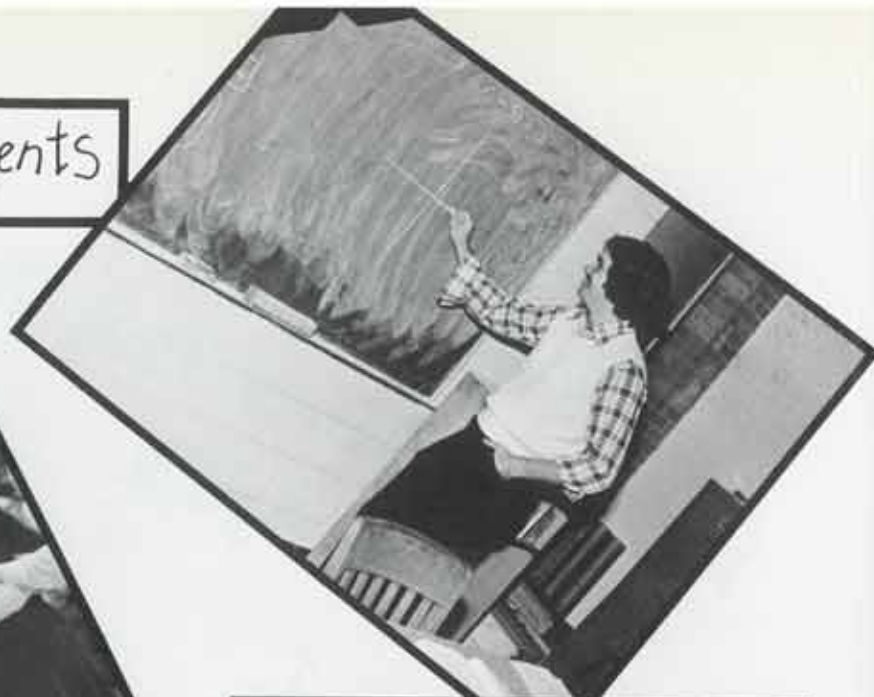


Cor Jesu 1979
Volume XXXI
We Shall Never Pass This
Way Again.



Sacred Heart Academy
316 E. Michigan Street
Mt. Pleasant, Michigan

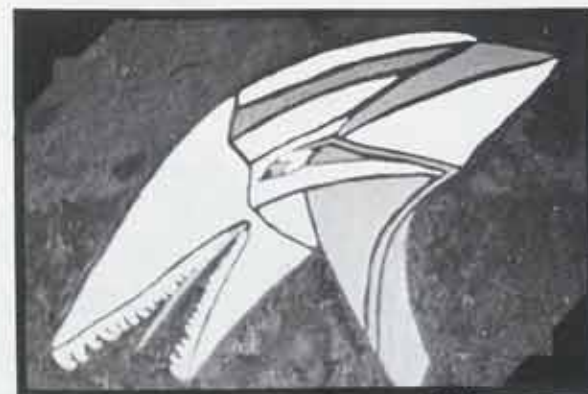
Departments



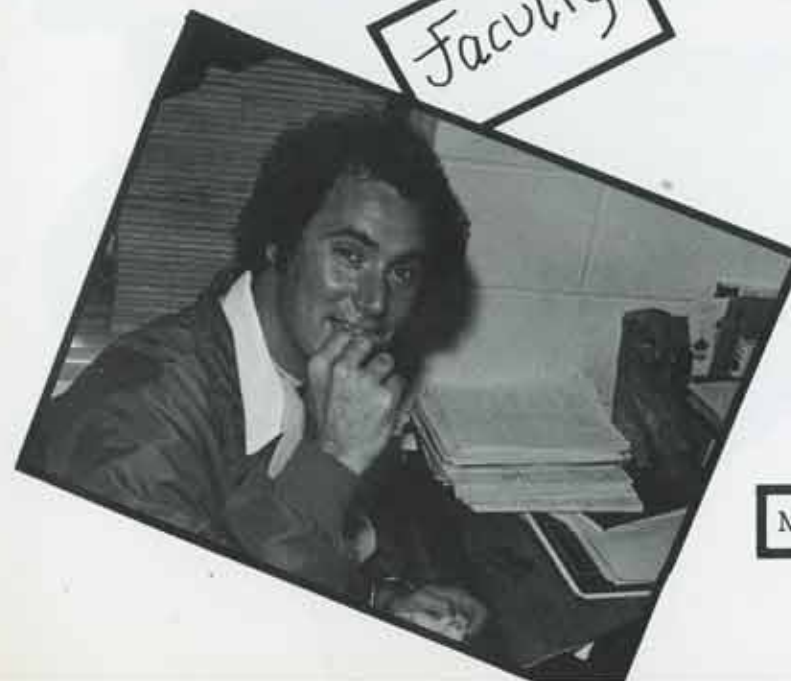
Remember the first day of your high school journey; how lost and afraid you felt with all those big kids? Remember the day you received your driver's permit, and the instructions your parents issued as you hit the mailbox? Remember your first prom, and all the hard work you put into it to make it memorable? Remember the tears you cried as you clasped that long-awaited diploma? Remember those precious memories, for you shall never pass this way again.



Do You Remember?



Faculty



Memories, like the corners of my mind,

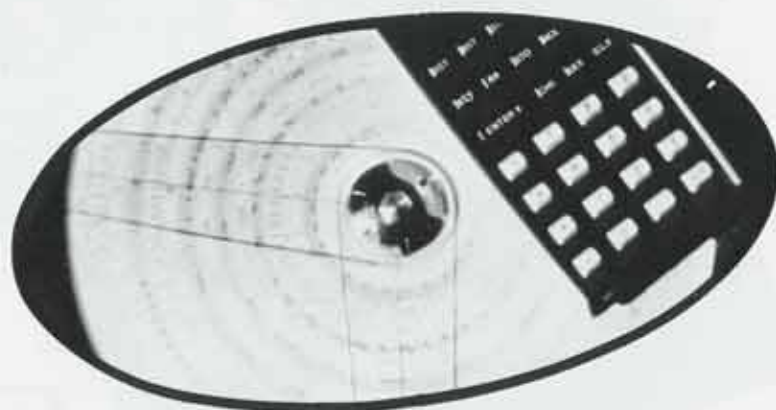
Administration



Ardes



Misty, watercolored memories,
Of the way we were.



Church



Helpful. Dependable. Trustworthy. Friendly. Understanding ... These were just a few qualities the administration at Sacred Heart possessed.

A new face greeted students in the fall, as Mr. Michael Manor assumed duties as the high school principal. Along with the familiar faces of the counselor, Sr. Helen, and the secretary, Mrs. Coldwell, the 1978-79 school year was off to a good start.

At the rectory just down the street, can be found the priests, Fr. Mac, Fr. Pat, and newcomer to the parish, Fr. Dede. Whether a mass needs to be said, or you need a friend to talk with, they are ready to lend a hand.



1

(1) Our second Mom, Mrs. Coldwell. (2) Fr. Mac accepts some gifts from the Seniors. (3) An efficient team, Mrs. Coldwell and Mr. Manor. (4) Fr. Pat enjoys a pep assembly. (5) Sr. Helen always has a smile ready. (6) Fr. Dede catches the 'Morning Sun'. (7) Mr. Manor prepares for another locker check!

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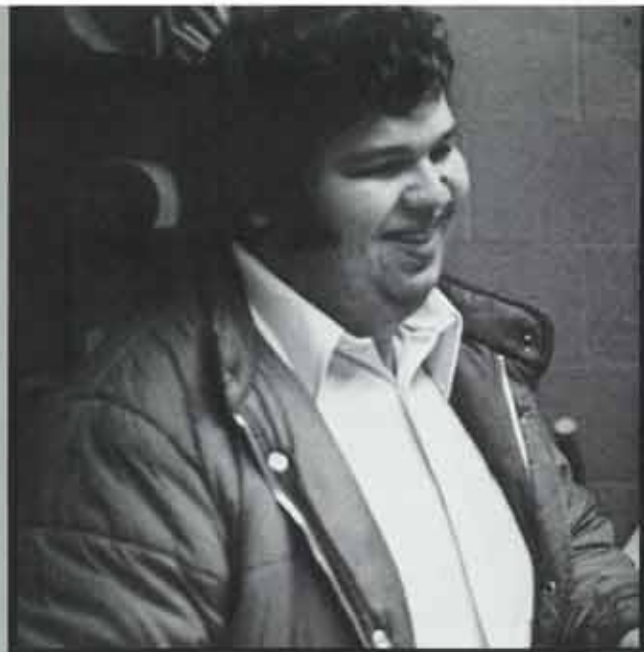
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Leaders In Their Careers



Students Come To The Aid

Dusting shelves, correcting papers, and mailing letters were just some of the many tasks an aid had to do. There were certain jobs for the different types of aids. Teacher's aids' jobs ranged from helping in the grade school and high school to leading exercises in gym class. Answering the telephone, typing letters, and picking up absentees were just some of the many duties an office aid was assigned. A few of the library aids' jobs were to shelve books, file cards, and process new books.

Having aids gave the faculty more time to devote to their students and other activities. The aids learned a valuable lesson on what it's really like to be a teacher, secretary, or a librarian, and the responsibilities that come with each.

(1) D. Parker, errand boy for the office.
 (2) Mrs. Fredericks' helper, D. Thering.
 (3) Taking teaching lessons from Coach Natzel is J. Gepford.
 (4) "Oh come on, Jenny, smile!"
 (5) Sr. Helen's right hand lady, M. McFarlane.
 (6) C. Richardson takes a breather.
 (7) A cheerful smile from the library aid, P. Puhlman.
 (8) Mrs. Leatherman keeps Peri busy.
 (9) Jeff demonstrates how to hold a hockey stick.



The Inside Scoop On The Faculty

Mr. Mike Manor is a collector of everything! Mementos are bought everywhere he goes, and he's traveled through Canada and Europe. Paris was his favorite place. "It's most unique in history and artwork, and is a very lovely city." The place Mr. Manor wants to see most is the Soviet Union. His interest stems from a Russian history class he took in college.



Sister Euphemia likes to do, and has done a variety of things, ranging from reading to playing basketball in high school. She is very interested in literature, art, and dancing. She loves nature and hiking is her way to experience it. During her hours at home, Sister enjoys such pastimes as knitting and crocheting and, also, watching her favorite TV program, The Rockford Files.



Miss Cindy Sager has a full schedule at Sacred Heart, being athletic director, coach, and teacher all in one. The closest thing to a hobby for Miss Sager is coaching both girls' basketball and softball. She also manages to find time for golfing. Her big ambition at this moment is becoming an assistant principal. She has completed her masters degree, and goes to school during the summer months.



Mr. Bill Langstaff is not only a teacher, but also a coach, athlete, and mechanic. Mr. Langstaff coached the 1978-79 eighth grade boys' basketball team. To keep himself in shape, he plays basketball and tennis, and enjoys running. Mr. Langstaff does his own mechanical work on his car, and also likes to build things.



Mrs. Barbara Coldwell loves being around young people. For five years, her family lived at a children's home, and she and her husband were "mom and dad" to 35 different foster children. Mrs. Coldwell has three very active sons, and spends much of her time acting as chauffeur. Some hobbies Mrs. Coldwell enjoys are gardening, knitting, crocheting, playing the organ, and raising plants. She has also been a 4-H leader for seven years.



Sister Carmella has lots of go. Since her childhood, she has wanted to be a missionary and says that mission work, helping the poor and unfortunate, is in her bones. For thirteen years, she was in New Mexico being principal, teacher, and head of the convent all at the same time. She has a feeling of accomplishment, but there is also a feeling "of more to do," which keeps her going.



Mrs. Karen Fredericks could have been a singer, instead of being a teacher and forensics advisor. During her high school years, Mrs. Fredericks and six other girls sang as a group for school and community-oriented activities, such as optimist, men's and women's clubs. Painting nature scenes and doing ceramics are her favorite hobbies and she also enjoys sewing for her two daughters, their dolls, and herself.



Mr. Mick Natzel's main activity or hobby is working with kids. Besides his job here at school, which is totally student-oriented, he also works at summer camps for kids of all ages. He feels something should be done for boys who have no father-like image or guidance, and spends much time at boys' camps helping to solve this problem.



Sr. Helen was born in Czechoslovakia and came to America when she was five months old. Sr. doesn't like to stick with only one hobby; she likes to learn many. She has edited a magazine for the Dominican sisters, including the missionaries and national houses. Sr. also likes to travel, sew and go for long walks. She has written several articles and over 100 short, short biographies.



Mr. Rod Reid does a lot of things besides teaching. He is in the final stages of study for becoming a minister in the New Wineskin Christian Community, a Mt. Pleasant based religious group to which he belongs. He enjoys basic construction and has helped build garages and houses. He also enjoys working on cars, but his favorite hobby is wrestling with his son, Adam, who was born in August, 1978.



