speakers. Class advisors were Mt. Phil Durocher, Mrs. Nancy Fitzpatrick and Mrs. Edna Konwinski. The Sacred Heart Academy band and choir performed with solos by vocalists Tina Frick, Mimi Tope and Leslie Theisen. Kent Sorenson performed a saxophone solo. Forty-four students received diplomas from Sister Rita Wenzlick, Director of Education, assisted by Mr. Kris Kirby, Associate Administrator.

PREPARING TO ENTER the church for graduation ceremonies is Lisa Bellinger. Senator John Engler was the graduation speaker.

LAST MINUTE INSTRUCTION. Sister Rita Wenzlick goes over graduation details with senior class members.

PRESENTING . . . Sacred Heart Academy Class of 1990.

ALL SMILES! Lisa Fredericks and Anne Murphy display their happiness following graduation.

SAVING GOODBYE! Marcy McDonald wipes away a tear after the ceremony May 25, 1990, at Sacred Heart Church.
The Prom was held May 12 in Centennial Hall. "A Touch of Class" was the evening's theme. The event was well attended and deemed a great success by all who were present. Elegant dress and dancing were the order of the evening. SADD sponsored a breakfast following the end of the dance in the cafeteria.

Confirmation was a very special and fulfilling event for many of the juniors and seniors at Sacred Heart along with many students from Mt. Pleasant High School. The day consisted of a regular Mass presided over by Bishop Utterer, along with the confirmation ceremony, followed by refreshments.

Everyone received a welcome by the parish as newly added adult members of the church.

CONFIRMATION CANDIDATES Paul Gagliola, Ryan Baumgarth, Chris Radawski, Todd Hackett and Gabe Steppard talk before the arrival of Bishop Utterer.

MICHELLE GRAY, JUNIOR, flashes a smile as Senior Quinn Spencer talks with a friend. The Prom was held on Saturday, May 12, 1990.
JR. SR. BANQUET

The Junior/Senior Banquet was filled with laughs, and excitement, and was a huge success. The food and service was excellent. The highlight of the evening was when the Juniors put on the skits, in imitation of the Seniors. All of the skits presented an exact remaniment of the Seniors personalities and everyday life. Soon after the skits, the Seniors got their chance to express their feelings towards the Juniors during the presentation of the wills. Overall the evening was a huge success.

"Everybody worked together on the skits and shared their ideas, and it worked out great!"—Wendy McConnell

JUNIOR GIRLS Trisha Pimental, Patty Pacholka, Andrea Campbell, Michelle Hauck, and Eri Kojima get ready to put on a skit during Junior—Senior Banquet.

THE JUNIOR BOYS act out one of the many skits as the Senior class looks on. SENIORS Nicki Potter, Lisa Bellingar and Ingrid Nivison pose before the banquet.

JENNY ZELEN stops to talk before the entertainment begins. The Junior Class lampooned the Seniors with a variety of skits.

SENIORS Nicki York, Lauri Myers and Katie Koenig get ready for the banquet to begin. Tena Frick and Vera Campbell talk in the background.
J.A. CENTENNIAL

"It was so much fun. We all worked together and accomplished our goals."—Wendy McConnell

The Junior Achievement program came up with a seed company, "Up, Up and Away." They sold seeds at Wal-Mart, sold door to door, and outside the church. They also sold stock in the company, working hard to come up with a large profit. They had to package seeds, weigh seeds and make posters. Mrs. Nancy Fitzpatrick and Mr. Dave Eichberg were advisers. "The nine of us grew together as one to form a company. With our hard work and tough decisions we were able to realize what the real business world is like."—Patti Panchola

The centennial of Mt. Pleasant was a major event this year. There were quite a few activities, based around it, in which Sacred Heart students were involved. Stacy Laurence, a junior, was one of them. She was involved in giving a speech during the town meeting about what people who lived here for most of their lives thought about the community now.

MR. BOB JOYNT addresses the J.A. program as junior Todd Hackett looks on. SOPHOMORES JACOB KANUPARAMBAN and Chad Wright, along with other company employees, hear a report on marketing and sales.

JUNIOR CAROLYN BROCAVICH talks as junior Stacy Lanzance looks on during the town meeting held in connection with Mt. Pleasant's 100th birthday. MEMBERS OF THE AP HISTORY CLASS look on during the town meeting.
MUSICAL

On Wednesday, May 9, 1990, Sacred Heart put on its first major musical production, "Finian's Rainbow." "Finian's Rainbow" is about a man named Finian McGeoneran who moved from his homeland, Ireland, to seek good fortune in America, with him, he brings his daughter Sharon McGeoneran.

In the sequence of events, a leprechaun named Og, accuses Finian of stealing his pot of gold. In actuality Finian did steal the Gold, but he only wanted to bury it in Fort Knox so he could become rich.

Towards the end, many characters make the mistake of making wishes and it leads to trouble.

The leading actors and actresses were: Kristena Frick as Finian McGeoneran; Caelyn Brocavich as Sharon McGeoneran; Jerry Seybert as Woody Mahony; Leslie Theisen as Og; Kent Sorenson as Senator Rawkins.

