Cor Jesu 1977
"There Is A Season For Everything... A Time For Every Purpose Under Heaven." — Ecclesiastes
A Time To Laugh,  
A Time To Weep . . .

Hallways stretched before us as our moments here began . . . timeless hours of passing days never quite held by a calendar, tattered notebooks holding the knowledge of our youth . . . all in our time . . . became a time of yesterday's and tomorrow's.

Touching the clocks that turned against us, we found time to grow in all our experiences, with footsteps taking us far and near, leaving echoes and traces of our years behind us, and always with us . . .
A Time To Break Down, A Time To Build Up...

We've walked through life together, struggling and hesitating along the way, and wondering "why?". All of the awesome discoveries, questions and smiles, losing friends and tears are often hard to believe and understand. Yet, with close examination one realizes that though parting is difficulty, one must leave to return; that one must die to be born; that to search one must lose... that for everything there is a time.
"a time to keep silence, and a time to speak"

the road ahead...
New Leadership Brought To SHA

The first day of the 1976-77 school year brought many unfamiliar faces to Sacred Heart. One of the most important new faces was that of Mr. Ryan, the principal. A former English teacher from Saginaw Eisenhower, he was on hand to greet the incoming students and to get the school year started off on the right foot. Throughout the school year Mr. Ryan, affectionately referred to as "Chief" by both the students and faculty, instigated many changes, including the revision of the student handbook, opening of the school store, and the most popular; snow shoveling for detention purposes. Mr. Ryan worked diligently to give Sacred Heart a good name throughout Mt. Pleasant.

Other fresh faces were those of our parish priests, Fathers McEachin (Mac) and John Dubord, who were appointed this summer and came from St. James in Bay City. By saying school masses and guest-speaking in Religion Classes, they were an important part of the school year.

1) Pondering the road ahead is Mr. Ryan. 2) Fr. Mac takes time out of his busy schedule. 3) "I prefer appla", says Mr. Ryan. 4) "Chief" in one of his better moods. 5) Fr. Mac looks proud of his Irish team. 6) Helping Kathy and Betsy prepare for a service is Father John. 7) Trying to buy his way to heaven, Dave Watters talks with Deacon Fr. Pat O'Connor.
SHA's Office - There's No Place Like Home

The office became so popular this year Mr. Ryan was forced to fence it off. Maybe the reason was because of the many new faces that came into view. Mrs. Vincent, the secretary, was left to handle the bookkeeping and the many pleas of "Can I use the phone?" She often could be seen trying to calm irate visitors of all sorts, and during the less hectic times, making jokes with students.

Mr. Gedge, not your ordinary school counselor, planned classes and schedules and helped us with our futures. The jokes of Mr. Gedge brought more pain than the shooting of rubber bands, but they seemed to ease the tension of the school day. If you heard a scream, you knew that one of the office girls had probably been hit with one of Mr. Gedge's rubber bands. These girls typed, filed, picked up absences, ran errands, and did other general jobs.

1) Good to the last drop! 2) Carol Rice loyally assists Mrs. Vincent. 3) The office rowdies revolt. 4) "You mean I forgot the paper?" exclaims Denise. 5) With schedules out of the way, "Duck!" Gedge beams proudly. 6) Mr. Gedge helps Nick out with a bit of advice.
We Believe In Spirit
Miracles And S.H.A.

Religion at SHA is the center of all classes. It is not just mass and the
commandments that give one faith, but the atmosphere of each other
through Religion classes. It is true that no one can give another faith, but
through patience and understanding the guidelines can be established to
aid students in the faith. To know yourself is to be yourself, keyed Sr.
Eileen as she took the task of
teaching the Freshmen about
friendship, respect, and settling
debates over mass. The importance
of religion through friendship and
community service was stressed by
Mrs. Rau. Teaching the fine art of
note-taking from the Bible, Mrs.
Fredericks made sure her students
know who made the world. Charges in
society, and how people react to them
was the theme of Sr. Diane's
Revolution class. As Dept. head, Sr.
Diane took charge of the school
retreat. In Death and Spiritualism
class, Miss Sager gave her students
the spirit of the world, exorcism,
and witchcraft. Overall, we found
ourselves becoming more aware of
tomorrow.

1) Observing class from the students’ viewpoint is Miss Sager. 2) Sr. Eileen seems to enjoy teaching Freshmen. 3) "What did you say?" asks Mrs. Fredericks. 4) "What's going on over there?" says Sr. Diane. 5) Mrs. Rau points it out for Diane Murphy. 6) Chris Schafer thinks about it.
Small Irish Teams Produce Large Results

The 1976-77 Cross Country team had a remarkable season, unequaled by any past Sacred Heart teams. The Irish ran to a dual season record of 3-3. The squad had strong front runners, but lacked the depth of larger teams. However, when regionals came the Irish placed third and qualified for the state meet, placing seventh. First year coach, Kim Renas, and Asst., Pat Berill, guided the racers to high individual titles: Cheryl Watters was the girls' Class D State Champion; Dave Watters and Rob Utterback were chosen for the guys' All-State team.

The '77 Golf team possessed many essential elements: spirit, talent, and luck. These and the coaching of former SHAC golfer, John Brehm, helped the team prove again that the Irish can compete with the bigger Class B and C schools. Following an unimpressive 2-4 regular season, the Irish team came on strong, won regionals, and took fifth at the state meet.

ROW 1: C Watters, J O'Connell, R Utterback, D Watters, D Cruz, Missing: M Neff, C Milan, and Coaches--K Renas, P Berill.

Generations Join A Spirit Of Fun:
Our Homecoming

Homecoming 1976 will long be remembered. The week before with all the biboveralls conjured up to "overhaul" the Ashley Bears; mixed-up and unmatched clothes; and crazy hats fired up the whole school.