Sr. Diane is interested in the outdoors, wildlife and ecology. She has been camping in a lot of different places, from Wisconsin to Cape Cod, and even the Rockies! She likes to observe nature and all its peacefulness by walking in the forest or along the beach, or just sitting and reading on the shore.



Mrs. Eddie Kay Walling has been in Michigan for only three years, but she has become very involved in community activities. She is a member of the community players, sings in the follies, and is choir director at St. Mary's on campus. Mrs. Walling is also president of the P.T.A. at Vowles Elementary School and has two children. She enjoys water skiing and volleyball.

Mrs. Nancy Fitzpatrick runs a business for her hobby. Guys and Dolls on campus is owned by the Fitzpatricks. This store takes up much of her time. She likes to spend as much time as possible with her family and loves to garden.



Sr. Thaddeus is a world traveler. In the summer of '77, she went to Europe and visited England, France, Spain, Italy, Germany, and Poland. She was accompanied by two other sisters, and they did all the planning. This way they saw a variety of things-ranging from the Sistine Chapel to the inside of a Roman police station.



Mrs. Mary Leatherman is a certified scuba diver. Her deepest dive has been to 110 ft. on the wreck of a wooden sailing ship. Traveling is another favorite pastime and in the last two years, Mrs. Leatherman has vacationed in Maine, Tennessee, the Grand Canyon, the Upper Peninsula, and Canada.



Now is Mrs. Zelda Scholl's time to live! Her children are grown and finally she and her husband can travel. In the past year they have been to Las Vegas and Florida and on lots of weekend trips. As well as traveling, she enjoys working in the yard, raising flowers and going on walks.



Mr. Mark Frost is a poet. He likes to write in both free verse and traditional styles, and has submitted several poems for publishing. He writes about topics ranging from rock music to gunfighters. Mr. Frost likes to write poetry because, as he says, "In poetry there are no bars. You have complete freedom to express what you like."



In Religion, Sr. Carmella challenged the freshmen to discover who they were and what their relationship with God was. The sophomores were also instructed by Sr. Carmella, on how to apply the teachings of the Old Testament to their personal lives and the world today. The juniors studied about God's existence and the sacrament of Confirmation. In the senior religion class, students studied the sacraments with an emphasis on the sacrament of Marriage.

The second semester brought a change in the religion classes. Among the mini-courses offered to students were St. Paul, where students studied the letters of Paul; Teaching Religion to Children, and Community Service, which consisted of going to places where help was needed, such as Riverview.

The goal of Mrs. Fredericks' Fine Arts class was to have the students appreciate the arts. They were instructed on the history of the arts, the techniques of dance and sketching, among other things.

Declining nouns, translating Caesar's Gallic wars, and playing Vinco (Bingo) were just a few of the many activities Sr. Thaddeus' Latin I and II students participated in.

Freshman Chorus class, led by Mrs. Walling, met once a week to broaden their knowledge of music, and prepare themselves for singing at masses.



The Spice Of Life: Religion, Fine Arts, Latin, And Chorus

(1) The sophomores apply the O.T. to their own lives. (2) Filmstrips offer variety. (3) The seniors study about marriage. (4) Flash cards help in Latin. (5) The freshmen relax while singing. (6) K. Newman shows the gracefulness of dancing. (7) Translating can be hard, but fun.

English And History: Essential Elements Of Education

Responsible for the students' education in English were teachers Sr. Thaddeus, directing the freshmen; Mrs. Fredericks guiding the sophomores; Mrs. Leatherman instructing the juniors; and Sr. Euphemia enlightening the seniors.

The second semester brought exciting mini-courses, such as Creative Writing, Speech, Science Fiction, and Shakespeare. Also planned by the English department was the spelling bee, which took place on January 10. Freshman Marie Esch was the top speller.

The seniors learned about Econ and Government from Miss Sager, as the freshmen, sophomores, and juniors were instructed in Michigan, World, and U.S. History, respectively, by Mr. Frost. Sophomores were also advised in Careers by Miss Sager.



(1) Helping a student is Sr. Thaddeus. (2) J. Grinzinger gets tips from Mrs. Leatherman. (3) Sr. Euphemia reviews grammar. (4) Correct speech is stressed by Mrs. Fredericks. (5) Miss Sager and her students. (6) Mr. Frost explains history to L. Pohl. (7) Seniors, up to old tricks again! (8) C. Brandell and S. Mankowski are happy in Careers class.

πr^2 . No, pie are round, cornbread are square and Business is capital.

Mathematics is often thought of with great confusion. Exponents, algebraic expressions, and proofs have boggled the minds of many students. Teachers heading the Math Department at Sacred Heart are Mr. Langstaff, Sr. Diane, and Miss Sager. They have taught students to "proceed with caution" in General Math, Algebra I and II, Geometry, and Sr. Math.

Accuracy and speed are goals to be achieved by the business students. The Business Department includes Typing I and II, and Bookkeeping taught by Mrs. Scholl and Mrs. Fitzpatrick, respectively. Typing I students learn the proper posture and home keys, while Typing II involves using the correct form for business letters. In Bookkeeping, students learn how to balance the books for nonexistent companies.

(1) Mrs. Fitzpatrick looks over her class. (2) Odd things go on in Typing II. (3) "But, Karen, you have to hit the keys to make it work." (4) Bill McFarlane asserts his authority during math class. (5) Sr. Diane cannot believe the Sr. Math students' answers. (6) "Aw, come on," quips Miss Sager. (7) The geometry test results are in.



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The students in physiology class learned the material in an informal atmosphere. Experiments including vision tests and examining the bones of a human skeleton, dissecting a fetal pig, and studying the complete functions of the human body were just a few of the many activities performed.

Identifying leaves, learning the proper use of a microscope, and discovering the functions of a microorganism were achieved in Mr. Reid's biology class, with the sophomores.

Sr. Diane's chemistry students learned how to figure out the probability of 10 pennies landing in a 16 inch circle, after six tries, how to solve mole to gram problems, and the valuable lesson of how not to break beakers.

Under the direction of Coach Natzel, the gym class learned the importance of physical fitness through playing tennis, lifting weights, eating the right foods, and other activities.

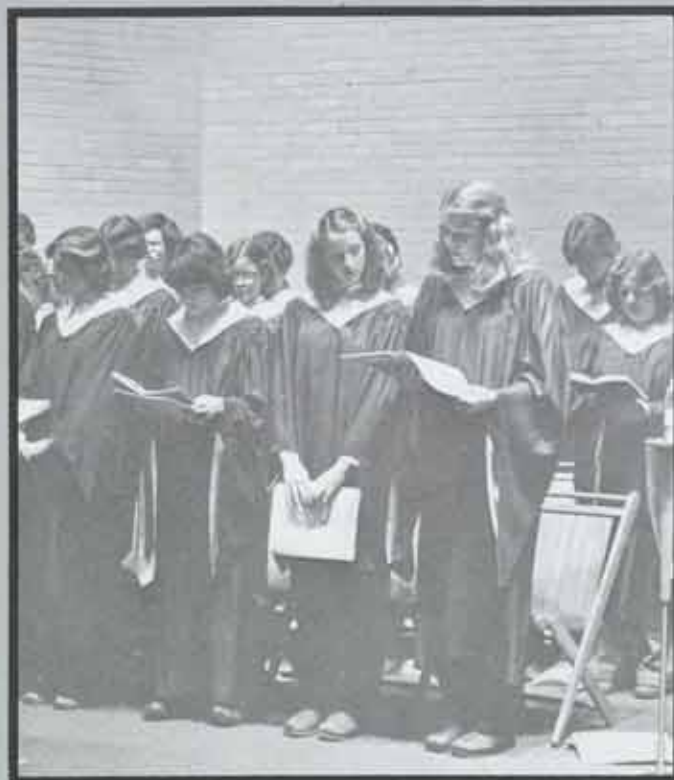
(1) Forever smiling, Coach Natzel. (2) Skins vs. shirts. (3) Coach gives the facts on calories. (4) Bio. class discovers microorganisms. (5) Mr. Reid offers 'needed' help. (6) Future scientists. (7) Personal help by Mr. Reid. (8) Sr. Diane, a 'mad scientist'?



Science, Health, And Phys. Ed: *Emphasis On The Concealed Facts*



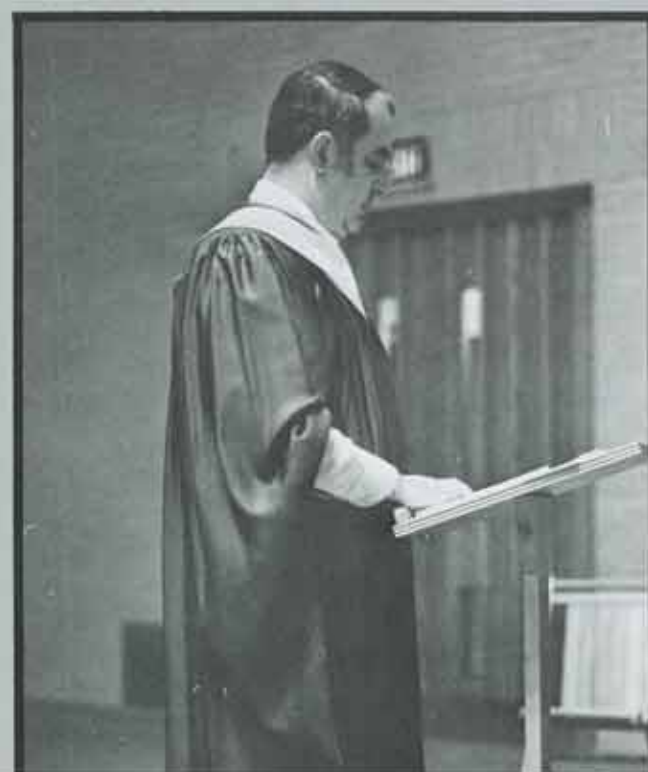
Weekly Masses From Daily Experiences



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Masses are a special part of Sacred Heart Academy, have been, and will continue to be so. Weekly trips to church were the results of the work of individual, daily religion classes. These classes planned not only the liturgy of the mass, but other activities as well, such as slide presentations and liturgical dances. Special masses were also planned. These masses ranged from a Homecoming mass to Ash Wednesday.

As the year progressed, so did the singing, due to the 'encouragement' of the 'ever-loving' principal, Mr. Manor. Participation in the mass also improved, with activities like rainbow painting and escorting grade school students to church.

7

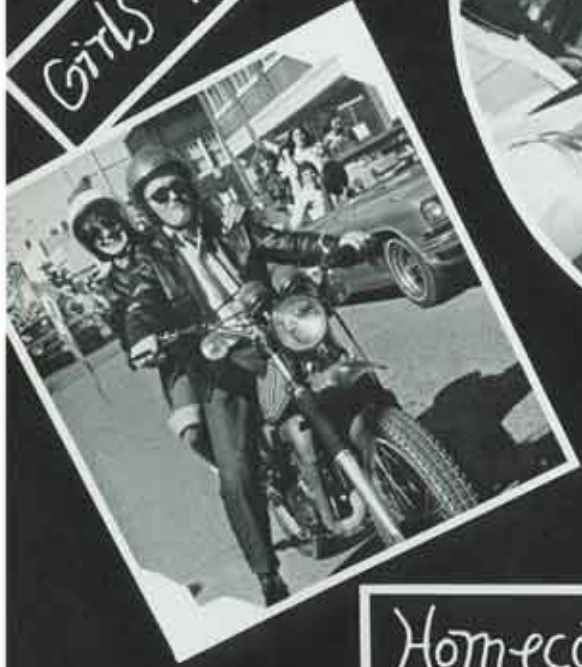


(1) The high school choir praises the Lord. (2) Worship in dance. (3) Our 'staunch and fearless' leader, Mr. Manor. (4) K. Milan escorts a grade school student to church. (5) The liturgical dancers raise their arms in praise. (6) J. Pohl and K. Newman lead the congregation in singing. (7) "We are a rainbow people."

Scattered pictures, of the smiles we left behind,
Smiles we gave to one another,
Of the way we were.



