Is this the beginning or is it the end ...
Every year there are new freshmen coming in and old familiar seniors leaving. As one year begins another ends. What seems so important now later becomes non-existent, silly little ideas. Sometimes we wonder if they really did happen.

The laughs we did share and moods we felt now only exist in the pictures we now see. Those times, for us, have ended...
The unreasonable assignments, the detentions and all the tricks we played have ended.
For us together now, at this moment of our lives, the end is here.
But is it really the end?
For every moment passed, there is another moment coming, bringing new ideas and dreams. Faces old and faces never seen come tumbling in our lives bringing with them that which is new. Beginning of school — new classes, new teachers, new friends. Memories which linger in our hearts make it all worth while.

Is this the beginning or is it the end?
Look deep into your own heart . . .
I need no eyes to see it
nor ears to hear it
for it responds to me.
I need no dance to music,
not to read a book,
or even fun in halls.
for days are ever different
just as people are in school,
understanding... to achieve...
to be changed for the best
school life is a part of me
and me of it.
I now give to school my life
so it can later give to me.
The Administrators Have Something to Smile About — Success!

Looking at all the honors earned this year not only the students should be congratulated, but also the administrators. They were the ones who kept urging us on, helped us meet our goals, and instilled a sense of unity and pride. They were there when help was needed although not everyone sought individual help.

Mr. Surles, our principal, gave us responsibility and respect for ourselves. Mrs. Cotter, secretary, was more than happy to listen to us even when busy. Mrs. Featheringham always found a bright spot in what we hated and a good reason for continuing with it as our counselor. Father Thome and Father Yaroch helped make God a part of school.
A Religion Class Might Just Save Your Soul!!

Religion is people — and a way of life. Understanding the environment and developing Christian attitudes were our main goals. To help us achieve these goals, were Sister Diane, Elaine, Louise, and Lucille. Mrs. Fredericks, Fr. Susalla and Fr. Thome also taught. The future started becoming today.

English class was a time of novels, foreign dishes, short stories, non-fiction, mythology, and publications. Many different courses offered gave the students a chance at wide-range English programs. Taking time out to look at the knowledge gained — it was worth it.

English Class at S.H.A. Ain't All That Bad!!

Whether it's Government, History, Geography, or Consumer Economics it's the world. All of these subjects taught, deals with everyday happenings whether it's through history, current events, stocks, or our government. One important event of this year was a mock campaign and election from Mr. Devlin's Senior Government class. The results were fairly accurate compared to the real elections.

Mr. Howards' classes consisted of U.S. and American History, in which he tried to relate what happened then, to what is happening now. With government, it's hard to say.

Sister Louise's Geography Class concerned itself with longitudes, latitudes, and sections dealing with weather, land, and countries.

Several Mathematics and Science Classes —

1: Sr. Lucille shows her "Hey, that was cute" smile. 2: Mr. Kuiper lends a helping hand to one of his students. 3: "Now he can't cheat," thinks Mrs. Allen. 4: "I'm going to throw this pen at you any second," says Sr. Diane. 5: "Fruit flies are more interesting than seeds, Sr. Elaine."

All Assets to Us!!

The Mathematics and Science Departments were all a question of theories and problems. With the help of Sr. Elaine, Sr. Lucille, Sr. Diane, Mrs. Allen, and Mr. Kuiper these two combinations added a touch of understanding to the basic formulas. Of the classes taught, a few were Trigonometry, Physiology, Chemistry, Algebra, Geometry, Ecology, Conservation, Biology, and Health. Sometimes Sr. Elaine did not know who was more attentive — her students or Algernon, the guinea pig. With all of her plants and animals her room became more of a jungle than a classroom. Mrs. Allen's classroom was plagued by less heat and the stomping of lightweighted feet from above.
Keep Your Eyes on Copy — Now Begin . . .