Others will remember the Mass which stressed the true meaning of school spirit and later a pep assembly in a gym plastered with signs, balloons, and toilet paper. Here SHA's true spirit was evident.

Many will recall the exciting parade composed of faithful fans, colorful floats and Queen Chris with her attendants. The delightful defeat of Ashley, the Queen's ball with music by Stillwater in a nursery-rhyme land finalized memories of a wonderful week. But to all it meant a togetherness newly discovered and never forgotten.

1) Julie Flannery and Andy Thiessen pause to savor the moment. 2) Prince Robert Ryan II with Princess Lisa Fredericks. 3) Deanna Phelps during Homecoming "Hat Day". 4) Queen Chris and Most Beautiful Boy, Barney Theisen. 5) Queen Chris Pohl enjoying the Homecoming game and a few presents. 6) Coach Natzel with the seven '77's during Homecoming pep rally.
Adults Giving To Make The School Grow

Charles Atlas beware! Sacred Heart has their very own weight machine. Male and female alike are strengthening their muscles. The body builder, available to grades six through twelve has been purchased by the Athletic Association and is located in the old piano room. (What would Sister Mary Sue say?) Through long hours of ticket-taking, benefit games, dances, and just plain work, this association has aided SHA.

Another group that has done much to boost our spirit is the Alumni Association, which was established this year. A former queens float, an alumni sing-a-long band, and Grand Marshall Sabina Carroll highlighted the past graduates' participation in the parade. During the half-time of the game, past queens, 1933 State Championship team members, players from 1949-54 teams, and a representative from each team in the past 29 years were presented to an enthusiastic crowd. Later, while present SHA students danced in the gym, past grads reminisced and sang the night away.

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1) The queens reign again! 2) Homecoming queen '76 Chris Pohl. 3) It's fun to be the first. 4) Chris looks like she's having fun! 5) The boys show their muscles.
"We Shall Return!"

Facing a tough season with an inexperienced, young team, and a new coach, the Irish salvaged a 3-6 record. Riding on high hopes and spirits, the Irish soon met the harsh, cold reality of their youth and inexperience. The final 3-6 record does not completely reveal the season, as three of the opponents were undefeated and seven of the nine were state-rated during the year.

Homecoming was a game to remember as the first half seemed so wrong, but the second half seemed so right. Coming out of the locker room after halftime, down by a score of 14-7, the Irish scored every time they got the ball... Final: SHA-40, Ashley-27.

Do you believe in omens? In '67 and '68 the Irish had almost winless seasons, the following year they won three games, and the next two years saw the Irish win state. The Irish look forward to upholding their tradition with a great season in '77.

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1) Joe Horan and Matt English bull down the Blue Jay quarterback. 2) Tim McNamara gets encouragement from Coach Natzel. 3) Mike Newman escorts Tom Pasche as Jeff McDonald watches in the background. 4) Andy Theisen in for a touch-down against rival Beat City. 5) Irish show "gang" tackling defense.

The J.V. football team fared well this season, though handicapped by the loss of half the sophomores to the varsity squad. But this inexperienced J.V. team cashed in on a terrific season, despite what was predicted earlier.

Under the direction of Coach Kirk Poehlman, the J.V.'s charged in and finished on top with a winning season. Having to contend with a schedule of tough opponents, Poehlman kept the little Irish on their toes and the Irish kept their victims treading on soft ground.

With twelve frosh returning as sophomores, the future looks great for the upcoming J.V. teams.

1) "You ain't going nowhere," say the Irish J.V.'s. 2) Keith Milan puts on a move and fakes out a defender. 3) Coach Kirk Poehlman looks over last game's stats.
When asked what Student Council did this year some students would have to pause a moment and really think. But ask Bruce Walker or Helen Johnson—President and Vice-President—and they might say Homecoming. Then again ask Secretary Kristi Vincent or Treasurer Anne Brandell and they might say Shamrocks for Dystrophy or Christmas Caroling. These were of course just the major events sponsored by the group with help from adviser Ms. Sager. Also the Student Handbook Committee was formed to give the students a better understanding of the rules of the school.

Chicago—This was the goal of the '77' National Honor Society; the dream of President Chris Pohl and adviser Mr. Gedge. Sponsoring two mixers the honors group tried to make their idea of the metropolis into reality. Last minute delays caused the society to fall short. Although the dream of the officers: Carol Goemmer, Betty Frick and Sue Huter was left incomplete the challenge of changing the dormant club into an active force has inspired other students to try and reach the seemingly unreachable. Through these two organizations student participation and courage to change became evident.

1) Handbook at 7:30; what a way to start the day! 2) National Honor Society for 1977. 3) The "light and lively" SHA Student Council. 4) Kristi Vincent receives a gift of appreciation from Mrs. Rau. 5) Student Handbook committee with teachers and students alike.
Exploration of the environment, elements, and the human body... that is what S.H.A.'s science classes achieved this year. In Mr. Reid's biology class, the students performed and discovered many biological processes including the dissection of a frog. In Mr. Reid's first year Physiology class, the seniors studied the various muscles, and reflexes of a man, and interestingly enough compared them to a baby pig, which they dissected. The basic ideas of Health Education, also taught by Mr. Reid, were the interaction of social, mental, and physical problems. Chemistry in Sr. Diane's room was typical of past classes, parties and experiments—even the experiment to prove that "Jiffy Pop" would pop over a bunsen burner.
What can you say about a bunch of girls who climb on top of each other and yell "Crunch"? They're crazy? Yup, exactly. The six Varsity Cheerleaders were Capt. Debbie McCann, Linda Sheok, Patty Nolan, Sue Mankowski, Helen Johnson, and Carol Goenner, who were well-known all over school for their outrageous skits.