Girls B-Ball



Homecoming

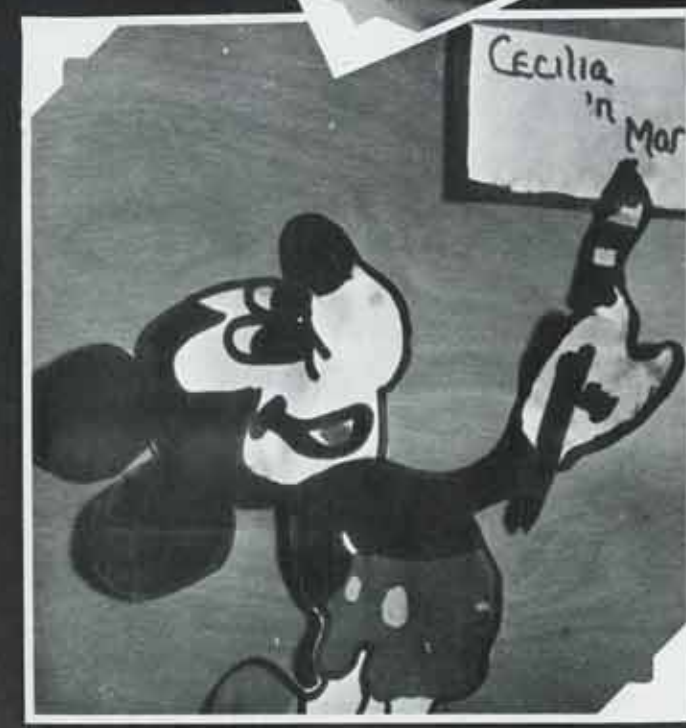


Golf

Football



That Brisk,
Autumn Air



Cross Country

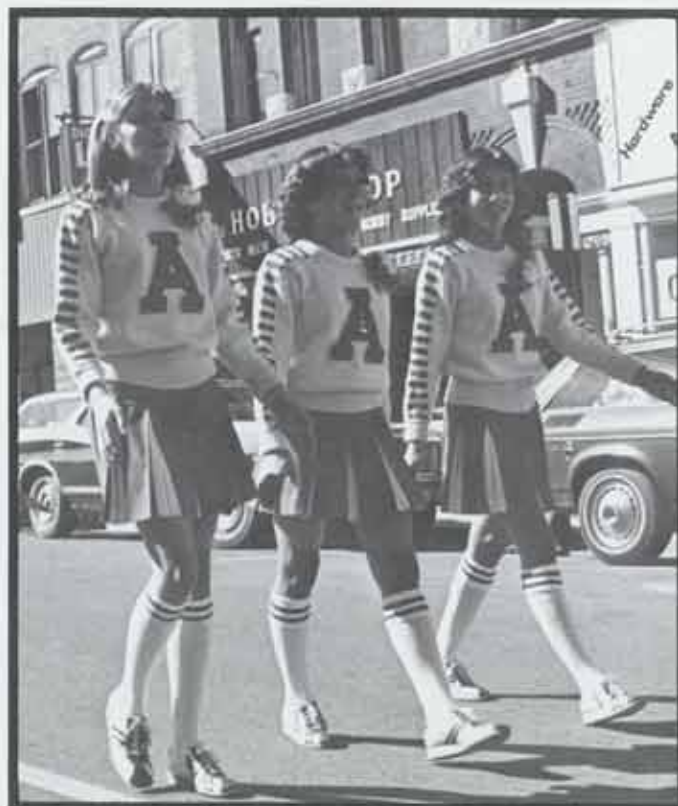


Freshmen

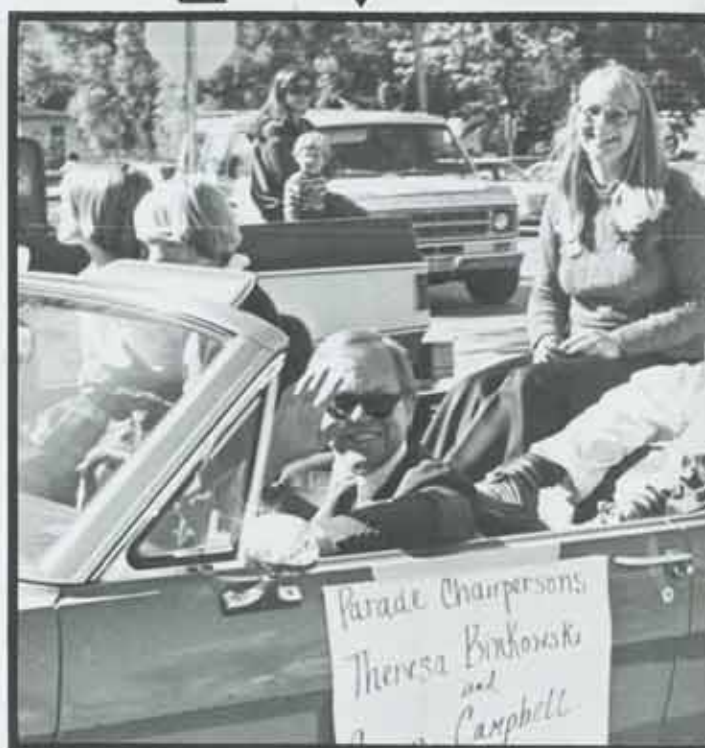
Disney On Parade



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(1) Nathan Bush and Denise Vogel. (2) V. Cheerleaders. (3) Grand Marshal Fred and Lucille McDonald. (4) Veteran Parade Chairpersons, Caryn and Theresa. (5) Senior Attendants. (6) Underclassmen Attendants. (7) St. Pete's Marching Band.

September 23, 1978 marked an end to the tradition of weather-ruined Homecoming Parades at Sacred Heart. There wasn't a cloud in the sky as "Disney On Parade" got underway with Grand Marshal Fred McDonald, St. Pete's band, the Irish Oilerettes, and an alumni sing-a-long band leading the festivities. The highlight of the parade was the court, featuring Queen Debbie Thering and King Brian Fettig, with class attendants Jenny Lux, Carolyn Sheppard, Krista Newman, Maggie O'Connell, Vicki Theisen and gorgeous guys Tim English, Bob Sullivan, Pat Richmond, Brian Thelen, and Tom Brehm.

The Wonderful World Of Victory

On a sunny afternoon, alumni and students attended the Homecoming game at Memorial Stadium.

Highlighting the annual event was the presentation of the 1978 Homecoming Queen Deb Thering and court. The Irish-Oilerettes and Daneen Ward entertained the fans during halftime.

As the seconds ticked away, a 14-6 victory over New Lothrop contributed to the success of Homecoming 1978.



(1) Fr. Pat and Sr. Diane await halftime. (2) Every boy's dream! (3) Queen Deb and Dad. (4) A Homecoming victory in progress. (5) Tim makes plans! (6) Daneen Ward twirls. (7) Mary Revitte crowns Deb; Don Hire looks on.

The Land Of



Enchantment



The Queen's Ball for 1978 was a night of enchantment with Mickey Mouse, Pluto, and Jiminy Cricket providing a backdrop for the band, Music. Debbie Thering and her elegant court reigned over the concluding Homecoming activities. Forty couples attended the semi-formal ball, and danced the night away in the spacious gym, on September 23.



(1) The 1978 Homecoming Court. (2) Jim and Chris do a little disco motion. (3) A grand entrance by Jim and Debbie. (4) Freshmen on parade. (5) A stunning couple, Julie and Doug. (6) "Woe is me!" (7) The Sr. men. (8) Couples relax in the land of enchantment.



The Start Of Something Big



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(1) An aerial view of Irish action in Traverse City. (2) Steve W. blocks the way for Jeff's play. (3) Jim Pasche kicks an extra point. (4) Steve M. breaks away for much needed yardage in a game against Baldwin. (5) Do football players really study? Ask Bob S. and Mark M. for the real answer.



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The 1978 Varsity Football team, consisting of 11 seniors, seven juniors and five coaches equaled a squad with strength, speed, size, and intelligence. Led by head coach Mick Natzel, the team engineered an excellent season, accumulating a game point average of 20.8, while holding their opponents to only 7.3, along with five shutouts.

This feat was not accomplished by sheer luck, but by blood, sweat and tears. A summary of what football practices were like is given by Jeff McDonald, "As practice progressed, the real taste of football entered our mouths. The real taste being 'cottonmouth' ... Cottonmouth is when your mouth is so dry you can't swallow, or even breathe. Players get so desperate that they try to suck the dew from the grass. If there's no dew, they drink the sweat from their shirts."



Row 1: Mgr. M. Natzel, B. Sullivan, T. English, J. Gepford, B. Sowle, Jeff McDonald, J. Pohl, J. Pasche. Row 2: K. Milan, T. Bellinger, B. Fettig, M. Kostrzewa, P. Richmond, Ma. Mills. Row 3: S. McDonald, D. Reed, D. O'Brien, J. Grinzinger, Mi. Mills. Row 4: Coach J. Brandell, J. McDonald, T. Voisin, S. Wentworth, Coach D. Cashen. Row 5: Coaches M. Natzel and D. Bunting. Missing: Coach B. Sullivan.

A dream greatly treasured,

The guys have all the reason in the world to be proud! Coach Mick Natzel and his Irishmen finished the regular season with a fine 8-1 record. The team, with the aid of three sophomores, proceeded to Cadillac to meet the Panthers of Baldwin. A first for a well-deserving team! The Irish came from behind, dealt a striking blow to the Panthers, defeating them by one, and headed for Tréverse City.

Amidst mud and dirt the Irish were defeated by the Trojans of Crystal Falls-Forest Park, making that their only shutout of the season.

(1) The Ecstasy! (2, 3) Coach Natzel looks down at his boys. (4) J. Pasche says, "Heck, Coach, I'm O.K." (5) T. Bellinger, J. Pasche: All-Area players. (6) The Agony!



1978 Varsity Football

TEAM	THEM	US
Kingston	0	22
Farwell	0	19
New Lothrop	6	14
Clare	0	28
St. Stephens	14	13
Fowler	0	29
Baldwin	20	21
Birch Run	0	27
Beal City	7	19

PLAYOFFS

Baldwin	16	17
Crystal Falls	22	0



yet not quite fulfilled.

Gaining Experience

The J.V.'s had a frustrating season, losing many games by only a few points, despite grueling practices. Their work was evident in their strong defense. The Irish held their opponents to less than 100 yards in five outings.

The inexperienced team was coached by Kirk Poehlman and Rick Burman. They led their squad of eight sophomores and nine freshmen to a 3-5 season.



1978 J.V. Football

TEAM	THEM	US
Farwell	18	18
Clare	0	14
St. Pete & Paul	28	13
McBain	18	0
Beal City	12	6
New Lothrop	22	0
St. Stephens	26	13
Fowler	42	6



Row 1: D. O'Brien, P. Zamarron. Row 2: M. Stansberry, T. Brehm, J. Pohl, M. Wentworth, D. Neff. Row 3: A. Bellinger, B. Murphy, J. McCann, J. Sullivan, T. McCann, D. Reed, M. Kostrzewa. Row 4: R. Burman, K. Poehlman. Missing: M. Fitzpatrick, B. Brush, T. Strauss.

(1) Tom Mc. with fly paper hands. (2) The Irish Connection. (3) A well-deserved touchdown. (4) Coach Poehlman is absorbed. (5) J.V.s in action.

Small But . . .



(1) Mark Quinlan is bright eyed and bushy, (2) "FORE!" (3) Running cross-country produces GREAT legs. (4) Cross Country runners take to the road. (5) The lone runner strikes again.



1



2

Row 1: M. Shuckman, M. Quinlan, A. Woodrick. Row 2: A. Simons, Coach Langstaff, J. Kostrzewa.

golf



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. . . Mighty!

The 1978 Cross Country team was young and inexperienced, with only one returner from last year's State Championship team. The team was made up of a freshman, a sophomore, and four juniors. Stamina, endurance, and long grueling hours paid off in the end. One of the members, junior Rusty Schafer, advanced to the Class D Individual State Championship.

The 1978 Golf team, consisting of five members, had a win-loss record of 5-4. This deceiving record was the results of playing mostly Class B and C schools. In Class D Regionals, the team placed fourth over all.



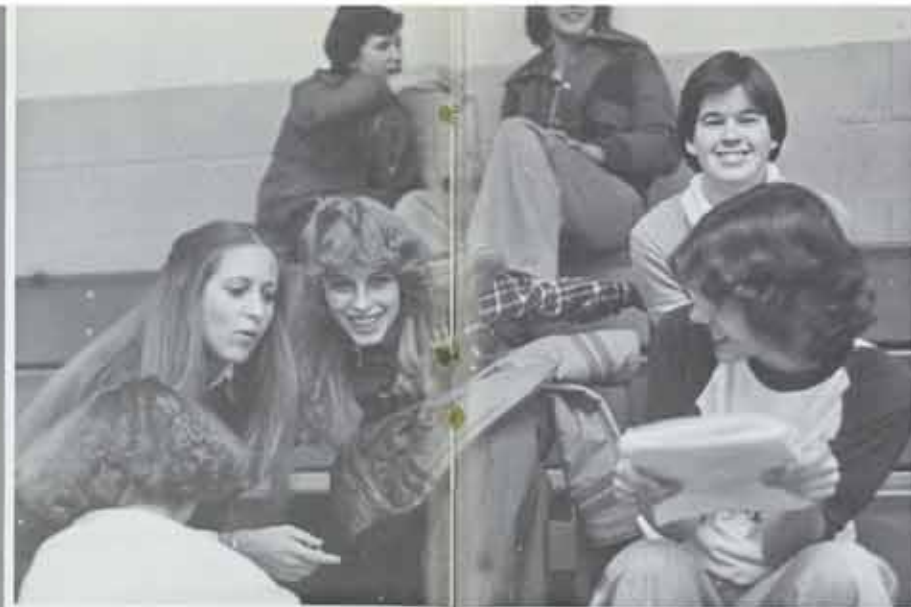
Row 1: R. Schafer, P. Richmond, D. McGuire. Row 2: P. O'Connell, C. Watters, J. Myler.