Many of the students participated in the musical. The performance was well received. Overall, the Musical was a huge success.
People

Sacred Heart Academy has a wide diversity of people that make it an interesting and exciting place. Thirteen year old junior high students just starting to experience changing classes, sports and dances intermix with eighteen year olds set on career paths.

A blend of religious, lay, female and male staff members make for a wide diversity of backgrounds and teaching techniques that broaden Academy students horizons beyond our hallways.

The addition of students from overseas and new transfers allowed new faces to join others at SHA and CHECK IT OUT!
SENIORS

The Senior class of 1990 was a very unique class. Each as individuals had many differences, but the students learned how to resolve their problems.

The Class of 1990 was a very academic one; over half of the class was on the honor roll for three years. Many of the students competed and excelled in government and English oriented events.

In the sports program, the Seniors showed spunk and pizzazz at games and the players did their best during competition. Mick Natzel received special honor—All State for his basketball ability. Also honored for basketball were Linda Epple and Nikki Potter.

Over all, 1990 was special and precious to all the seniors, for it was their last year.

At graduation time, a time of departure, each individual thought back on their past four years and remembered this time.

It was scary, joyful, and even sad to see their life long friends who they have known for twelve years go on their separate path.

We wished best of luck to the Class of 1990, wishing that all your dreams and ambitions would come true.
Doug Pacholka
Mary Beth Pope
Nicole Potter

Stacy Rachow
Gabriel Sheppard
Kent Sorensen

Leslie Theisen
Jill Thelen
Mimi Tope

Joseph Wentworth
John Werner
Nichole York

Freshmen

Tim Asdretovich
Jennifer Brigham
Chris Borewski
Jeff Brown

Joe Burley
Mary Fike
Teresa Hackett
Clay Henery

Laura Hovey
Brigid Hughes
Cesar Kimmel
Andrea Kirk

Jeremy MacDonald
Troy Milan
Kate Mobey
Tom O'Malley

Suzy Peterson
Jamie Powell
Carrie Rachow
Stephanie Stright

Lokman Sung
Jeff Tyler

FRESHMAN CLASS OFFICERS: top to bottom, President Teresa Hackett, Secretary Mary Fike, Treasurer Laura Hovey, Vice President, Andrea Kirk.
Sophomores

“Our class is just so awesome! We all seem to care alot about each other!” offered Karen Heintz.

The Sophomore class is like one big family that gets along well with each other. The class is small which brings them even closer together. They tend to be loud, but it is all in fun. Beth Williams said, “The class is pretty wild, but we always manage to stick together. It's pretty dude.” They showed togetherness during homecoming. Their float came in first place.

The class of "92" is looking forward to the future as they start thinking about careers and exploring new interests.
MICHELLE GRAY dissects a rabbit in Anatomy class with the help of Denise Vogel. THE JUNIOR GIRLS step to pose for a picture on Discovery Day. JUNIOR CLASS OFFICERS: President Todd Hackett, Secretary Ann Hovey, Treasurer Patty Pachelka. Missing, Vice-President Rob Ervin.

JUNIORS

"We're just a bunch of unique people trying our hardest to be the best."

The junior class motto should have been, "To never to miss a basketball game, volleyball game, cheerleading competition, or school sporting event." They have so much class and school spirit, they put the rest of the student body to shame. This year, the Junior girls, during both the basketball and volleyball seasons, made decorations for the gym for the big games, showing how proud they were of their friends. Whenever there was a sporting event, whether it was out of town or right here in the Irish gym, there were always juniors in the stands, letting the team know they had their support. They even went to Saginaw Valley State University to see the cheerleaders compete in state competition.

Being major sports supporters is not the Junior's only claim to fame. They are very supportive of each other academically, also. They are a very tightly knit group. They will stick together, no matter what. There are no "in" groups, no "out" crowd, just good friends and good fun. They don't shun some of the other classes, either. Everyone is part of the close crowd we call the class of '91.
JUNIOR HIGH

Junior High officially moved into the high school building this year. Three home rooms were located in the original high school structure. Junior High students went to Mass with the high school and also attended some formerly high school only assemblies and activities.

Classes were taught by Sr. Jo, Mr. Dobruk, Mrs. Stuart, Ms. Hull and Mr. VanHala. Each student took math, social studies, religion, science, language arts, English, art, vocal music and computers. They also participated in dances and were involved in sports and cheerleading.

An active student council sponsored a Rock In-Lock In along with other activities. The highlight of the year was the eighth grade trip to Cedar Point.

STUDENT COUNCIL: Back row: Ryan Fokens, Cy Tepe, David Campbell, Jill Jackson. Front row: Chad Lobsinger, Matt Pollak, Kasey Hartman, Nick Thering. MAKHONZA GODUKA strikes a pose at a fish fry. GIREESH SONNAD serves during a volleyball game in physical education.
STAFF

MEETING AFTER SHA CENTENNIAL LUNCHEON are SHA Associate Administrator, Mr. Kris Kirby, Director of Education Sister Rita Wenzlick, Bishop Kenneth Untener, Senator John Engler and Father Richard Jorziak, pastor of Sacred Heart Parish.