The J.V. six were Capt. Carolyn Sheppard, Carolyn Strauss, Judy Murphy, Carmen Richardson, Maureen Sheahan, and Diane Tenbarge. They brought lots of cheers and chants to the school jumping and living. But whether Varsity or J.V., cheerleading means the same—dreaming, hoping, and saying, "WE LOVE YOU SHA, DEEP DOWN IN OUR HEARTS!"

1) Hands on hips, ready... smile! 2) Happiness overwhelms the Varsity cheerleaders. 3) Hear the Irish cheer together. 4) Carol "jumps for joy" at an Irish victory. 5) J.V.'s climb to the top.
Full Of Excitement

Frosh Begin New Year

One year that most students really remember is their Freshman year, for that year is a time for change and the beginning of a whole new aspect of life. A student leaves behind his junior high days and takes the first step into high school.

In the 1976-77 school year, the class of '80 undertook the role of Freshmen. Just as any Freshman class in the past, they were a little nervous and full of wonder and curiosity as to how the upper classmen would accept them as incoming Freshmen. However, they were different from other classes of the past in as many ways as they were alike.

Welcome to SHA at an opening assembly which was sponsored by the Seniors, the Freshmen experienced their first, and hopefully, their last initiation into high school. It included a solo performance of the school song.

With the help of their class advisers, Mr. Natzel and Mr. Elliott, they held class meetings covering any problems which had risen during the year. With their help, they were also able to participate in float building and other school activities.

1) "Which song next?" 2) "I can see myself in your locker!" 3) The Freshmen ham it up. 4) Julie and Ann take a cookie break. 5) Let Jim in on the joke, Steve. 6) One of many puzzled Freshmen, Steve Hooper.
Homecoming Events Welcome Frosh To SHA

The first major social event for the Freshmen as high school students was Homecoming. Their participation helped them to feel as though they were a part of the school.

The Freshmen were pleased to have Kelly Richardson as their worthy attendant and Jeff Grinzinger as their "Gorgeous Guy" in the 1976 Homecoming activities.

One of the most memorable of these was float-building. One thing that the Freshmen did learn was that by working together --and only by working together--would they produce a fine float to contribute to the Homecoming parade. Even though their float came in third place, they gained enough experience so that they now have the potential to build a first place float in the years to come.

Dave Ahlers
Kathleen Brandell

Katie Campbell
Karen Cotter

Jim Cruz
Marla Cruz

Julie English
Claudia Fabiano
Evie Farnan
Laura Fettig
Kim Fortino

LuAnne Frick
Jeff Grinzinger
Robyn Grinzinger
Liz Hall
Tom Hasselschwert

1) Beaming with pride, Mr. Richardson escorts Kelly at halftime. 2) Gorgeous Guy, Jeff Grinzinger receives a rewarding smile from Sister Thaddeus. 3) Julie English roars through the streets. 4) The finished product on display.
**Frosh Reflections**

There is nothing that reveals the personality of a Freshman more than the words of a Freshman himself. Here are some of the Freshmen's views of their first year in high school:

"Even though it seems like our Freshman year started yesterday, we will always hang on to the memories that it gave us because before we know it, we're going to be out of high school." --Steve Wentworth

"Becoming Freshmen has changed our class a great deal. Last year we thought we more than ready to become the 'big, little' high school students." --Marla Cruz

"The first thing I learned as a Freshman is that you are the low man in the school. . . . and that the Freshmen are last." --Jim Kostrzewa

"The times we've shared as a class will never be forgotten, but yet we await the future, and no one can erase the wonderful memories we hold in our hearts of our Freshman year." --Karen Cotter

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Laurie Henry  
Jim Hire

Steve Hooper  
Chris Kane

Ann Keehbauch  
Jim Kostrzewa  
David McCoy  
Jerry McDonald

Steve McDonald  
Jim McEvoy  
Sharon Mankowski  
Kathy Milligan

Mike Mills  
Jim Myler  
Krista Newman  
Pat Pappas
Past Experiences Form Foundation For Future

The Freshman class of 51 students discovered that there was more to high school than fun and games as they tackled required classes such as English, Religion, World History, Math, Gym, and Health. Fortunately, the foundation that they had started to build in grade school was as important and helpful as their teachers had insisted it would be. Having already acquired the basics, they then had the free time which was necessary for participation in more enjoyable activities.

1) Freshmen boys flash their winning smiles. 2) Jerry McDonald leans over to take a peek. 3) Tom Hasselschwart imitates "The Thinker". 4) Freshman cheer in the Homecoming Parade.
"a time to seek, and a time to lose"

a step in time...
A new spirit came over Sacred Heart girl's volleyball team this year. This was brought about by experienced players, new coaches, and a will to win. Different techniques and many long hours of practice were responsible for the two great teams. The girls were able to "set" and "spike", serve overhand, and use a rotating center with much success.

Laura Havercroft, the Varsity Coach, led her team to an impressive 8-10 record for the season. In tournaments the girls were unable to make it past Potterville in the first match. The J.V. team was coached by Carol Latt and finished with a 6-12 record. Next year's team looks to be very promising.


VARSITY

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1) JoAnn Wiemerich shows how to "set it up". 2) Laurie Wohlschied taking a well deserved break. 3) Varsity coach in a moment of frustration.
Hard Work Pays Off For The Irish

Girl's basketball took on a whole new meaning this year at Sacred Heart, as the students and faculty found out that the girls have talent, too. Under the direction of Coach Cindy Sager and Assistant Coach Terri Verleger, the Irish girls charged to a 15-3 season record. The girls had tournament fever once again and stole the district title for the second year in a row. The regionals were a different story however, as the Irish lost a heart-breaking last-second game to Flint Holy Rosary.