Ball
cross
country

Victory: An Irish Tradition

Varsity Girls' B-Ball

THEM	US	TEAM	US	THEM
51	25	Shepherd		
49	55	Fowler	50	64
57	27	Portland St. Par's	40	54
59	37	Clare	37	97
29	17	McBain Christian	37	31
25	48	St. Pete's	51	50
52	53	Beal City	45	49
41	46	St. Stephen		
32	35	Harrison		
36	41	Lakeview		
56	53	MPHS	50	37



1 2

Under the direction of coach Cindy Sager and assistant Chris Pohl, the Girls' Varsity Basketball team cruised to a fine 12-10 record. After getting off to a slow start, losing five out of six games, the Irish bounced back, winning seven out of eight, which Coach Sager attributed to their "continual improvement."

Two of the many highlights experienced were defeating the Mt. Pleasant Girls' Basketball team for the first time ever, and advancing to the Regional Finals, where they lost to Kingsley.



3



5



Row 1: K. Brandell, P. Zeneberg, K. Fortino, M. Cruz. Row 2: A. Keehbauch, B. Pohl, K. Cotter, C. Richardson, K. McDonald. Row 3: Coach Sager, Mgrs. C. Strauss and J. Lux



(1) The devoted fans do homework during halftime. (2) The senior starters take a much deserved break. (3) Oops! Penny takes a spill. (4) Coach Sager plans some last minute strategy. (5) The tough Irish defense at work.

Girls' B-Ball:

There were few letdowns for the Varsity Girls' Basketball team this season. Quickness, height, and determination were qualities that aided the team in advancing to the Regional Finals. This is the farthest any girls' basketball team has gone in Sacred Heart history. To share in the victorious season, freshman Kelly Epple was brought up to play Varsity action. The conquests had to come to a close, ending on Dec. 9 with a 34-54 loss to the Kingsley Does.

The Junior Varsity Girls' Basketball team had a learning experience playing competitive ball. Consisting of three returning sophomores and nine freshmen, the team managed, with the coaching of Mr. Frost, to win five games out of 18. Coach Frost had a few words to say about the upcoming season, "We didn't win as many as we had hoped to, but with nine returning freshmen and a good summer program, I expect a significant improvement in next year's J.V. team."

DISTRICTS			
TEAM	US	THEM	
Beal City	42	33	
Mich. Lutheran Sem.	44	41	
REGIONALS			
Mason County Eastern	63	62	
Kingsley	34	54	

Continually Improving



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4 5



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J.V. Girls' B-Ball

THEM	US	TEAM	US	THEM
31	30	Shepherd		
37	46	Fowler	30	19
39	21	Portland St. Pat's	25	40
55	39	MPHS	25	27
59	45	Clare	29	36
30	26	McBain Christian	35	23
44	31	S.S. Peter & Paul	41	43
35	39	Beal City	22	40
34	31	St. Stephens		
18	28	Harrison		
29	13	Lakeview		



Row 1: D. Reed, J. Johnson. Row 2: P. Thering, C. Brandell, W. Verleger, L. Pohl, K. Grinzinger, D. Hire. Row 3: K. Fettig, V. Theisen, Coach Frost, K. Epple, M. Wentworth.

(1) Leeney drives for two. (2) Cute, Karen, real cute. (3) Warmin' up. (4) Libby P. battles it out. (5) Coach Frost advises his girls. (6) The bench gets excited.

The First Homecoming

Starting the year off not knowing what was expected of a freshman, or what one was, the class of '82 pulled their talents together to prepare themselves for their first Homecoming. Though they took third place in floats with their imitation Donald Duck and Chip and Dale, the freshmen gained a lot of valuable knowledge for their next three years in high school. The float represented the class's determination, and it was an accomplishment to be proud of. The frosh were also proud of their attendant Vicki Theisen and gorgeous guy Tom Brehm.



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Tom Brehm



Bob Brush



Dana Croll
Mary Croll
Kelly Epple



Not Pictured:
Jerry Snyder
Tim McQuaid



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Marie Esch
Warren Farnan
Karen Fettig
Mike Fitzpatrick

Kelly Grinzinger
Paul Hasselschwert
Diane Hire
Jane Johnson



(1) V. Theisen, the freshman attendant. (2) The spirited freshmen at rest. (3) "Come on guys, smile. Singing is not that bad!" (4) The rowdy freshman cheerleaders. (5) The first float for the class of '82.



Reaching Higher Goals

OUR FRESHMAN YEAR

A new beginning.
We make new friends.
Learning and living.
Reaching higher goals.
Planning, hoping, succeeding.

Sharon Walker

A new beginning.
A time of change.
Relinquishing the past,
and looking to the future.

Mary Croll

(1) The freshmen think they're number one.
(2) "Heaven Hol" (3) The talented freshman choir.
(4) Freshman hall never looked so good.
(5) The three mouseketeers. (6) Let D. and J. Kostrzewa entertain you.



Dale Kornexl
Julie Kostrzewa
Bret Limoli
John McCann

Mary McDonald
Dave McGuire
Bob Murphy
John Murphy



Kevin Natzel



Nonie Natzel
Doug Neff

Cindee Nichols
Randy Pappas

Freshmen Begin A New Life.

The freshmen had a year of hard work, trying to raise money and adjust to high school life. They had a car wash, a mixer, and a few bake sales. The freshmen excelled in poster contests, proving that their class has the potential to make many accomplishments. They took a lot of first places, due to the guidance of the class officers and the support of Sister Thaddeus and Mr. Langstaff, the class advisers. The freshmen were also involved in student government, chorus, sports, and other extracurricular activities. A few of the freshman girls were on Varsity teams.



1



5

6



Vicki Theisen



Frank Vogel



2



4



Tim Voisin
Sharon Walker



Anne Wentworth
Mary Jo Wentworth



Dave Phelps Debbie Reed Tim Strauss
Libby Pohl Paul Rocheleau



(1) Mr. Reid helps the girls out. (2) The biggest hams in the freshman class. (3) The freshman class officers: K. Fettig, Treasurer; M. McDonald, Secretary; J. Murphy, President; J. Johnson, Vice President. (4) B. Wohlscheid can even make it blindfolded. (5) The freshman girls do a little 'hand jive'. (6) T. Strauss gets into his food.



Brian Wohlscheid



Phil Zamarron

Can it be that it was all so simple then,
Or has time rewritten every line?



*Go With Me
From Me
Home 2-9-75*

Humanities

The Greatest' interrupts class

MOUNT PLEASANT — When Sacred Heart High School Principal Mike Maurer was interrupted Monday morning by a growing man with a jacket over his head, Maurer's first inclination was to have him thrown out of the building.

Little did Maurer know he was considering jacking "The Greatest."

"Substantial," All, three-time world heavyweight boxing champion, just a surprise visit to the school, leaving the Maurer's office while the principal was involved in a detention session with some students.

"The champion asked me, 'Do you want to see this man?' and I said 'Yes,'" Maurer recalled shortly after the incident Monday morning.

"Then he said, 'more time.' 'Are you sure you don't want to see this man now?' and I almost turned around and looked at him," Maurer continued. "There was this big guy with a jacket over his head, making growing noise."

Before Maurer could get himself in trouble, however, All threw up his arms and yelled "Yes, sir, please."

Suddenly the minute Maurer had been suppressing were destined to be there, Maurer said.

"They said things like, 'I'm glad I got detention, because I got to meet All,'" Maurer said.

But All went on to make the rounds of the school.

All's legions visit hit the small school like a bombshell, according to William Brehm, owner of the Mount Pleasant Holiday Inn, where All stayed after speaking at Central Michigan University Sunday evening. Brehm was with All at Sacred Heart.

All, he doubt the most well known person to whom S.H.S. has ever been visited, spent 20 minutes signing autographs, sparring playfully with the boys and hugging the girls. He appeared unimpressed about the possibility of missing his plane, Brehm said.

"He's a beautiful guy. I was the one who wanted to get him out of the building to catch his plane, but he would have stayed another half hour," Brehm said.

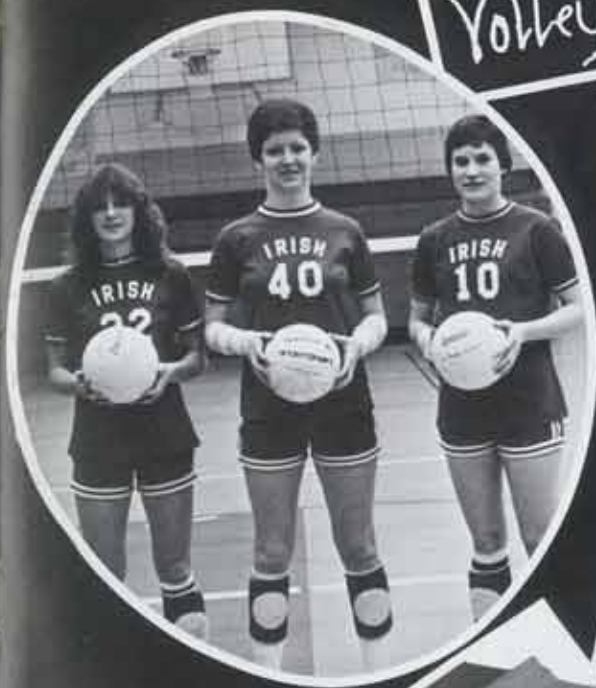
After discussing All's homelife, Maurer was the last to see Brehm, who stayed to hold a scheduled meeting on Tuesday night.

N.H.S.



Cheerleading

Volleyball



Sophomores



Student Council

Basketball



that everlasting spirit



(1) Student Council treats. (2) S.C. Officers: Pres. B. Sowle, Treas. J. Pasche, Vice Pres. B. Sullivan. Missing: Sec. J. English. (3) S.H.A.'s Lenny and Squiggy. (4) 1979 Student Council. (5) N.H.S. Officers: Treas. R. Martin, Sec. J. Pasche, Vice Pres. J. McDonald, Pres. B. Sullivan. (6) The light is passed on. (7) Our guiding light, Sr. Helen. (8) Scholastic achievers are honored.



S.C. And N.H.S.: Making Changes

Leadership, service, character, and scholastic achievements were important qualities for members of Student Council and National Honor Society. The 1979 Student Council was an active force in further developing Sacred Heart and its students. Directed by Sr. Diane, the student government kept up the tradition of organizing Homecoming, the Shamrocks Against Dystrophy collection, a paper drive, and keeping the student body united. An experimental project was an informal Christmas dance, proving that there is always room for change.

The National Honor Society, led by Sr. Helen, had its induction ceremony in May, passing the light on to the future officers and members. The success of the Honors Assembly was due to the N.H.S. members' organization, an accomplishment to be proud of.



Forensics And Latin Club: A Smash Hit



Row 1: F. Vogel, M. Fitzpatrick, B. Wohlscheid, P. Rocheleau, P. Hasselschwert, D. McGuire. Row 2: Sr. Thaddeus, J. Johnson, M. McDonald, D. Hire, S. Walker, M. Croll, J. Kostrzewa, D. Reed. Row 3: D. Kipfmuehler, T. Huber, M. Stansberry, M. Milan, R. Stengren. Row 4: C. Brandell, D. McDonald, K. McNerney, W. Verleger, M. Hovey. Row 5: C. Veit, S. Mankowski, P. Thering, M. O'Connell.

(1) T stands for 'terrific', and for Sr. Thaddeus. (2) Let Latin II entertain you. (3) M. Voisin informs the audience on the black holes in space. (4) The fun-loving Forensics coach, Mrs. Fredericks.



3 4



1979 was a year of many accomplishments for both the Latin Club and Forensics. Selections done by Forensics students varied from SPOON RIVER ANTHOLOGY, a story about what the dead of a small town have to say to the living, to 'Gnomes', about little people - like creatures who live in forests. Students competed in the District Tournament at Bullock Creek, and entrants in three events: multiple, dramatic duo, and informative, went on to C.M.U. for Regionals. Mike Voisin, with his informative on black holes, went to State Finals in Ann Arbor. Directing this successful troupe of students was Mrs. Fredericks and Mary Beth Pickett.