MRS. KATHLEEN MOST, HIGH SCHOOL SECRETARY, answers the phone, one among her numerous managerial duties.

MISS MARY GAGNON, Associate Administrator for Religious Education, helps junior Carolyn Brocavich prepare for confirmation.

COUNSELOR SISTER HELEN MILLER helps each Academy student plan a personal education plan for success.

PREPARING TO CELEBRATE MASS are Father Joseph Fava, Senior Priest in Residence, Father Richard Jorziak, Pastor, and Father Donald Henkes, Associate and SHA Religion Instructor.

Mrs. April Alvarado—English, Spanish, Geography
Mr. Dick Coopera—Algebra, Pre-Calculus
Mrs. April Curry—English, Psychology, American History
Fr. Dennis Henkes—Religion, Associate Pastor
Mr. Phil Durscher—Government World History
Mrs. Nancy Fitzpatrick—Economics, Accounting, Computers, Typing
Miss Marie Hyde—Religion, Physical Education
Mrs. Edna Konwinski—Chemistry, Health, Physics, Geometry
Sr. Thaddeus—English, Latin
Mrs. Jana Toussignant—Band, Choir, Theater
Miss Mary Gagnon—Religion, Associate Administrator
Mrs. Judy Block—Science, Anatomy, Biology
Mrs. Frances Hall—Art
Mr. Kris Kirby—Yearbook, Associate Administrator
Mrs. Kathy Stuart—Typing

Sr. Helen—Counselor
Mrs. Gayle Grant—Librarian
Mr. Mark VanHala—English, Social Studies, Language Arts
Sr. Josephine Mary—Religion, Math, Language Arts
Mr. Mike Dobruck—Physical Education
Mr. Larry Friesman—Permanent Deacon
Fr. Joseph Fava—Senior Priest
Sr. Rita Wenzlick—Director of Education
Fr. Richard Jorziak—Pastor
STAFF

AFTER PRESENTING HONORS at Award Night, Mrs. Gayle Grunt and Miss Marie Hyde return to their seats.

BAND DIRECTOR MRS. JANA TOSIGNANT helps the group prepare for an upcoming performance.

DISTRIBUTING COMMUNION at an all-school mass are Father Don Henkes, associate and Father Richard Jazwinski, pastor of Sacred Heart.

MR. CLARENCE OSTROWSKY, custodian, surveys the spotless hallway at the high school entrance.
ACADEMICS

Academics are the cornerstone of Sacred Heart Academy. Our long-standing tradition of academic excellence and preparing graduates for the rigors of college or work was not altered in our 101st year.

Clubs complemented classroom subjects and broadened the academic experience for many students.

University, business, and Armed Forces recruiters know that we turn out top graduates and come to the Academy to CHECK IT OUT!
The Business Department at Sacred Heart offers classes in Economics, Accounting, computers, typing and office practices.

Mrs. Fitzpatrick taught all of the subjects with help from Mrs. Stuart. Typing and computers are required courses toward graduation. These requirements made those rooms popular places during students study halls and before and after school.

BPA is a twenty-five member organization whose members compete in business competitions against other students at the local, state and national level. Following qualifying competitions held in Mt. Pleasant, members went to Detroit for state competition. The financial specialists team of Susie Fountain, Pat Larrance and Anne Murphy placed fifth in the state. Money for the trip was raised by the club and their sponsor, Mrs. Fitzpatrick.
ENGLISH-LANGUAGES

The English and Language Departments at the Academy offered many varied courses to expand student's knowledge. Latin and Spanish was taught at two levels by Mrs. Alverado and Sr. Thaddeus, both of which taught English along with Mrs. Curry. Writing skills were stressed at all levels, helping students learn to better communicate their ideas and concepts.

Father Don, Miss Hyde and Miss Gagnon taught Religion classes for the high school. Religion taught students about many facets of life, as well as death. Debates and discussions were often the rule as students expressed their opinions.

JCL, Spanish Club and Spanish National Honor Society were groups designed for students to enhance their experiences in Latin and Spanish. A number of activities ranged from field trips to special ceremonies honoring top students.

CHAD WRIGHT, JCL sophomore lends a hand during the Olympics.

JCL: Back Row: Jason Deja, Jacob Kanjuparamban, Karen Heintz, Melissa Konwinski, Laurie Hovey, Katie Keenig, Anne Murphy, Suzi Petrey, Jennifer Bringham, Andrea Kirk, Stacey Larrance, Trisha Perritt, Patti Pucholsa, Mike Chapman, Clay Henry, Middle Row: Brian Rub, Julie Keenig, Tandi Godiska, Stacy Rachow, Carrie Rachow, Kate Mobey, Teresa Hackett, Stephanie Straight, Mary Fyke, Andrea Campbell, Betsy Balough, Sr. Thaddeus, Front Row: Doug Pucholsa, Brian Gude, Ryan Tokens, Troy Milan, Scott Straight, Chad Wright, Tom O'Malley, Tim Audretsch, Chris Brucovich, Jeff Tyler, Joe Bartley, Jeff Browne.