How could the team ever forget the up-backs during practice and the facial expressions of Carol Nolan as she tried to distract the other teams' players.

Although the girls didn't make the state championships this year, the cry, "Wait until next year!" still lingers on.

(FRONT ROW) Tammy Cashen, Jean Myler, Carol Rice, Terri Verleger, Amy Kostrzewa, (MIDDLE ROW) Kim Teasley, Carol Nolan, Helen Johnson, Kristi Vincent, Shelli Lamek, (BACK ROW) Anne Brandell, Patty Goenner, Chris Pohl, Diana Murphy, Patty Nolan, Miss Sager
Talent And Will To Win Produce Powerful Teams

Seven Sophomores and four Freshmen made up the Girls J.V. Basketball team this year. The quickness and hustle of Barb Pohl and Penny Zenegberg led the team to a 14 and 4 record. Carmen Richardson, Karen McDonald and Freshmen Kathleen Brandell, Kim Pozino, and Karen Cotter all saw much action for the Irish. First year coach Betsy Rau and assistant Marlene Kuzec helped the girls develop team unity and skill. The girl roundballers showed improvement in their team defensive play and development as future varsity players.

The Freshmen Basketball team of 1977 brought many high moments as their aggressive team spirit and skill led to an 18-1 record. The team defense was extremely impressive, holding their opponents to an average of 29 points a game, while their average score was 61.5 points. Coach Bill Zoback took the team to the Real City Tournament where the Freshmen hoopers came out champions after defeating Manton, Farwell, and Ashley.


Latin And Forensics Alive With Excitement

Commotion (excitement) was the main attraction in Latin Club this year. After many months of planning and two successful mixers to raise money, the Latin Club was able to travel to the 27th Annual Michigan Junior Classical League Convention in Lansing on March 29th. While there, all of the students participated in Latin games, Olympic Competitions, and Latin Lectures. In the first-year Vocabulary Contest, Karen Coutur placed second. The spirit of the Club was sparked by Sister Thaddeus' undeniable enthusiasm. An added highlight of the year was the annual banquet for Club members which was held at O'Connell's house.

The Forensics Club members also brought excitement to the English language through their speaking. The Forensics Club with their sponsor, Mrs. Fredericks had two mixers and a T-Shirt raffle to raise money for their trip to tournaments in Ithaca. In District Competition Anne Brandell achieved second place for her reading in the Serious category. This enabled her to go on to Regional competition. Third place was awarded to Bruce Walker, Sean Murphy, Carol Nolan, and Cecilia Simons for their multiple readings. Karl Kipfmueller, Shelli Laman, Mike Net, and Denise Campbell did a multiple reading which received fourth place.

ROW 1: C Simons, S Laman, D Campbell. ROW 2: S Murphy, Mrs. Fredericks, K Kipfmueller, A Brandell.


1) Sr. Thaddeus putting things in order.
2) The 76-77 Latin Club officers: Pres.- J. McDonald, Sec.-R. Martin, Vice Pres.- Steve McDonald 3) Mrs. Fredericks and Anne Brandell put some last minute touches on her reading. 4) A typical Latin Club meeting.
"To err is human, to forgive divine," was the lesson that many students tried to embed in the minds of their English teachers this past year. They also proved that they were fallible as they needed to be corrected on the assignments of each day, the tests of each week, and the exams of each semester.

The students pointed out this fallibility to Sr. Euphemia as she led them through Senior English Lit., American Lit., Short Story, and Novel. Shakespeare, due to Sister's expertise, was one of the more popular mini-courses in '77. Mrs. Fredericks, head of the Dept., taught Contemporary Poetry, Drama, and Creative Writing. The Creative Writing class undertook the project of starting a Literary Magazine consisting of works written by students of the school. Miss Pyne, who started at SHA in '77, taught World Lit. To help prepare students for writing college research papers, Miss Gracik started a Writing Research mini-course. In addition to instructing students in American Lit. and Soph English, Mrs. Ran also offered a Yearbook class which included instruction and practical experience on putting together a yearbook. The Freshmen improved their English skills with Sr. Thaddeus as their teacher in English 9. In the end, with all of the "errs" forgotten, both teachers and students realized they were all "human", each with their own, individual, "divine" qualities.

1) Mrs. Fredericks thinks twice about the girls' grades. 2) Sr. Euphemia helps her students dig deep for the answers. 3) Sr. Thaddeus listens intently. 4) Mrs. Fredericks smiles as she staples one more test. 5) English class goes better with Coke. 6) "I didn't mean it quite that way," says Mrs. Ran.
Rough Season, Yet Irish Carry On Tradition

Under first year coach Mike Nazel, the 76-77 season started with great optimism. Pre-season play was good as the Irish rolled over Ashley, but the cagers were dismayed at two close opening losses.

The 8-12 record of the Irish was no indication of the valuable experience gained. As the team progressed, the outlook grew brighter through improvement and hard work. One interesting fact is that the opponent scored 66.5 points per game, while SHA scored 65.9 points per game.

Some highlights of the season were the games with rival Battle Creek and Shepherd. In the first meeting between SHA and Battle Creek, the Irish won an easy decision. The second contest was a different story with the Irish pulling out a two point victory. The Central Michigan League Conference champion, Shepherd, was also defeated by the Irish in one of the team's most inspired wins.