If Latin, as some people say, is a dead language, Sacred Heart's Latin Club members were unaware. The meetings, annual banquet, Christmas party, and pizza party were all held to bring the students closer to the language that English is based on. The Latin Club attended the State Junior Classical League held in Lansing, where individual members won many awards.



J. English, M. O'Connell, L. Bollman, C. Veit, C. Brandell, J. Vogel, D. Thering, and M. Voisin.

Varsity Basketball:



Large And Aggressive

What do you get when you combine an aggressive defense, a fast-break offense, five returning lettermen, eight eager players, and a coach with drive and determination? The answer is a machine. A 'Big Red Machine', that won't let anyone dampen its spirit.

The Irish cagers got off to a late start, due to the football play-offs, and having to get to know their new coach, Dan Cwayna. The Irishmen lost only five games, all quite early in the season. When ending the regular play with an overall 15-5 record, the Irish were on a nine game winning streak.



Row 1: Ma. Mills, J. Pasche, J. McDonald. Row 2: S. McDonald, J. Pohl, R. Schafer, J. Myler, B. Fettig, S. Wentworth. Row 3: Asst. Coach D. Bunting, J. Kostrzewa, C. Thelen, Mi. Mills, A. Simons, Mgr. P. Pappas, Head Coach D. Cwayna.



(1) J. McDonald finds an opening in the Aggie defense. (2) J. Pasche is surrounded by the enemy. (3) Everyone deserves a pat once in awhile. (4) Gossip on the bench. (5) An informal pose by Mike Mills. (6) Coach Cwayna gives time-out strategy.

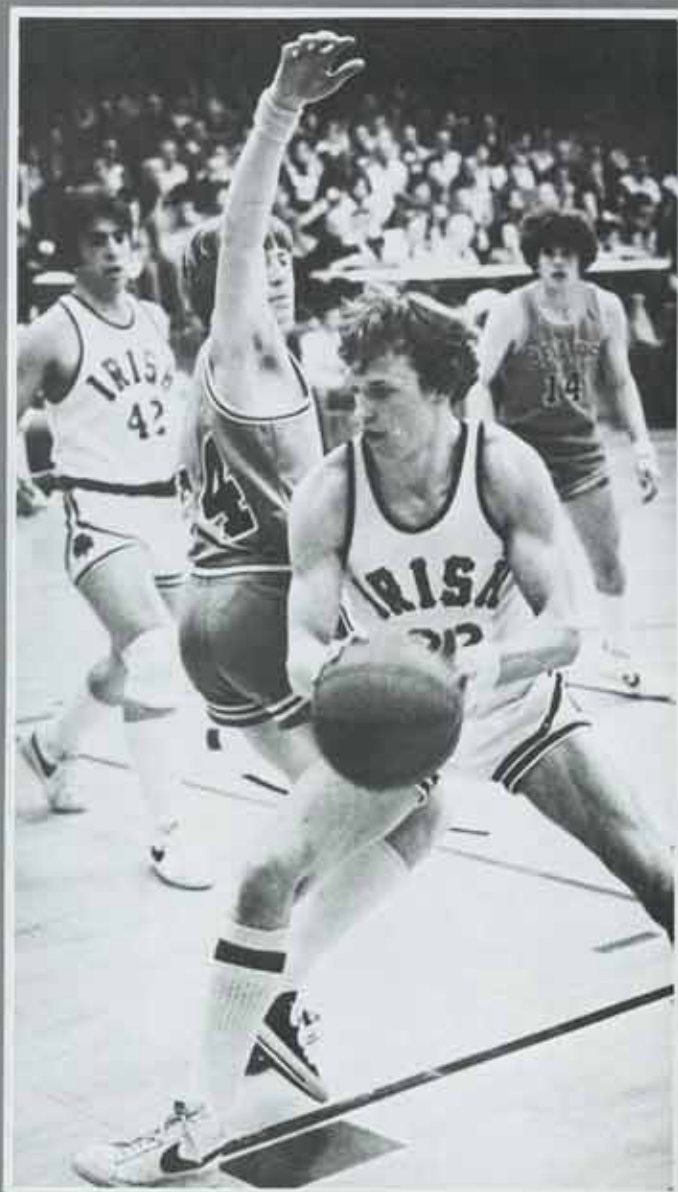


Ending an outstanding season, the Irish headed into the play-offs heavily favored by the media, and totally fired up for tournament action. In the first district game, the Irish met Fowler, whom they had played in the regular season, and beat by only two points. Joined by two sophomores, Mark Kostrzewa and Brian Pasche, the Varsity cagers had no problem pulling off a 20 point win.

The second district game was a carbon copy of years before. The Irish faced Vestaburg, whom they hadn't played all season, and found the going rough. Irish fouls were a key disadvantage throughout all four quarters, and the final score, in spite of stupendous attempts in the final seconds, showed Vestaburg the winner, 51-48.

The season, overall, was a tremendous one, and the team and Mr. Cwayna were complimented on a job well done.

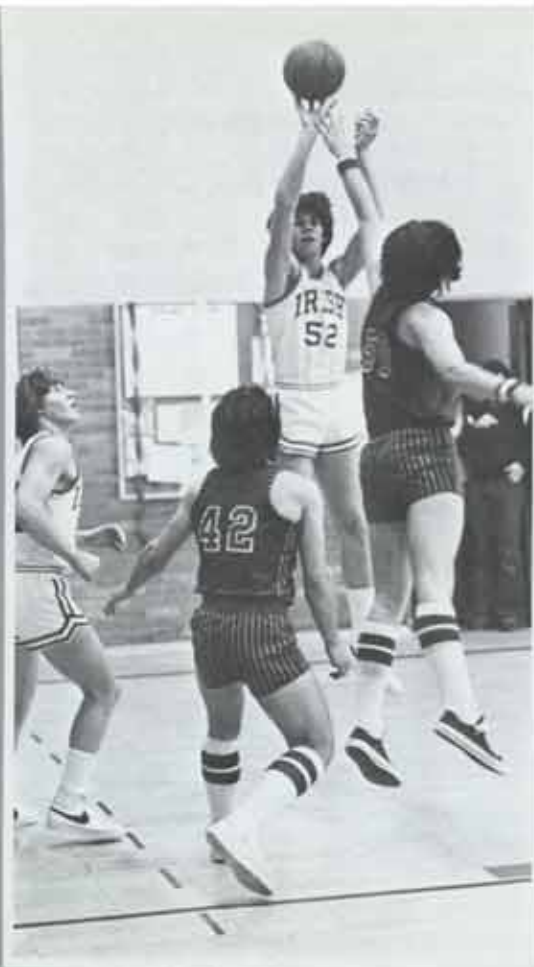
(1) A familiar scene in play-off action ... the foul line. (2) J. Pohl finds an escape path. (3) J. McDonald, what a prol (4) Irish cagers fight for a win. (5) The sophomore powerhouse: A. Simons.



1978-79 Varsity Basketball

THEM	US	TEAM	THEM	US
48	49	McBain Christian	44	36
60	69	Farwell	48	80
59	56	Newago		
52	56	Clare	43	63
48	59	Shepherd	36	88
83	73	St. Pete's	68	54
37	67	Beal City	55	76
79	74	St. Stephens	63	69
68	87	Ashley	65	99
64	72	Breckenridge		
59	67	Morley Stanwood		
61	63	Fowler	46	66
51	48	Vestaburg		

When the one great scorer comes to mark against your name, he writes not that you won or lost, but how you played the game.



J.V. B-Ball

THEM	US	TEAM	US	THEM
41	52	Farwell	58	39
51	61	McBain	48	45
39	62	Newago		
61	57	Clare	54	59
39	36	Shepherd	57	75
64	39	St. Petes & Paul	65	69
27	31	Beal City	74	69
65	56	St. Stephens	41	63
29	57	Ashley	80	36
70	60	Breckenridge		
61	71	Morley-Stanwood		
39	38	Fowler		

Freshmen B-Ball

TEAM	US	THEM
St. Stephens	41	42
Chippewa Hills	42	34
Clare	57	56
Beal City	48	66
Fowler	54	49
Beal City	44	42
Ashley	64	58
Pine River	49	50
Clare	63	56
Chesaning	105	61
Houghton Lake	45	44

Future Stars Of S.H.A.

The Junior Varsity, under the direction of Mark Frost and Don Sirohta, had a rough season. They ended up with a 10-10 record. Their record was deceiving, because they played tough competition, and lost some tough ball games. The J.V.'s were led by Brian Pasche with a 17.5 scoring average.

The Freshmen had an excellent season, ending up with an 8-3 record. They had an exciting game against unbeaten Beal City, which they won by a score of 44-42. Brian Wohlscheid led the team with an 18.8 scoring average, with John McCann close behind.



(1) B. Thelen goes high for a shot over a Beal City defender, (2) Coach Frost concentrates on his strategy, (3) B. Wohlscheid drives for two against Chippewa Hills.



Row 1: J. Pohl, T. Huber, M. Stansberry. Row 2: Coach D. Sirohta, G. Leasher, T. McCann, T. Sheppard, M. Ahlers, B. Thelen, M. Kostrzewa, B. Pasche, D. Hire, J. Sullivan, R. Fussman, Coach M. Frost.



Row 1: D. McGuire, J. McCann, B. Wohlscheid, K. Natzel, D. Kornexl, D. Neff. Row 2: R. Pappas, D. Phelps, M. Fitzpatrick, J. Murphy, B. Brush, B. Murphy. Row 3: Coach J. Horan, A. Bellinger, T. Brehm, T. Voisin, P. Zamarron, P. Rocheleau, Coach B. Horan.

Volleyball '79

With an awesome front line, that had spikers ready for anything coming their way, the Varsity Volleyball squad couldn't help but be deadly. The coaches were Cheryl Littman, Fay Tanner, and Judy Burges, who guided their girls to fourth place out of eight teams, at the Shepherd Invitational. Ending with a 10-6 record, the squad proceeded to the District Tournaments, held here at Sacred Heart. The Irish lost to Michigan Lutheran Seminary, who ended up taking the District title.

The Irish Junior Varsity had a terrific season, with 14 wins and only one loss. The team consisted of four juniors and five freshmen, who pulled their bump, set, spike routine together to come out on top. The girls' serves improved consistently throughout the season. The coaches of this winning team were Cheryl Littman and Fay Tanner.

(1) C. Richardson and her powerful serve. (2) Showing perfect form in spiking is B. Pohl. (3) Coach Judy Burges in the huddle. (4) "Get under it, Kelly!" (5) D. Hire with a twist of effort. (6) L. Pohl blocks a volley.



Row 1: Coach F. Tanner, J. Lux, B. Pohl, L. Wohlscheld, Coach C. Littman. Row 2: J. English, K. Cotter, M. Cruz. Missing: C. Richardson, S. Mankowski, K. Milligan, Coach J. Burges.



Bump, Set, Spike



Row 1: L. Pohl, K. Grinzinger. Row 2: V. Theisen, K. Epple, D. Hire. Row 3: K. Richardson, L. Fettig, R. Grinzinger, S. Theisen. Row 4: Coaches F. Tanner and C. Littman.

"We Are The Cheerleaders And We Like To Cheer."



CHEERLEADERS

VARSAITY:

C. Strauss, M. Sheahan, K. Newman, C. Fabiano, S. Mankowski, L. Hall.

JUNIOR VARSITY:

P. Gepford, M. O'Connell, M. Hovey, K. McNerney, L. Baumann, J. Kozrzewa.

FRESHMEN:

K. Fettig, M. McDonald, D. Reed, S. Walker, J. Johnson.

(1) Spirit of the 50's. (2) Freshmen "charge up!" (3) The J. V. are gonna get you! (4) "Dallas Cowgirls, look out!" (5) The Varsity demonstrate the ideal mount. (6) M. O'Connell flips over the Irish. (7) "Hear the Irish cheer together."

Full of spirit and smiles, the Sacred Heart Cheerleaders had a successful season. In May 1978, the cheering season began, and ended at the District Tournaments in March 1979. Through the summer and winter months, practices were held to achieve the skill and excellence needed to become a cheerleader.

Proving their talent at the D.C.A. Cheerleading camp, the Varsity Cheerleaders took first place on their pom-pom routine, and third place over-all at D.C.A. day camp, at Central Michigan University.

The Junior Varsity Cheerleaders also had a winning season, starting off with taking fourth place over-all at All-Star Cheerleading Camp, and third place over-all at D.C.A. day camp at C.M.U.