SENIOR JENNIFER LAMBERT pauses during an informal Spanish Honor Society meeting.

COLORFUL DECORATIONS hang as the Spanish class works diligently on their assignments.

SENATOR JOHN ENGLER spoke to the government classes and was the commencement speaker. Engler also was the keynote speaker at the Centennial luncheon.

SENIOR DAVID LONG walks down Senior Hall after government class. Long attended the Close-Up program in Washington, D.C. to help broaden his political expertise.

SOCIAL STUDIES

Social Studies classes consisted of Government, World History, American History and Geography. Advanced placement courses were offered in history and government with credit available through Mid Michigan Community College.

Mr. Durocher taught the majority of the classes along with Mrs. Curry and Mrs. Alvarado. Healthy debate about the democratic process and our countries role in history made for interesting classes. A highlight was a visit from Senator John Engler.

Three groups formed representing the Democratic Party, the Republican Party and Independent Thinkers. These groups met regularly to discuss their views and many students got involved in joining the political process at a grass roots level.

KIRSTIE JISON AND MARCY MCDONALD, Senior government students, take a break after class. YOUNG REPUBLICANS: Back Row; Gabe Sheppard, Joe Fabiano, Ken Hartman, Chris Pohladak, Joe Wentworth, Krista Heiney, Bill Meier, Stacy Rachow, John Werner. Front Row; Leslie Thelen, Anne Murphy, Jim Barley, Kent Stensson.
The concert choir held many performances; their first major performance was the Christmas concert "A Night of Wonder".

Some members performed solos, such as "O Little Town of Bethlehem" sung by senior, Tena Frick, and "O Holy Night" by senior, Leslie Theisen.

The choir made off with a first place in this year's talent show, singing "Yellow Submarine", originally recorded by the Beatles. Tena Frick and Leslie Theisen placed second and third. They were sponsored by the Performing Arts.

The Drama Department consisting of only six members, decided to perform a serious play, "Highchairs"; instead of a comedy.

"Highchairs" was about a girl who is faced with the dilemma of caring for her elderly parents who were physically and mentally handicapped.

Their other major play was "Finian's Rainbow", a musical.

Leslie Theisen and Melanie Suuda discuss a problem in the play, "Highchairs" put on by the drama class.

The Science Department taught a variety of subjects including Physics, Chemistry, Biology, and Anatomy. Ms. Konwinski and Mrs. Block taught these subjects to high school students. A variety of experiments, animals and dissections helped illustrate lessons.

Mr. Cooper taught Algebra I and Algebra II along with Pre-Calculus in the Math Department. Ms. Konwinski taught Geometry. Two years of math are required for graduation from SHA. Students “figured” out ways to pass these classes along with their other scheduled subjects.

Health and Physical Education were required for Freshmen. Ms. Hyde taught Physical Education and lead the ninth graders in a variety of physical activities. Ms. Konwinski taught Health. This class taught proper nutrition along with respect for our physical well being.

Eighth Grader Daren LoPicoelo serves during a gym class. All junior high students, as well as ninth graders were required to take physical education.

The SCIENCE DEPARTMENT provided many hands on experiences for Academy students. Here a rabbit is dissected during Anatomy class.
SADD, YEARBOOK

This yearbook staff this year consisted of only six people, but it was overflowing with talent. The yearbook staff was headed up by the grade school principal, Kris Kirby. He taught the young students much of what it takes to make up a high school yearbook. Andrea Hosking summed it all up in three words, "It's a blast!"

The SADD (Students Against Drunk Driving) club here at Sacred Heart is very active. Co-presidents Jenny Lambert and Kent Sorensen have held many fund raisers this year. Fish Frys, Sold carnations for Valentines Day, hosted a dance for the junior high, and held a prom breakfast. All of the members of SADD work hard, thinking up ways to keep their fellow students safe.

ADVERTISING MANAGER Stacy Racchow checks the books in yearbook class. Ad sales made up half of the actual cost of the printing cost for the yearbook.


YEARBOOK: Back Row; Andrea Hosking, Aaron Mingle, Jerry Seybert, Stacy Racchow. Front Row: Johanna Durling, Vera Campbell, Tena Frick.

SENIOR KENT SORENSON helps set up for the SADD fish fry. Sorensen worked over twenty fish fries in his Academy career. YEARBOOK CLASS MEMBER Tena Frick looks up before hitting the advertising sales route.
To be a member of the National Honor Society, you must have certain criteria. This club is not only based on a person’s grade point average, but you must have certain qualities. These qualities are: to attain Leadership, Service, Scholarship, and most of all Character. The National Honor Society’s officers are: as President Lisa Fredericks, Vice President Jim Burley, Treasurer Joe Fabiano, Secretary Becky Bissell, and as Public Relations is Jenni Lambert. These people were chosen because of their extra strive to do their best and serve their school and town.