The 76-77 Irish basketball team: ROW 1: B Redard, D Klein, M McCormick, B Thiesen, ROW 2: J Pasche, G McDonald, T Pasche, M English, ROW 3: J Horan, Coach Nazel, C Schafer, ROW 4: D Watters, T Baumann.
Breath-Taking Action, Last Second Shots Fight To Bitter End

Led by the Seniors in their last two home wins the Academy headed for Districts. The Red and White drew Vestaburg in first round play, but fell short, losing 54-49.

Looking back on the season with all its anxiety and comradeship, the team was worth remembering. The guys went through a hard, grueling season against state rated schools; through frustrated defeats to their upset wins. And even though some of the players were new to the school, they kept the great Irish pride and tradition in tact.

1) A classic tip-off between two rival schools, Beal City and SHA. 2) Coach Nutzel and Chris Schafer give the opponents the "double take". 3) Joe Horan... down but not out! 4) Mike McCormick breaks through opponent's defense and in doing so draws a crowd. 5) Bill Bedard zips past an Aggie defender and goes to the hoop.
Hustle, hustle, hustle was the main ingredient for the J.V. basketball team this season. Under the direction of Coach Mark Stevens, the team overpowered many of their opponents all year, enroute to a 14-6 record. The little Red Machine shot a balanced 38% from the field for the season, while hitting a fine 50% from the charity stripe.

Not only did the Red and White have a versatile starting five, they also had a powerful bench. The J.V. reserves filled in for the casualties and often gave the starters a break. Three of the starters, Jeff McDonald, Jim Pohl and Rich Mankowski were moved up to varsity for tournaments. The Irish had a fine J.V. season and look forward to the challenges of varsity play next year.

Row 1: R Mankowski, B Sullivan, J Williams, Row 2: Coach Mark Stevens, M Mills, T Lannen, J McDonald, B Petrig, J Gepford, D Zamarron, J Pohl, T English, K Milan, M Glanz, D Phelps.

1) Bob Sullivan does things his way. 2) The margin of victory is illustrated by Jim Pohl. 3) "Strategy, strategy is the way we win, guys!" 4) Mark Mills quickness outdoes opposing big men. 5) Jeff Gepford toasts to victory!
"Wow!" is the word that described the two new teachers in the social studies Dept. of SHA this year. These teachers were Miss Sager and Sister Maurita.

Miss Sager's strong point, besides coaching girls' sports, was teaching Government and Economics to the Seniors. Miss Sager dealt a tough class to the Seniors about the different parts of our complex government. Through their projects in Economics class second semester, the Seniors learned much about their up-coming financial woes.

The other addition to the History Dept. with her knowledge of the past is Sr. Maurita. Sr. Maurita occupied the Freshmen with her tales of the ancient world, and Greek and Roman cultures. In addition to the Freshmen classes, her American History knowledge then challenged the Juniors. One of the main topics the Juniors learned about this year was New Mexico, a state very familiar to Sr. Maurita. Adios!

1) "I thought you knew how to thread it!" 2) Is Kim really thinking about History? 3) Ms. Sager points out a fact. 4) Typical Economics class! 5) Sister Maurita enjoys her new room. 6) Teaching is fun!
Happiness Is Time Spent With The Sophs

Take fifty very rowdy people, add spirit and enthusiasm, and you’ll come up with a class that just doesn’t quit. All hopes held back in September were met as the Sophs renewed old acquaintances and eagerly greeted the new additions to the class.

1977 was a good year for the Sophomores, as they did well in yelling and poster contests. Caroling and retreat were just two examples of the great participation that made up the class of ’79. Homecoming will hold many memories for the Sophs, especially sparkling attendant Barb Pohl and "Gorgeous Guy" Jeff Genford. No Sophomore will ever forget those hard nights working on floats.

Experience gained from Sophomore year will long be remembered in a happy whirlwind of things past and those yet to come.

1) Sophomore girls get all dolled up for Homecoming. 2) An inspiration to victory, Sophs’ second place fcat. 3) JV basketball players express individuality. 4) Biology class has never been this good. 5) Even Sophomore attendant, Barb Pohl, finds it hard to feel glamorous in long underwear.
A Time For Friends: Closeness And Wisdom

Being a Sophomore brought closeness as each student in the class of '79 learned the true meaning of the saying, "To have a friend is to be a friend."

Sophs made themselves at home in everything they did. Although it was rough at times, they stuck to the grind and to each other, and the gain was not only knowledge, but wisdom.

1) "How many mistakes?" 2) Fowl Zap! Keith Milan and Bill McFarlane battle it out. 3) Carmen Richardson wants you! 4) Someone catches Tiger Sowell's eye.
Satisfied Sophs: Two Down ... Two To Go!

Leadership, involvement and understanding were all important parts of Sophomore life. Under the direction of their class officers, the Sophs sponsored a car wash, magazine drive and theme dances, which all proved to be a huge success and a lot of fun. Many Sophs were involved in the school play, both behind and in front of the stage. The choosing and receiving of class rings was a highlight of the year. Karen McDonald and Carmen Richardson presented the Sophomore viewpoint at Student Council while others were involved in sports, forensics, chorus and Latin.