The Freshmen squad consisting of five eager girls, had a time executing different cheers. With patience and perseverance, the squad managed to work out a variety of cheers.



Sophomores Have Come So Far With Still A Ways To Go.

Mark Ahlers
Lisa Baumann
Carol Brandell
Rocky Cashen
Chris Cook



1

Rachel Foster
Mary Francetic



Jill Fredrick
Roger Fussman



Patty Gepford
Dave Hire



Molly Hovey
Tim Huber



2



3

4



5



(1) Can't stop dancin'. (2) A pep truck of peppy people. (3) M. O'Connell, sophomore attendant. (4) A crowd of spirited sophs. (5) Snow White parades down Broadway.

The sophomores started their second year in high school not as rookies, and not as experienced upperclassmen, but as a group of rowdy students ready to accomplish the impossible.

They began their successful year by taking a first place in floats at Homecoming, using the characters of Snow White and the 7-Dwarfs. Representing the class of '81" on the queen's float were Maggie O'Connell and Brian Thelen.



Tom Huber Mark Kostorzewa
Jennifer Jones Dan LaLaonde

Memories Will Remain . . .



1



2

Gary Leasher
Tom McCann
Debbie McDonald
Kathy McNerney
Sandy Mankowski



Mark Milan
Barb Molson
Dave Murphy
Dan Natzel
Maggie O'Connell

Paul O'Connell
Brian Pasche
Linda Plachta
John Pohl
Dan Reed

Not Pictured:
Dave O'Brien
Dave Kipfmueeller



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4

As the year came to a close, we stood back, thinking of all the things that had passed. Wishing some of those moments could be held in our hands again. And knowing they were gone, but the memories would remain. We turned over another leaf in our book of life. Moving bravely into the next year, full of laughter, love, and most of all, hope.

Molly Hovey



5

(1) Sophs moving up in the world. (2) Class officers: Sec. Sandy Mankowski, Treas. M. O'Connell, V. Pres. M. Milan, Pres. Debbie McDonald. (3) Why's C. Brandell in a corner? (4) Who's behind those Foster Grants? (5) R. Stengren and M. Schuckman are monkeying around.



Come And Gone, But Never Forgotten

A year of growth, a year of change, a year of awareness ... for all sophomores. The title "Sophomores" brought out far more spirit in that class than was ever shown before. They worked hard to raise money for goals in later high school years by sponsoring a mixer, a bake sale, and the annual soph candy bar sale.

Under the leadership of advisors Mr. Reid and Sr. Carmella, the sophs produced a meaningful retreat held at Irishtown, near Shepherd. With students participating in prayer services, readings, games, and skits, the Class of '81 realized they all need to belong ... now and forever.



(1) Team work is the key. (2) C'mon Lisa. smile! (3) 1, 2, 3, ... pull! (4) A. Simons really likes pie. (5) Mixed emotions in the sophomore crowd.



Matt Schuckman

Tim Sheppard

Andy Simons

Mark Stansberry

Michele Spencer



3 4



5



Ralph Stengren
Jim Sullivan



Rick Theisen
Brian Thelen



Pam Thering
Connie Veit



Wendy Verleger
Gerard Vogel



Mark Wentworth
Pat Wood

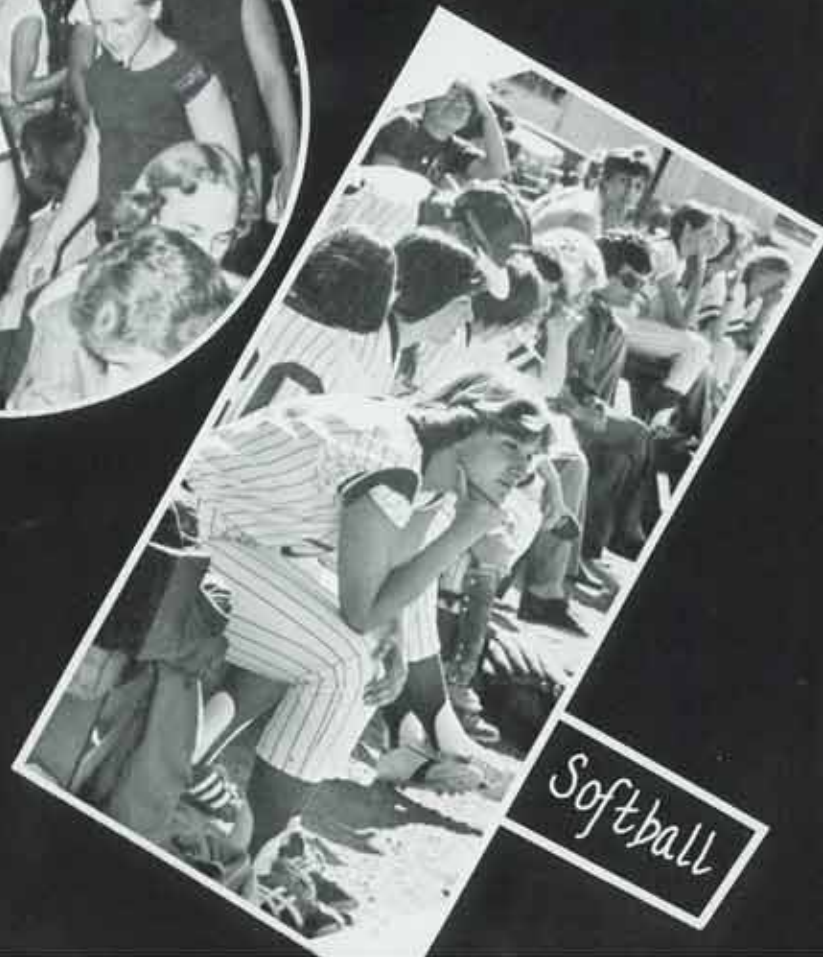
Prom



Banquet



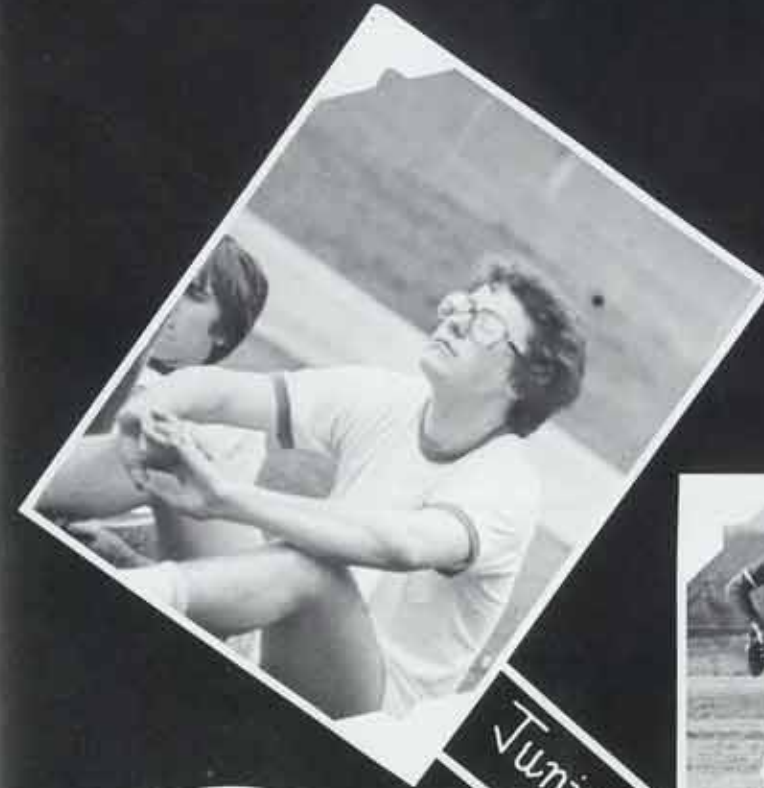
Play



Softball

those soft summer nights

Track



Juniors



Baseball



If we had the chance to do it all again,
Tell me, would we, could we?



1



2

3



1979 Drama Club

B. Walker	R. Stengren
D. Estlack	B. Fettig
J. Vogel	P. Richmond
M. Sweeney	C. Brandell
K. Milan	P. Thering
M. Milan	B. Sullivan
J. Fredrick	S. Theisen
M. McFarlane	D. McGuire
B. Sowle	P. Reed
M. Mills	T. Huber

(1) The wild and crazy cast for 1979! (2) B. Sullivan, voted Best Actor, tries to entertain M. Milan. (3) The director: Bruce Walker. (4) Tottle, K. Milan, is kept in line by M. Sweeney and J. Vogel. (5) The key to a successful play is back-stage organization, by D. Estlack. (6) M. McFarlane and J. Fredrick dream of rich husbands.



4

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Let There Be Culture

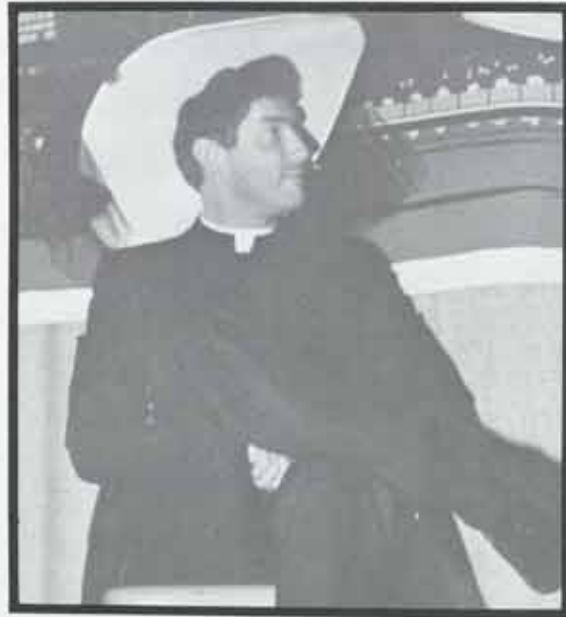
The 1979 Drama Club director was Bruce Walker, who guided the members in three one-act plays. The plays were 'Let There Be Farce', 'The Affected Young Ladies', and 'The Triumph of the Egg'.

In the play 'Let There Be Farce', Gertrude, (Judy Vogel) and Luella, (Margie Sweeney) hang laundry while discussing Luella's former husband, Tottle (Keith Milan). Gertrude is tricked by Tottle, and soon learns the 'secret of life'.

'The Affected Young Ladies' is about two American girls, played by Molly McFarlane and Jill Fredrick, who are living in Paris and are pushed by their father, played by Bill Sowle, to find rich husbands. DuCroisy (Mark Milan) and LaGrange (Keith Milan) try to court the girls, but are rejected. They send their valets, Brian Fettig and Ralph Stengren, to charm the girls, and in the process, the girls are made into fools.

'The Triumph of the Egg' is a bitter-sweet play dealing with one man's dreams, and his shocking realization of his failures. Pa, played by Bob Sullivan, is an ex-chicken farmer who turns in desperation to the restaurant business to make it rich. Ma, portrayed by Carol Brandell, stands by her man through the bleakest moments, and Joe, played by Mark Milan, is Pa's last chance for success. Pam Thering is Ma and Pa's son's offstage voice.

The Night The Stars Came Out



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4

(1) Fr. Pat makes you laugh. (2) Co-hosts P. Richmond and A. Woodrick. (3) R. Martin, voted 'Most Likely to Become President.' (4) K. Newman and A. Keehbauch fill the night with music. (5) The Jr. stars come out. (6) A lovely couple, J. Murphy and T. Lannen. (7) The band, Music. (8) J. Walker and K. Cotter take tickets. (9) A brief intermission. (10) Good times, good company.



5

Barb Pohl trying to keep a straight face, Tom Voisin's slinky pink dress, and Theresa Binkowski being voted the most likely to see an X-rated movie were just a few of the many highlights of the Junior-Senior Banquet. The juniors outdid themselves, providing a meal complete with 'Starflake Supreme' and 'Moonlight Sonata', to complement the theme, "Hollywood, The Night The Stars Come Out".

On a star-filled night in May, dashing young men escorted their favorite girl to the Country Club, for an evening filled with music, provided by the band, Music. A crescent moon, glittery streamers, and scattered stars made Prom '79 a romantic night for all who attended.



7



8



9



10



6

Grounders, Doubles Strikes, Errors . . .

"Take me out to the ball game!" That's how the song goes, and if you were taken to a Sacred Heart baseball game during the '79 season, you weren't disappointed. The Varsity diamondmen ended the season with an overall record of 19-5, after conquering such rivals as Beaverton, 14-0; St. Peter and Paul, 11-2; and Beal City, 14-8. Led by Coaches Mark Frost and Bill Wheat, the team entered District Tournaments with all bats up. They beat Vestaburg, 3 to 2, and Beal City, 8 to 6, to advance to Regionals. The Irish beat McBain Christian, 7 to 2, but were defeated by Manistee Catholic, 8 to 7, in eight innings.