The NHS chosen educational venture was a study at the Detroit Zoological Parks. It is a place to have fun, while learning about our wildlife.

The NHS made many donations for charitable purposes. The members visit the elderly, work for the Special Olympics and find various creative service projects which they do.

On April 29, 1990, the NHS held their annual candle lighting Induction Ceremony for new members. It is also a time for the installation of new officers for the coming year.

The Student Council is made up of officers, President Anne Murphy, Vice President Marcy McDonald, Treasurer Ken Hartman and Secretary Rob Croll. In addition the Student Council includes the Class Presidents and their two representatives.

OFFICE AIDES, TUTORS

Tutors and office guides provide valuable services to the Academy. Tutors volunteered their time to help fellow students better understand difficult subjects. Many elementary students as well as Junior and Senior High students benefited from their help. Office aides performed many duties for Sr. Rita, Sr. Helen and Mrs. Most. Filing, typing, running errands and sorting mail were just some of themany tasks they helped with. Their presence made for a smoother running office.

OFFICE AIDES Linda Epple, and Suzie Fountain talk with Becky Russel in the hall outside the front office.

TUTORS: Back row; Jamie Powell, JoAnn Serna, John Werner, Krista Heisey. Middle row; Denise Vogel, Lori Jackson, Stacy Larrance, Ann Honey, Melissa Kowinski, Chad Wright. Front Row; Julie Koenig, Leslie Thies, Annie Murphy, Stacey Rachow, Katie Koenig.

TEACHER AND OFFICE AIDS: Back row: Jill Ege, Katie Koenig, Linda Epple, Stacy Rachow, Scott Straight, Suzi Fountain, Lori Jackson. Front row; Melanie Saida, Carrie Loebinger, Annie Murphy, Marcy McDonald, Laura Myers.

TUTOR GABE SHEPPARD checks in the office before an elementary student comes over for his afternoon tutoring session. JUNIOR MELANIE SUIDA takes a break from her duties as first hour office aid.
SPORTS

Over one half of the students in our school participate in the sports program at Sacred Heart Academy.

Many long hours of preparation, bus rides and games made students balance studies and competition along with a social life. Entrance into a sports league after eighteen years of independence gave teams and players additional goals to aim for. Our teams success made the long bus rides worth the hassle.

Attendance was large at Academy sporting events. Because of our winning tradition, people wanted to come and CHECK IT OUT!
FOOTBALL

"The team performance level exceeded talent level," said coach Mike Dobrak. "The highlight of the season was when we beat Flint Holy Rosary."

The Irish opened with a 14-6 win over Vestaburg, but with a 28-6 loss to Ashley followed by a 30-3 loss to Byron, it felt good to get a 24-14 win against Genesee. The homecoming game came down to the line and then went into overtime with a 22-14 win against Morrice in front of a great crowd. The feeling of that win went away with 2 losses in a row. Dansville, 33-0, and the other to Bay City All Saints, 22-20. Then, one of the toughest games of the year came up against Flint Holy Rosary. The week of practice was very intense and it showed with an 8-7 win. Then it came down to the line for a winning season and the Irish were victorious against Webberville with an 18-0 win.

Senior Gabe Sheppard made 1st team All Conference defense. Ken Hartman, Joe Fabiano, and Chris Paholak, made 2nd team All Conference. Tim Audrech, a Freshman, and Scott Straight, a Junior, made Honorable Mention.

A MORRICE BACK is stopped for no gain by a host of Irish defenders. Brian Guede leads the charge along with Chris Paholak and Gabe Sheppard.

CENTER PAT LARRANCE takes a break before returning to the field. Larrance played for four years for the Irish.

SENIOR KEN HARTMAN rushes for a large gain against Morrice. Hartman later scored the winning touchdown on a pass from Junior Brian Guede.

COACHES MIKE DOBRUK and Paul Nastalli watch intently during the Morrice game. Dobrak in 2-4 during Homecoming games at Sacred Heart.

ASSISTANT COACH Kevin Walters diagrams a play for Senior Rob Croll and sophomore Chad Wright. Walters called the defensive signals for the Irish.

VARSITY FOOTBALL

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Overall Record: 5-4

MSAC 4th: 5-3

Coach: Mike Dobrak
JUNIOR TRISHA PIERATT drives to the basket against Vestaburg. Pieratt also played volleyball and softball.

NICKI POTTER lays in a basket in a home contest with league champion Ashley. Potter made All-Area in addition to all league honors.

VARSITY BASKETBALL

SHA OPP. SCORE
66 BEAL CITY 29
54 Bay City All Saints 54
46 Vestaburg 66
33 Ashley 40
47 BYRON 27
33 GENESEE 49
45 MORRICE 33
44 DANSVILLE 34
31 BAY CITY A.S. 29
40 FLINT H.H. 39
43 VESTABURG 40
35 Ashley 39
43 BYRON 38
36 GENESEE 26
47 MORRICE 31
42 DANSVILLE 28
47 FULTON 43
58 WEBBIEVILLE 52
55 FLINT H.H. 41
45 Webberville 46

Districts
25 Fowler 56

Overall Record: 15-6
MSAC: 2nd, 12-4
Coach: Kelly Hansen


GIRLS BASKETBALL

The girls varsity team finished the season with a record of 15-6. This years schedule was very competitive but the Irish held their ground. Kelly Hansen, first year varsity coach, lead the team to a second place finish in the MSAC.