Bill Hauck
Ellen Jackson
Mary Anne Lannen

Tim Lannen
Jenny Lux
Jeff McDonald

Karen McDonald
Bill McFarlane
Rich Mankowski

Rose Martin
Keith Milan
Mark Mills

Judy Murphy
Mary O'Connell
Jim Pasche
Don Phelps
Barb Pohl
Jim Pohl
Patty Reed
Carmen Richardson

1) "Look Mrs. Scholl, no hands!!" 2) "Hi there!!" 3) Too much studying curls the hair; 4) Karen McDonald disputes a class. 5) Sophomore class officers; Sec. P. Zaneberg, Pres. R. Martin, Vice-Pres. M. Mills, Treas. J. Murphy.
Individuals Yet Alike: Accomplishing So Much

I am...
I am me... or is it me am I
Me is myself, 1 is I.
Me am my, I am mine.
Myself am I. Me is I.
I am
I was
I will be
Me thinks I have not met,
a person so complex and set.
For within my eye,
a complicated person am I.
Me is myself
Myself am I
Me is I
Mine is me
I am... a Sophomore

by Mike Voisin

Mike Rocheleau
Maureen Sheahan
Carolyn Sheppard
Cecilia Simons
Bill Scow
Carolyn Strauss

Bob Sullivan
Debra Therling
Judy Vogel
Mike Voisin

Tim Wentworth
Jeff Williams
Dave Zammarron
Penny Zeneberg

1) Time to cram for exams!
2) "Ladies first!", insists Tim Lamen.
3) Soph boys down home on the farm.
4) "Oooh, those were the days," sighs Patty Reed dreamily.
5) Steve Frick illustrates a point.
"a time to cast away stones, and a time to gather stones together"

a taste of life...
Young Track Teams Show Amazing Ability

Determination and enthusiasm brought the 1977 track program success. The female "tracksters" followed in the footsteps of past SHA girls teams. Bernie Richards and Bev Berdella coached the squad to a 6-1 record in dual meets, a first in Class D at the Chip Relays and 1st at regionals. Penny Zeneberg, Barb Pohl, Patty and Carol Goenner, Amy Kostrzewa and Cheryl Watters participated in the state meet.

The determination and enthusiasm for the guys' team was shown by individual performances and team competition. The 13-member team, encouraged by coaches Randy Neumeyer and John Ling, ran to a 2-4 dual season record and placed 4th at regionals. Jim Pohl, Tim Wentworth, Dennis Cruz and Dave Watters represented the team at state.


Irish: 64 Shepherd 50
66 Chessing 57
66 New Lothrop 22
82 Fulton 55
82 Ashley 7
81 Lakeview 57
58 Chip Hills 78
CMU Relays: 31 pts, 1st place
St. Charles: 57 pts, 2nd place
Regionals: 56 pts, 1st place
Lassie Relays: Opts.

Irish:
(Boys) 38 Shepherd 90
38.5 Chessing 100
38.7 New Lothrop 27.5
72 Farrell 57
47 Lakeview 108
27 Chip Hills 131
St. Louis Relays: 0 pts.
CMU Relays: 3.5 pts, 20th
St. Charles Relays: 8 pts, 8th
Farrell Relay: 25 pts, 7th
Regionals: 23 pts, 4th

1) Tim practices his "foil" attempt during the long jump. 2) Is this the face of a happy camper? 3) The form of an Olympic champion now only if it wasn't practice. 4) Just another hurdle in my life.
SHA Exhibits Talent In Drama And Chorus

The performing arts were well represented at the Academy during the 76-77 school year. Music and drama teachers constantly urged students to open up. Nevertheless, "People, be quiet!" was often heard around the building as Mr. Davis directed the school play "Matchmaker", better known as the musical "Hello Dolly". This comedy, chosen by the Drama Club and produced through the hard work of many dedicated students, made its debut at SHA in mid-April.

"People, stop talking and sing!", was another familiar cry that came sounding from the third floor as the chorus class tried to settle down to another day of tra-la-la. Under the direction of four year SHA veteran, Mrs. Jane Hughes, the group performed at several school assemblies and dances as well as community events including the Christmas Sing-Along. Dramatics and music . . . people making other people happy.

1) Bruce Walker wants better service. 2) Mrs. Hughes shows her style. 3) Chorus class sings out? 4) "Matchmaker" cast. 5) "I'm disgusted with hats." 6) Mary tells George to clean up his act.
Fingers Flying, Confusing Computations

With the guidance of the Math Department aiding them, students realized that confusion was not uncommon at first glance of anything resembling a numeral. The students of Geometry, Algebra I, and II became acquainted with Mr. Elliott, a new teacher at Sacred Heart. Mrs. Miller and the freshmen were both new faces to the school in Algebra ME. Sr. Diane and her Senior Math class cooked up some appetizing early morning snacks as well as mind-boggling formulas.

Another familiar department was Business. Mrs. Scholl’s first-year students found out typing was a lot of hard work. In Typing I, they attempted to perfect their capitalization and grammar. Speed and perfection were the skills of Typing II. Mrs. Scholl also taught Bookkeeping, where the Juniors and Seniors found "Spencer’s Athletic Goods Practice Set" a challenge. With a lot of effort and hard work, all were surprised at their own talent.

1) What’s so funny, Mr. Elliott? 2) Mrs. Scholl stands guard in her Typing I class. 3) After all those weeks of Algebra ME, Mrs. Miller still smiles. 4) Senior Math enjoys a delicious breakfast. 5) Christy Wentworth smiles at her mistakes.
Spring Fever! Baseball and Softball At SHA

The first of April brought, along with its customary showers, the start of the baseball season at Sacred Heart. The Irish team compiled a 15-7 record and as they moved through the season, both their fielding and hitting games steadily improved. Physical conditioning and discipline were the main concerns of coach Kirk Pohlman. Bill Wheat coached the J.V. squad, whose 2-6 record was not indicative of the winning effort put forth by each team member.

Bats and gloves were brought out of hibernation as the Irish girls began to prepare for upcoming months of softball. It was not long before a winning season was well under way, as the varsity, under coach Cindy Sager, entered tournament competition with an 11-5 record.

Highlights of the season were the varsity win over city rival MPHS and also the addition of a promising J.V. team to the girls program.