The Junior Varsity team didn't have as successful a season as the Varsity had, ending with a 4-5 record. Coaches Bob Horan and Dave Cashen did, however, improve the team exceptionally, and posted such wins as Shepherd, 18-11, and Beaverton, 13-8.



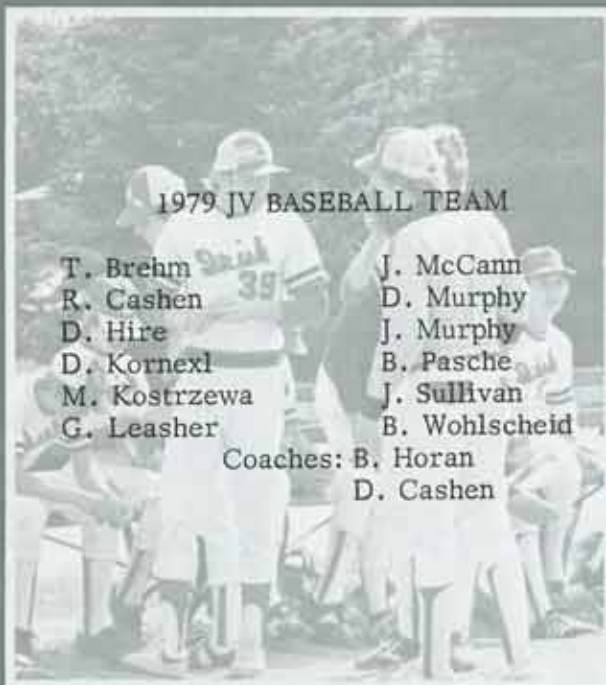
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. . . Baseball!

(1) Batter up! (2) B. Pasche throws a change-up. (3) S. McDonald shows his stuff. (4) Mixed reactions on the Varsity bench.



1979 JV BASEBALL TEAM

T. Brehm	J. McCann
R. Cashen	D. Murphy
D. Hire	J. Murphy
D. Kornexl	B. Pasche
M. Kostrzewa	J. Sullivan
G. Leasher	B. Wohlscheid
Coaches: B. Horan	
D. Cashen	



1979 BASEBALL TEAM

Row 1: Coach B. Wheat, B. Sullivan, B. Thelen, J. Myler.
Row 2: Ma. Mills, M. Quinlan, B. Fettig, J. Kostrzewa. Row 3: J. McDonald, S. McDonald, K. Milan, J. Pasche. Row 4: Coach M. Frost, Mi. Mills, A. Simons, J. Gepford, C. Thelen, Ball Boy L. Klein.



Bats, Doubles, Outs, Fans . . .



1

(1) Who's got the ball? (2) L. Pohl awaits the pitch. (3) P. Gepford doing her job. (4) The team that sticks together, wins together.



2



Row 1: K. Cotter, K. Richardson, W. Verleger, C. Simons, T. Binkowski, K. Fortino, J. Lux. Row 2: P. Gepford, B. Pohl, P. Zeneberg, C. Strauss, C. Richardson. Row 3: Coach C. Rice, L. Pohl, C. Campbell, K. Grinzinger, K. Eppe, Coach C. Sager.

Varsity

SOFTBALL!

The Varsity Softball team had a 10-7 record, but that does not tell the whole story of the season. The girls, under the direction of Coach Cindy Sager, worked hard throughout the spring months to gain such wins as the one over Beal City, the score being 14-12. The majority of the wins were posted in the final innings, when the team rallied together for a final show of spirit. The Varsity squad was aided in their workouts by the friendly faces of Dean Verleger and Carol Rice.

The Junior Varsity team, coached by Carol Rice, won few games, but received the experience necessary for later Varsity play. The team was able to play some games with the Varsity, including their own invitational. The girls came in fourth, but enjoyed the encounter. The whole season was a time of struggles, but the J.V.'s had fun, and learned as well.



3

4



Row 1: L. Pohl, S. Mankowski, D. Hire. Row 2: C. Simons, M. Wentworth, T. Binkowski, P. Gepford, C. Brandell, D. Reed.



J.V.

"Freshmen to the front!" and "Pass the cookies this way!" were familiar lines heard at any time on a Track team bus in 1979. The teams themselves were small, but under the direction of head coach Joe Watters, they were powerful.

The girls, taking a first at Regionals, gave Penny Zeneberg, Barb Pohl, Kathy Veit, Ann Keehbauch, Cheryl Watters, Mable Wentworth and Jane Johnson a try at State. The competition stiffened at the State meet though, and only Penny came away with medals. On the guys' side of the fence, the story was the same. Although Jim Pohl, Tim Wentworth, Mark Mills, and Pat Richmond went to State, only Jim emerged with medals.

Both teams competed in Chip Relays, and the guys took seventh place there. Both teams competed at the Farwell Invitational, where the boys took third, and the girls added to the teams hardware collection with medals. Overall, it was a good year, and the team was acknowledged for its hard work and efforts.

1979 TRACK TEAM

Boys: T. Bellinger, D. McGuire, K. Manor, Ma. Mills, Mi. Mills, Ji. Pohl, Jo. Pohl, P. Richmond, R. Schafer, B. Sowle, T. Wentworth.
Girls: C. Brandell, K. Epple, J. Johnson, A. Keehbauch, J. Kostrzewa, B. Pohl, L. Pohl, P. Thering, C. Veit, K. Veit, G. Watters, M. Wentworth.



1 2



3 4



5 6



1979 TRACK

(1) P. Richmond, the infamous Irish long jumper. (2) P. Zeneberg really knows how to hit the sand. (3) Smo-o-oth hurdlers. (4) K. Epple works out. (5) T. Bellinger demonstrates how to shot put. (6) Up and over!

A Fun And Work Filled Year



1 2



3



4 5



"Juniors." It was a new title, never tried before, and they liked it. Homecoming started a year of hard work that will always hold cherished memories.

They worked hard on a second place float that portrayed Winnie-the-Pooh, and a "Sweet Victory" for the Irish. Representing the class of '80 in Homecoming 1978 were attendant Krista Newman and gorgeous guy Pat Richmond.

Later in the year the juniors showed their spirit again by overcoming all the other classes to win the Crazy Catholic's trophy.

(1) A meaningful retreat reading is given by four class members and advisor Mrs. Fredericks. (2) The juniors' second place float. (3) The junior attendant, a radiant K. Newman. (4) At an assembly you see another of K. Cotter's famous skits. (5) The juniors yell "Victory!"

Dave Ahlers
Kathleen Brandell



Katy Campbell
Karen Cotter



Marla Cruz
Julie English



Claudia Fabiano
Evie Farnan
Laura Fettig
Kim Fortino
Luanne Frick

Jeff Grinzinger
Robyn Grinzinger
Liz Hall
Tom Hasselschwert
Laurie Henry

Through Discoveries Becoming Closer

As we go through life we discover new things. In our junior year we discovered a lot.

We learned what

leadership,
support,
good times,
headaches, and
responsibilities meant.

Through these discoveries we became closer, and we realized we need each other.

— Judy Walker

Jim Hire



Jim Kostrzewa
Dave McCoy



Jerry McDonald
Steve McDonald



Jim McEvoy
Sharon Mankowski



1 2



3 4



5

(1) D. McCoy shows his superiority over T. Lannen. (2) K. Campbell and K. Brandell are anointed by the Bishop. (3) Junior guys try to show their muscles. (4) L. Henry, a studious junior. (5) "Don't play it again, Sam!"



Kathy Milligan
Mike Mills
Jim Myler
Krista Newman
Pat Pappas



The class of '80 learned the meaning of the word 'work' as they put together the annual banquet and prom. Mixers, candy sales, and more mixers gave the juniors the opportunity to sponsor these events, with the help of Mrs. Scholl and Mrs. Fredericks, the advisors. Hard work, true spirit, and total class participation made the theme "Hollywood — The Night the Stars Come Out" not only a reality, but a lasting memory for all who attended.



1 2

Peri Puhlman
Heidi Quillen
Kelly Richardson



Pat Richmond
Rusty Schafer
Margie Sweeney



Diane Tenbarger
Sue Theisen
Craig Thelen



3



4

Kathy Veit
Debbie Vogel



Tom Voisin
Judy Walker



Cheryl Watters
Julie Wentworth



Scot Wentworth
Steve Wentworth



Lori Wohlscheid
Andy Woodrick



Not Pictured:
Ann Keehbauch
Mollee McFarlane
Tim Williams

JUNIORS



(1) Teen heart-throbs: Sha Na Sha. (2) The junior officers: President, K. Cotter; Vice President, L. Fettig; Treasurer, S. Theisen. (3) Those crazy unknown fans. (4) The juniors receive the Spirit through Confirmation.

that
long
good-bye

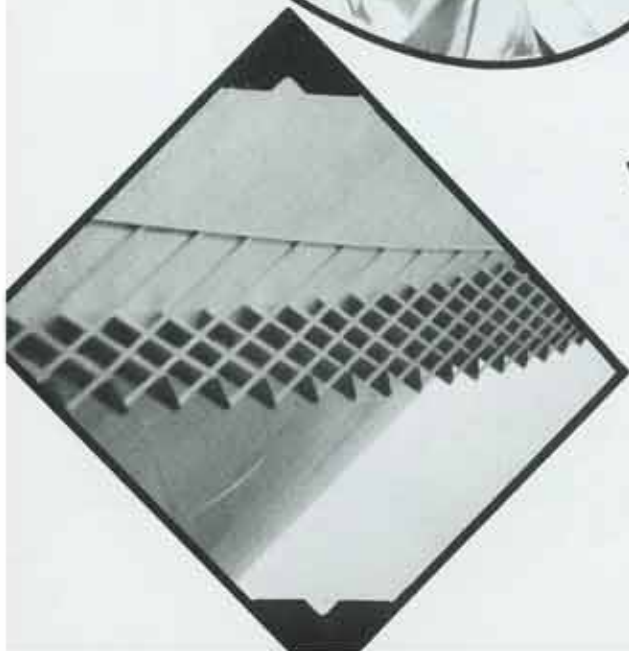
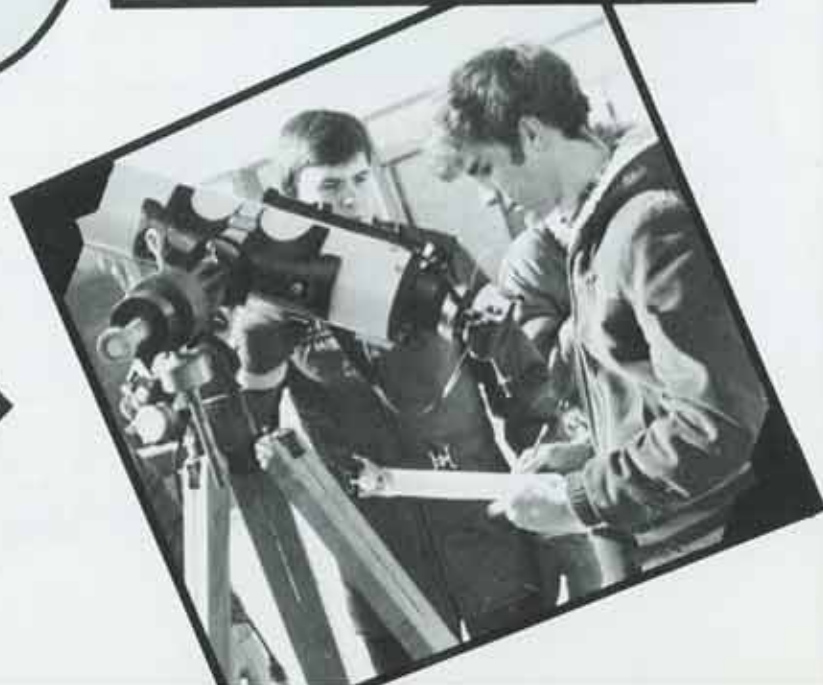
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Memories may be beautiful and yet,
What's too painful to remember,
We simply choose to forget,

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The End

The End Of A Long Journey

September 5 would be a day for all the Seniors to remember; for it was the beginning of the end of their high school journey. The year began unlike any other, because the seniors knew their time was limited. Vows were made to make each minute memorable.

Homecoming soon rolled around, and an elegant queen's float was constructed. A small summer house for Brian Fettig and Deb Thering, the king and queen; wicker chairs, pastel flowers, and ferns adorned the float. The seniors' spirit was in full strength for Homecoming activities, for they stole the pep jug with the most pep points.