The varsity team consisted of 2 Seniors, 8 Juniors, and 1 Sophomore, quite a change from last year. Linda Eppie, a Senior and Michele Gray, a Junior placed in 2nd team All Conference. Nikki Potter, a Senior, and Andrea Campbell placed 1st string All Conference.

The girls junior varsity basketball team finished off the year with a record of 3-17. Pat Robertson was their coach. This year the team had tough competition, since they were in a new Conference. These girls showed much spunk and dedication to the team which brought them their hard earned victories.

ALL LEAGUE CENTER Andrea Campbell goes up for two against Ashley. Nikki Potter and Betsy Balogh position for a possible rebound. CESRE KIMBREL pushes the ball up the floor. The junior varsity finished with a 3-17 record. FRESHMAN KATE MOBEY fights for a rebound against Byron.
GOLF
CROSS COUNTRY

"Golf was great this year, everyone improved drastically." Todd Hackett

The cross country team may have had two members, but they were tough competitors. The team ran against Mt. Pleasant High School, and other opponents in their meets.

The next meet was a big one for Hedlund and Julie, it was the Clare Grades Invitational. Hedlund improved his time by 2 minutes, and Julie improved her time by one minute. At this meet, they ran against members of the same grade level. Hedlund placed 12th overall. This meet helped them to improve their running ability.

Julie gained All-State status at the class D meet at Frankenmuth. She covered the course in a time of 23:01 for a 9th place finish, an improvement of 2 minutes from last year's state meet.

The golf team had an excellent season with a dual meet record of 10-3.

Under the direction of veteran coach Charles Lux, the team placed second in the state meet.

The team consisted of Seniors Scott Jackson and Casey House; Juniors Todd Hackett, Ryan Baumgarth and Paul Gostola; and Sophomore Brian Rush.

"There was a lot of competition this year, especially at the State Finals," said Ryan Baumgarth. With a strong finish the team nipped St. Francis by one stroke to bring home the runner-up trophy for the fourth time in school history, capping a season that saw the Irish ranked in the top ten teams throughout the year.

JUNIOR TODD HACKETT blasts out of a sand trap during a home match.

COACH JODI BLOCK poses with Julie Koenig before a practice session.

BRIAN RUSH sharpens his putting on the practice green.

SENIOR SCOTT JACKSON warms up before a home match. All home matches were played at the Mt. Pleasant Country Club.

ALL STATER JULIE KOEFG stretches out before a practice session. Her ninth place finish at Frankenmuth in the Class D state meet earned her the honor.


GOLF:
DUAL MEETS
ST. PATRICKS W
ST. LOUIS W
HOUGHTON LAKE W
MERRILL W
CLARE W
ST. PATRICKS W
Houghton Lake L
Clare L
Bullock Creek L
WEBERVILLE W
BRECKENRIDGE W
CENTRAL MONTGOMERY W
BRECKENRIDGE W

Overall Record: 10-3
STATE MEET: 2nd
Coach: Charles Lux
Volleyball

"Being on the volleyball team was lots of fun. We were a grinder team. We worked really hard but also had a lot of fun.”
—Tando Goduka

The junior varsity volleyball team had a record of 10-5, showing enthusiasm and dedication. Their coaches were Mrs. Carol Hackett and Mrs. Jana Tousignant. They mixed work with fun and it brought them a very successful season. The team had three freshmen, five sophomores and four juniors.

This year’s Varsity Volleyball team consisted of Juniors and Seniors. They had an astonishing amount of talent and great potential, though their record didn’t show it. Junior Jenny Zeien said, “It just goes to show winning isn’t everything. Just look at our record.”

The varsity girls learned a great deal about both the game and themselves. With coaches Jana Tousignant and Carol Hackett, the team played 15 regular season games, 8 of those games in Sacred Hearts conference, and played in 2 tournaments; the Saint Louis tournament and the league tournament.

Despite their poor record they did well in the tournaments. They also had a fun, if not winning season.

Junior Spiker Jenny Zeien returns a ball against Ashley. The varsity lost a close three-game match against the Bears.

Melanie Suida serves against a junior varsity opponent.

Sophomore Joanna Surma spikes in a game. The junior varsity finished 10-5.

All League Performer Linda Epplie leaps to spike against Ashley. Volleyball coaches Carol Hackett and Jana Tousignant applaud the volleyball team during warm-ups.