The table below shows the breakdown of the teams:

<table>
<thead>
<tr>
<th>Opponent</th>
<th>Guys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) Coleman</td>
<td>12-9</td>
<td>23-4</td>
</tr>
<tr>
<td>Batton</td>
<td>2-1</td>
<td>13-5</td>
</tr>
<tr>
<td>Shepherd</td>
<td>0-2</td>
<td>5-12</td>
</tr>
<tr>
<td>Real Clay</td>
<td>9-7</td>
<td>1-8</td>
</tr>
<tr>
<td>St. Stephen</td>
<td>9-6</td>
<td>9-10</td>
</tr>
<tr>
<td>Mantol</td>
<td>14-4</td>
<td>4-1</td>
</tr>
<tr>
<td>Chip Hills</td>
<td>9-4</td>
<td>7-6</td>
</tr>
<tr>
<td>St. Louis</td>
<td>10-4</td>
<td>6-4</td>
</tr>
<tr>
<td>Coleman</td>
<td>20-7</td>
<td>3-4</td>
</tr>
<tr>
<td>Shepherd</td>
<td>0-0</td>
<td>8-4</td>
</tr>
<tr>
<td>Fairwell</td>
<td>9-7</td>
<td>13-2</td>
</tr>
<tr>
<td>Chiango</td>
<td>1-8</td>
<td>9-8</td>
</tr>
<tr>
<td>Montevallo</td>
<td>13-11</td>
<td>3-30</td>
</tr>
</tbody>
</table>

1) Terri Verlege chucks another strike. 2) Another runner put out by Jeff McDonald. 3) Carol Nolan shoots it home. 4) Jim Pasche waits for the pitch.

Welcome To The Orient-Prom And Banquet '77

Eastern customs and an air of the Orient provided the theme for Junior-Senior Banquet and Prom '77. With the help of Sr. Maurita, Mrs. Scholl and Junior mothers, plans were finalized, last minute details perfected and the impossible was made possible.

Master of Ceremonies, Tim McNamara, kept entertainment rolling at Banquet as the audience viewed acts ranging from a Kung-Fu dance to the lively music of a jazz band. Good food mixed with Senior antics made all feel at home while the reading of the class will and mock elections brought shouts of approval from everyone.

On a starlit night a week later, over 40 couples danced to the music of "Summit" at Prom '77. Fierce dragons and a pagoda-like ceiling transformed the gym into an oriental garden. Emperor Mike Newman and Empress Patty Nolan added a touch of royalty to an already perfect "Night of the Dragon."

1) Chris Schafer pleasing the crowd with a drum solo. 2) Senior girls being CUTE. 3) Which do you prefer Andy-Bazooka or Bubble Yum? 4) Kim Teasley and Brian Lehmen enjoy some quiet conversation. 5) Barney Thelsen and Marty Kipnaueller as they "sit one out". 6) Arriving at Prom are Vicki Clutey and Bob Sandals. 7) Mary Ann Croll and Jim Robinson enjoy prom.
Mass Confusion, Chaos From Cor Jesu '77

All the overtimes, greasy pizzas, "do it over"'s and those pathetically funny P.A. ads magically, and to the astonishment of Mrs. Rau, finally came together to produce this book. Meeting deadlines with a minimum of pictures, recopying for the millionth time a now memorized copy, the "Why me!"'s screamed from hoarse voices at midnight, breaking pencil leads in the middle of a grammatically incorrect hyphenation, and so many other things, are now inseparable parts of each staff member. Betsy Frick, this year's editor, relieved much tension, was extremely entertaining, and finally famous as she pulled her hair out curl by curl. Tom Thering, our photographer, bravely suffered through last-minute demands for more pictures. Once it was finished, all the fights and tears of frustration seemed insignificant. We learned a lot about ourselves, and a sense of accomplishment mixed with relief made it all worthwhile.
Junior Year In Retrospect:
Tears, Heartache, And Satisfaction

The world is like a tree, it grows leaves in spring and stays nice all summer, then the leaves scatter in the fall and in the winter, the trees do not have leaves until spring comes again, but I am like you and the tree that does not lose its leaves . . .
ever---, Rose Croll

1) An important part of the Junior year, Confirmation
2) Another snooze for Linda
3) Junior girls anticipate an Irish victory.
4) No doubt who's No. 1 around here.
5) Junior spirit overpowers in the homecoming parade.
6) Look Ma, no cavities!
One Step Closer To Future Beginnings

Into the background the Junior class has placed three growing years of their lives. As Juniors, they took yet another step forward, further away from their beginnings at Sacred Heart Academy, but also a step closer into future beginnings.

"Past-the-halfway-mark" seemed a large reality as the year progressed. The Juniors learned that with age comes responsibility and that hard work brings a satisfying end. One result of this hard work was that for the third year in a row, the Class of '78 came through with a first prize homecoming float. "Humpty Dump-Em" was a conglomeration of many hours of love, sweat, and tears.
Moments Of Decision

This was a year of numerous decisions for the juniors, as they attended many class meetings and worked together with intense determination on various projects. Their efforts did not go unrewarded, however, as they saw their Oriental banquet and "Night of the Dragon," prom unfold successfully.

Religious decisions were also made, as many juniors received the sacrament of Confirmation. Bishop Reb confirmed many nervous candidates on a night they will never forget.

1) "I'm just a little ray of sunshine." 2) Linda watches the game intently. 3) Andy Thelmon: mad, yes; scientist, no. 4) The real Dave Watters. 5) Decent?

Sean Murphy
Jean Myler
Mike Neff

Therese O'Brien
John O'Connell
Tom Pasche

Deanna Phelps
Brian Quillen
Dan Quillen

Pete Reed
Chris Schafer
Lori Sheppard
Time Passes Quickly
For Junior Class

Striving for perfection in everyday classes, as well as in extracurricular activities, the juniors tackled each day with enthusiasm and zeal. They learned that their knowledge of each other was as equally important as their knowledge of books, and that a balance between the two was needed.