1

Rafael Barba

Tim Bellinger

Theresa Binkowski



Lisa Bollman

Pete Breidenstein

Caryn Campbell



Betty Cole

Mickey Cook

Mark Deni



2



3



4

(1) The new Varsity Football players. (2) Seniors look to the future, not the past. (3) Recognition is given to C. Strauss, captain of the Varsity Cheerleading squad, by J. Pohl. (4) Senior attendants: C. Sheppard and T. English, J. Lux and B. Sullivan, and D. Thering and B. Fettig.

Impatient And Hesitant For The Future

John Frick



Brian Pettig



Tim English



Steve Frick



Jeff Gepford



1 2



(1) The bus ride home from Rothbury, Michigan. (2) The patriotic seniors. (3) Getting to know one another through pool. (4) "Say cheesburger." (5) J. McDonald is Father Nature.



3

4



5



Mike Glanz



Tim Lannen
Jenny Lax



Jeff McDonald
Karen McDonald

As we approach the end of the school year, we ask ourselves:
Is this the beginning or the end; the finish or the start?
The future that we've longed for, the time when we will part.
To all the joys and sorrows which have gathered in our past, we hold them dear; love yet fear.
For many more will come before us.

By Maureen Sheahan

Working Together To Accomplish The Impossible



Rich Mankowski
Kent Manor



Rose Martin

Keith Milan

Mark Mills

Exhaustion, headaches, and endless responsibilities were a few of the symptoms experienced by the Class of '79. Warnings were issued to start everything early, by Miss Sager and Sr. Diane, the advisors, and by former graduates, so the hassles could be avoided. What the seniors were not informed of was how early; they discovered they should have started in sixth grade.

Mixers, donut sales, car washes, hot dog sales, and Sunday bake sales proved to be both rewarding and disappointing. The needed money was eventually raised, and it didn't take long to spend it on the Senior-Faculty Potluck, Baccalaureate, and the class trip.

(1) J. Pohl, the champion pie eater. (2) The hectic, but valuable class meeting. (3) The senior bunny, J. Lux. (4) A rough landing for K. Manor. (5) "Football, you bet!"



Judy Murphy

Mary O'Connell

Dave Parker

Jean Parker



Jim Pasche
Don Phelps
Barb Pohl



Jim Pohl
Patty Reed
Carmen Richardson



Not pictured: B. Allison, C. Carvalho, T. Droste, B. Hauck, E. Jackson, J. Limoli, B. McFarlane, M. Quinlan.

(1) The partying basketball team for the Jr./Sr. game. (2) The senior officers: C. Simons, Treasurer; D. Thering, Secretary; R. Martin, Vice President; J. Murphy, President. (3) Good friends, good food, good times. (4) S.H.A. seniors overpower M.P.H.S. in Tic Tac Kno.

Sharing The Good Times And The Bad



Mike Rocheleau

Maureen Sheahan

Carolyn Sheppard

Cecilia Simons

The majority of the seniors have spent twelve years together, but one really doesn't get to know another till they spend a night on a ranch in the middle of nowhere. The place was the Cranhill Ranch in Rothbury, Michigan, and the occasion was the senior retreat. Students became closer through one on one conversations, a mellow night in front of the fireplace with a letter from home, playing pool, singing songs with Fr. Bert, and that eventful horseback ride.

The Class trip to the Double J Dude Ranch was another memorable get together. The day was spent horseback riding, playing volleyball, shuffleboard, tennis, golf, ping pong, canoeing, listening to the juke box, and eating. Sleep never sounded so good when the day was completed.

Senior Year:

So, now our time together has ended,
What now? What will we do?
Where will we go?
Many questions remain unanswered.
Many things have been left undone.
We have been together for so long,
and now we must part.
The laughter will die,
the tears may flow.
We had our share of crazy moments,
and serious times.
Looking back, we'll remember those times,
and we'll smile, for we have grown.
And as the song fades away,
we'll hold our heads high.
And then we'll let go. By Cecilia Simons

(1) "Biggest Eater: Barb Pohl." (2) Du-uh,
yeah, we're seniors! (3) A year of
struggling. (4) THE year: 1979!



1



Bill Sowle
Carolyn Strauss



Bob Sullivan
Debra Thering
Judy Vogel



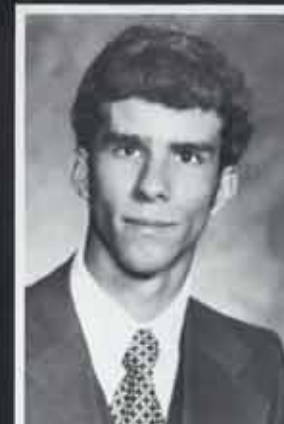
2 3



4



Senior Year: A Revelation



Mike Voisin



Tim Wentworth



Jeff Williams

Dave Zamarron
Penny Zeneberg



The Seniors' 'Famous Final Scene'

It's the famous final scene
And how you tried to make it work
Did you really think it could
How you tried to make it last
Did you really think it would
Like a guest who stayed too long
Now it's finally time to leave
Yes, it's finally time to leave
Take it calmly and serene
It's the famous final scene
It's been coming on so long
You were just the last to know
It's been a long time since you've
smiled

Seems like oh so long ago
Now the stage has all been set
And the nights are growing cold
Soon the winter will be here
And there's no one warm to hold
Now the lines have all been read
And you knew them all by heart
Now you move toward the door
Here comes the hardest part
Try the handle of the road
Feeling different feeling strange
This can never be arranged
As the light fades from the screen
From the famous final scene



(1) The seniors nervously wait to end their high school career. (2) C. Campbell gladly accepts her diploma. (3) Last minute stage fright. (4) The beginning of an eventful night. (5) The last time of togetherness. (6) R. Martin and T. Binkowski are Co-Salutatorians and S. Frick is Valedictorian. (7) The congratulatory line. (8) Warm wishes are given to K. Milan.

A
Year of
Frustration,
Already
Regretting it.
Biting back
Orders. Trying to
Offer
Kindness instead.
-Rose

A SPECIAL THANKS TO ALL

Krista Newman
Penny Zeneberg
Carolyn Strauss
Carol Brandell
John Frick
Caryn Campbell
Judy Vogel
Jeff McDonald
Rusty Schafer
Jim Kostrzewa
Dave McGuire
Tim Huber
Karen McDonald
Jim McEvoy
Buyer's Guide
Mark Milan
Julie English
Sharon Walker
Vicki Thelsen
Mrs. Fredericks
Mrs. Scholl

STAFF

EDITOR — Rose Martin
ADVISOR — Mrs. Mary Leatherman
BUSINESS MANAGER — Cecilia Simons
PHOTOGRAPHER — Mike Voisin

Lisa Bollman
Connie Veit
Maggie O'Connell
Diane Hire



1 2

(1) There is always work to do, just ask C. Veit in particular. (2) Students wait in line to work on yearbook, (I wish!). (3) Balancing the books often takes two to manage. (4) The valuable and skillful photographer, M. Voisin. (5) Helpful hints are always bountiful when it comes to writing copy or designing a layout.



AD SALES STAFF

Theresa Binkowski
Rose Martin
Lisa Bollman
Cecilia Simons
Karen McDonald
Connie Veit
Carol Brandell



When a large project is started, such as designing a yearbook, the first thing established is goals, and did I have goals! I vowed to have an outstanding year in ad sales, never forget to have team pictures taken, meet every deadline with quality material, and buy a new typewriter for the yearbook room; along with fixing up the room in general. One and a half out of five is not that bad. Over three thousand dollars in ads were sold, all the pages submitted were quality material, and we even met one deadline. As for the rest, they remain unfulfilled dreams to be accomplished by my successor. We are still lugging an IBM up and down the stairs, the floor is slippery from the layer of dust, and the walls are still cold blue. A warm and vibrant yearbook was produced in that drafty room though, full of pictures and words describing the moments that never can be relived. My project began in August 78 and was finally completed in August 79, all the time of which I was hoping I hadn't let anyone down, and that this yearbook would be all that you had dreamt of. There are two things I would like to say while I have the chance, they are "Thank you, and good bye."

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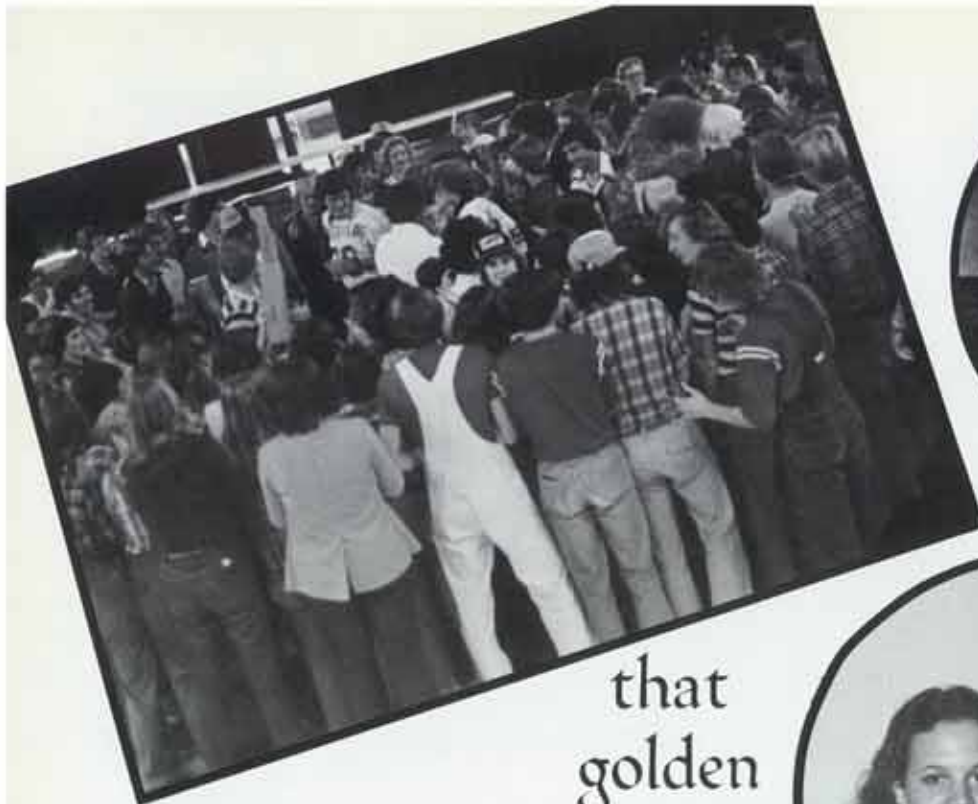
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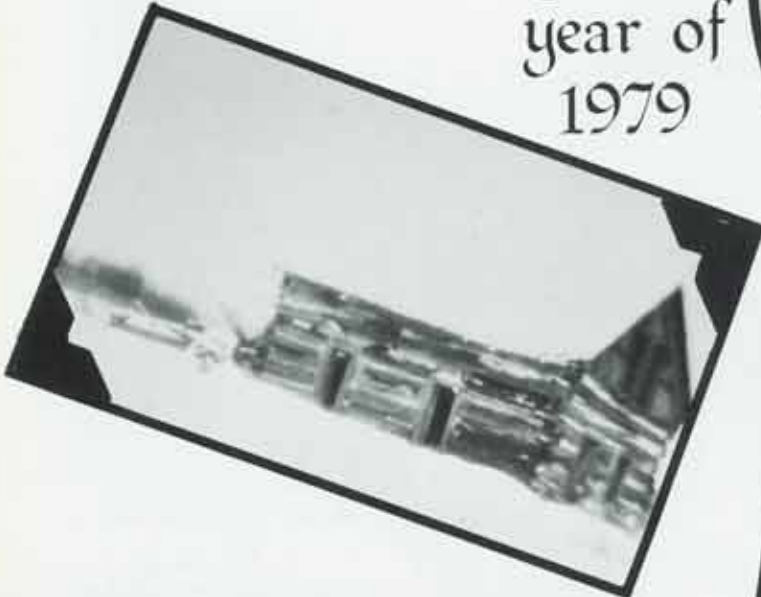
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that
golden
year of
1979



For it's the laughter, we will remember,
Whenever we remember ...
The Way We Were.



The days slipped by unnoticed, forming weeks, months, and then a whole school year. New friends were made, others were lost. The exchange students, Rafael and Carlos, brought a new dimension to Sacred Heart, along with Mr. Manor and his SHA NA SHA gang. The football tournaments bound the student body together, to form a spirit that would not be diminished. The spirit flowed on with the 'unknown fans', even through the month of January when school was held for only ten days. It exploded for Crazy Catholics Week with the new singing sensation, Krista Newman and Jim Pohl, and kept that constant pace through prom and banquet, with Karen Cotter's and Lori Wohlscheid's Make Me Laugh skit. Those priceless moments have passed, and all we hold onto are our memories and this yearbook, for we shall never pass this way again.

we shall
never pass
this way
again.