Volleyball

Varsity Volleyball

B.C. All Saints 6-15 8-15
Shepherd 8-15 6-15
Clare 1-15 2-15
Vestaburg 5-15 2-15
Ashley 15-13 11-13 9-15
Byron 1-15 3-15
Genesee 7-15 15-7 7-15
Morrice 15-8 15-9
Dannville 11-15 11-15
Holy Rosary 15-13 8-15 12-15
8-15
Webberville 8-15 9-15
Vestaburg 15-17 4-15
B.C. All Saints 7-15 4-15
Morrice 15-8 15-11
Dannville 8-15 7-15
Morrice 13-15 15-11 14-16
Ashley 3-15 16-14 15-17
Shepherd 3-15 11-15
Overall: 2-16
MSAC: 1-7, 9th place
Coach: Jana Tousignant
ROB ERVIN, junior guard, pulls up for a jump shot as sophomore Mike Chapman looks on.

SOPHOMORE HEDLUN WALTON applies pressure to Ashley's Charlie Howes. A capacity crowd of 800 watched as the Irish lost a heartbreaker to the Bears.

BASKETBALL

"We had a really good season, a lot of talent, worked hard, had a great coach, and it was fun." Ken Hartman

The Varsity basketball team had an awesome season this year, with a record of 16-5. Led by the second year coach Dan Simons, the Irish finished second in the Conference, led by All State Special Mention, Mick Natzel, and All League first teamer, Ken Hartman. Juniors Brian Gaede and Rob Ervin, the team accomplished many of their goals. Two Sophomores made the varsity squad, Hedlun Walton, and Mike Chapman. They showed excellent performances in the games they played. Some highlights of the year was when the Irish defeated Webberville, with a school record of 129 points. In the match between our rival, Beal City, the Irish crushed them by a 30 point plus margin. Many of the fans said that it was a very intense game. "It was a very close match at the start of the game, but when the guys got into the swing of things, they pulled ahead and won the game."—Tena Frick.

A loss to Fowler in the first game of the districts ended the season.

ALL STATER Mick Natzel powers to the basket for two of his 496 points.

JUNIOR VARSITY PLAYER Jason Deja hits a shot against Webberville.

JERRY SEYBERT AND CHRIS ALBRECHT trap a junior varsity opponent.
SOFTBALL

Led by first year coach Jim Epple, the Varsity Softball team earned the Academy its first Mid State Athletic Conference Championship. The team had a perfect MSAC record.
The number one ranked team in the state was led by Senior Captains Linda Epple and Marcy MacDonald. In addition, the girls captured the Clare Tournament Championship. Their season ended abruptly when they lost a tough 2-0 game at Portland St. Patrick's.

The junior varsity improved steadily, despite recording only two victories. Coach Kathy Burlington stressed fundamentals and enjoyment of the game.

POWER HITTER. Junior Andrea Campbell reads to meet the pitch.

TAKING A BREAK. Freshmen Stephanie Straight and Cesre Kielrey take a time out between games.

WARMING UP. Freshman Jennifer Bingham takes a practice swing before her turn at bat.

WHO'S UP? Sophomore Lori Jackson and senior Jill Tellen determine who will be next to face the opposing pitcher.

CATCHING HER BREATH, junior Jenny Zelen prepares to don her catcher's outfit. Junior Michelle Hauck watches.

JUNIOR VARSITY SOFTBALL: back row; Johanna Darling, Kate Mobey, JoAnn Swann, Cassie Rachow, Denise Bogel, Andrea Hasking. Front row; Susan Petroskey, Mary Fyke, Stephanie Straight, Cesre Kinbreil, Bridget Hughes, Jennifer Bingham.

VARSITY SOFTBALL: back row; Assistant Coach Don Hire, Andrea Campbell, Johanna Darling, Henny Anes, Jill Tellen, Stacy Larrance, Coach Jim Epple. Front row; Assistant Coach Kathy Burlington, TrishaPREFIX, Lori Jackson, Linda Epple, Marcy McDonald, Michelle Hauck, Patty Pucholka.

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VARSITY SOFTBALL: back row; Assistant Coach Don Hire, Andrea Campbell, Johanna Darling, Henny Anes, Jill Tellen, Stacy Larrance, Coach Jim Epple. Front row; Assistant Coach Kathy Burlington, Trisha PREFIX, Lori Jackson, Linda Epple, Marcy McDonald, Michelle Hauck, Patty Pucholka.
AFTER HIS TURN at bat, junior Paul Gostola returns to his seat in the dugout.

CONCENTRATION IS THE NAME of the game. Seniors Gabe Sheppard and Ken Hartman keep their eyes on the ball during a contest against Manistee Catholic Central.

BASEBALL

A district championship highlighted the baseball season. Other bright spots were: winning the Battle Creek, St. Philip and Clare Invitational tournaments, a second place finish in the MSAC and defeating number one ranked Portland St. Patrick in a state tournament qualifying game.

Individually, senior Rob Croll pitched a no-hitter at Beal City, while senior Mick Natzel smacked six home runs while batting .500. Stealing 25 bases was senior Gabe Sheppard. Senior Ken Hartman and Natzel were first team MSAC while Sheppard and John Werner were selected to the second team.