United States History was a class common to all juniors, and as they studied events and lives of others in the past, they also realized that the experiences and growth of their own lives would affect their choices made in the future.

Believe It Or Not
Looks Like We Made It

Four years, a time that passed so quickly for the Class of '77. One day they were freshmen, then it was time for departure—a sad leaving filled with many irreplaceable memories—remembrances of the opening assembly, a time for introducing and asserting authority over the underclassmen, the strict rules that the seniors had been taught only a few years ago. Before the seniors could fully comprehend their importance, all the activities that came with senior year were already upon them.

However, for seniors the work didn't get easier. The faculty figured that there were a few more things that the class of '77 had to learn. And did they learn! The incessant homework seemed to drag on forever. Nevertheless, before they knew it, senior year was over.

1) Doing homework the fun way. 2) Donnie and his fans. 3) "Sure beats cafeteria food." 4) Seniors' mixed reactions. 5) Making off with the goods. 6) Cathy Kirsch after plastic surgery. 7) Who says Gene Tillmann doesn't have a green thumb?
Humpty-Dumpty, Seniors, What A Great Fall!

"Humpty-Dumpty sat on a wall, Humpty-Dumpty had a great fall", and so did the Class of '77 as Homecoming awakened a new spirit in all. These leaders of the school set new records for pep points in poster competition and all-overall day.

The highlight of the homecoming parade was the Seniors' pride and joy--a double-wagon queen's float, accented by colorful flower petals. Later, the Seniors enjoyed a traditional Irish victory and the glamorous Queen's ball. All of this made the Class of '77's last Homecoming an unforgettable one.

1) Double-wagon queen's float exemplifies Senior spirit. 2) "Wee Willie Winkie?" no It's Carol Goerner masquerading as her favorite nursery rhyme character. 3) Flowers are a gift of love!
Discovering Ourselves Through Each Other

Togetherness in the Senior Hall and at school wasn’t good enough for the Class of 1977 as they discovered on their class trips.

Far away from home, at St. Clair Shores’ Christian Friendship Retreat House, the Seniors got reacquainted with fellow classmates. Through films and discussions, they experienced each other, themselves, and God in a totally new way.

At Cedar Point in Sandusky, Ohio they again learned more about each other. In one fun-filled day they shared so much: sunburned skin, upset stomachs, dizziness, laughter, screams, a crowded bus, and a memory filled 24 hours of togetherness.

Mark Hall

Chris Esch
Betty Frick

Carol Goenner

1) Too much excitement for one day.
2) Senior retreatants share a quiet moment of prayer.
3) The whole gang on retreat.
4) “What should we go on next?”

Sue Huber
Helen Johnson

Marta Kipfmuller
Cathy Kirsch
Academy Bandstand -- Talent, Tribute, Tears

A night of surprises, Class Night 1977 was a crowning achievement. With the support of the entire class, the talent came through for a fantastic show. Co-hosts Carol Nolan and Mike Bollman worked hard to provide ad-lib for unscheduled pausing and insult each other to the amusement of the crowd.

Practices began as a time for fun; a time to relax and enjoy each others’ company. However, as the night crept closer, the Seniors had to crack down and get to work. The acts consisted of corny commercials, delightful dances, spectacular singing, reminiscence readings, scatterbrained skits, and finally, a tremendous tribute to Sister Euphemia which made the whole night a real success.

1) "Shakespeare scholars" offer a token of their appreciation. 2) Chuck Wentworth sings a final farewell. 3) "Keyboard Jim" tickles the ivories. 4) Senior girls jump, shout, and boogie.
We Grew Up Together
Living Separate Lives

Days of devils, kings and clowns,
angel songs and birthday tunes.
Valentines and wishing wells,
magic stairways, moons and junes.
Silly rhymes and monkey shines,
pictures on a stage. Round and
round the records go; time to turn
the page.

Now we go our separate ways and
leave a world we used to know.
Scratchy, worn out 45's, echoes on
the radio. The tra la days are
over, those days of me and you.
Now we know that breaking up is
really hard to do.

This will be our last song together.
Words will only make us cry. This
will be our last song together.
There's no other way we can say
goodby.

1) Senior class officers, K. Meyers,
C. Kirsch, C. Ward and C. Rice. 2)
Senior girls being---Senior girls. 3)
Seniors share Communion.
Looks Like We Made It

After years of anticipation and longing, the end of senior year finally was a reality. As they experienced Baccalaureate Mass, the last time that the entire class would worship God and share in Holy Communion together, and Graduation, the seniors found that they had finally made it.

They listened to Sue Huber, Salutatorian, speaking on reflections; Chris Esch, Valedictorian, talking on projections; and guest speaker, Don McConnell, telling of the importance of saying, "I Will!" Then without realizing how the time had flown, they marched down the aisle, received diplomas, and said, "Good luck, and don't forget me before we meet again. And we will see each other again. Good-bye!"

1) "Congratulations Don, you made it."
2) Graduation—our last time together.
3) One final poem, one final laugh, one final tear. 4) Chris and Sue with their thinking caps on. 5) Seniors kick open the door to the future.
To everything there is a time to begin, to finish what has been started, and to set out anew. This book began as all things do, an idea in the mind. Yet, with time, much effort, patience and care, it started to develop and take shape. Until, finally, it was completed.

Now as we set out on new projects and turn to other ideas, we will have what we have gained from the past. For, this book, which resulted from our ideas and efforts, is part of us and its memories will remain with us forever.

Betty Erick