JUNIOR VARSITY BASEBALL: Back row; Jeremy McDonald, Troy Theisen, Tom O'Malley, Todd Hackett, Jeff Tyler, and Jeff Brown. Front row; Chris Ahretz, Aaron Kandler, Brian Rush, and Eddie McQuaid. Missing from picture; Matt Schmid & Scott Straight.

VARSITY BASEBALL: Back Row; Assistant Coach Chuck Murphy, Pat Larrain, Doug Pacholski, Casey House, Mick Natzel, Paul Gostola, Brian Gaede, Ryan Baumgarth, John Werner and Assistant Coach Dave Eichberg. Front row; Coach Earl Hartman, Rob Croll, Ken Hartman, Matt Schmid, Scott Jackson, Gabe Sheppard, Jason Fokema, Todd Hackett and Scott Straight.

LAYING IT ON the line, Coach Earl Hartman outlines successful strategy for his team.

JUNIOR MATT SCHMID warms up in preparation for a game played at CMU's field.

RELAXING ON THE BENCH is sophomore Troy Theisen.
"It was experience beyond everything and everything I ever thought of," was the way sophomore Chad Wright described the 1990 track season. Working hard led to a decrease in all team members' times. Wright and senior Karl Carson threw shot and discus, while sophomore JoAnn Surma, junior Krista Heste and freshman Lori Howeithrew for the girls. Long jumpers were juniors Edan Hosking, Betsy Balogh and Melanie Suida. The guys' 440 relay and 880 relay teams consisted of Hosking, sophomore Jerry Sybert, and seniors Chris Paholak and Bill Meier. The girls two mile relay team was seniors Anne Murphy and Mary Beth Pope, and sophomore Julie Koenig and junior Carolyn Brocavich.

Individual winners were: Sybert—400m dash, Paholak—200m dash, Koenig and Brocavich—open 2 mile, Balogh—200m dash.

Sybert credited the coaches, Mrs. Jodi Block and Mr. Kevin Walters, with the team's success. He said, "Track was great this year and we were very competitive. We owe a lot to Mrs. Block and Kevin Walters."

FRESHMAN LOKMAN SUNG talks with some Marrice runners during a home meet.

SOPHOMORE JERRY SEYBERT streaks ahead of a Real City opponent during the 440 relay won by the Irish.

SENIOR KRISTIE ISON urges her team member as she readies to run a leg of a relay.
CHEER LEADERS

"I think our team deserves a lot of credit for never competing before, and turning around and getting sixth in State."—Lori Jackson

Besides cheering at football and basketball games, the cheerleaders kept the crowds spirit up and helped the teams out tremendously. Under coaches Kristin Fabiano and Karen Schieff the girls went far during the competition. They earned a sixth place overall in State. "They achieved each of their goals and everyone was proud of them. With all of the enthusiasm shown this year they should have a great squad next year."—Anne Murphy

SENIOR CAPTAIN STACEY LARRANCE explodes in reaction to another Irish score. SISTER RITA WENZLOCK proudly accepts the sixth place trophy, won by the cheerleaders at state competition.

ANXIOUS WITH ANTICIPATION, freshman, Jamie Powell follows the games action.
POSED AT ATTENTION, Junior Carolyn Brocavich reads herself to cheer the next Irish score.
FRISHMAN JAMIE POWELL and sophomore Melissa Knowinski relax during a free throw at the Weberville game.


Junior high sports offered were boys' and girls' basketball, track and cheerleading. These activities provided a learning experience and opportunity for participation at the seventh and eighth grade levels.

Boys' basketball was coached by Mr. Duke Thering and Mr. Scott Palmer, while Mrs. Kathleen Mumford and Miss Cindy VanDyke supervised the girls. Mrs. Rosie Gray and Mrs. Betty Sroufe coached track.

A JUNIOR HIGH player fires up a shot against Clare.
EIGHTH GRADE GIRLS BASKETBALL
JUNIOR HIGH TRACK TEAM.

COACH KATHLEEN MUMFORD gives instructions to the team during a timeout.
SEVENTH GRADE GIRLS BASKETBALL.
CHECKING OUT the bench in front of the office one last time are seniors Stacy Rachow and Kent Sorensen.

CHECKING OUT of regular classes, sophomores watch the movie, "ROMEO" on Holy Thursday.

CHECKING OUT business in Room 206 is junior Chris Radworski.

As the Class of 1990 checked out, plans began for the upcoming school year. The remodeling of the convent for the new Child Development Center and delivery of new computer equipment for each school building took place just days after diplomas were presented.
CHECK OUT TIME! Seniors Mimi Tope and Kent Sorenson make plans as they depart from school on their last day.

CHECKING AS SENIORS clear out their lockers prior to graduation practice is class advisor Mrs. Nancy Fitzpatrick.

CHECK THIS OUT: Senior Joe Burley appears surprised at what he found cleaning out his locker at the close of the school year.

A final check showed 44 graduates ready to enter the adult world and 455 remaining students ready to advance another grade level, ready to check out what this year's seniors already discovered, that Sacred Heart Academy is committed to excellence.
CHECKED OUT!

GRADUATION SMILE. Chris Clark is happy after receiving his diploma.