... s ... d ... f ... sound familiar? Well, that's how many of us started this school year. Mrs. Scholl had her hands full with all of her business classes. Throughout the day either the snapping of keys or the clicking of brains could be heard.

By trial and error we found those little keys and learned all there is to know about bookkeeping, and the end result ... well, you know how it goes - "if at first you don't succeed, type, type again."

Debate and Forensics: Great Clubs of S.H.A.

1: Mrs. Scholl answers a question for Colleen in bookkeeping. 2: Mrs. Scholl explains to Nancy the method of entries. 3: The book work involved is unbelievable! 4: The important part of Forensics is listening to and helping each other. 5: Patty Nolan the only one aware. 6: The observant always wins. 7: Members of Debate are Bruce Walker, George Stogner, Betty Fritz, Mary Brandell, Vicki Clau- ley, and Ann Brandell.
The Perfection of a Language, Latin

This year was an eventful one for the Latin Club and its members. The Club consisted of students from Latin I and II. The enthusiastic first-year members, led by Sister Euphemia, wrote a letter to the local newspaper commenting on a "Latin is Alive" article. The second year members were able to make an over-night trip to Hope College for a Latin Convention. The Latin Club also held a very successful mixer, which provided the majority of the funds for its activities. The highlights of the year were the Christmas party held in the basement of the Convent and, of course, the Latin Club Banquet which took place at the Nolan home.

Musical Talents Flourish at S.H.A.

"C'mon people — don't be ugly," as Mrs. Hughes' famous words sound from behind the door of Room 209. Students line up to throw away their gum and the walls of third floor brace themselves. Mrs. Hughes, having shown her patience and skill in Chorus Class decided to take on a few more adventures. These included Special Chorus, Girl's Ensemble and Madrigals. The groups made their debut at the Christmas Assembly showing their Christmas Spirit while leading the student body in wishing everyone a Merry Christmas. Through Mrs. Hughes they proved their talents are something that everyone can be proud of.

1: Special Chorus Class "Repeat the Sounding Joy" of Christmas. 2: Under the direction of Mrs. Hughes, mouths are opened, "I'll" are pronounced and music transforms our gym into a musical winter wonderland. 3: A rare pose of Mrs. Hughes; chorus isn't just singing.
SHA Teachers at Their Lightest Moments . . .

1: "What evil lurks within the mind of Mr. Devlin?"
2: "Ooh, you did it, now you're gonna get it!"
3: NAD — a success!
4: Will the prosecuting and defending attorney's please approach my card table?
5: "Where did Sister go this time?" asks Mrs. Scalf.
6: Sisters were caught in the act of having fun.
7: We love you, Mrs. Dieterle.
8: Mrs. Featheringham, the defendant, had NO School Spirit.
9: Coach Powell says, "It might not be football, but we're 81.
10: "I solemnly swear . . ." says Mrs. Scholl to Judge Kuiper.
Yearbook. It sounds so simple, but when you take over this job you take the whole school of Sacred Heart with you. I wanted it to mean something and be "felt" by the students. I would like to extend a big thank you to both Mr. Courtright from House of Portraits and Mr. Hawks from Guys and Dolls. Without their service of photography this yearbook could never have been possible. Another thanks goes to Mr. Surles and Mr. Pesano who made this book a reality. Mr. Devlin and Mrs. Bartelt, my advisors, were always there when difficulties arose. The most important thanks goes to the Cor Jesu Yearbook Staff who helped in every way that they could. Even though all did their part there were a few who worked a little bit harder and longer. Thanks Barb, Gayla, and Chris. If I might have forgotten anyone I'm sorry, but I hope you know I really do mean thank you.

One last thought — this book is for you and about you — save it — read it and maybe one day it will even bring a tear to your eye — to know that these days are gone forever and all you have left is this book and memories. Take care...
Something to Believe in . . . Both SC and NHS

This year the Student Council made more of a name for themselves where it counted. First, there was the candy machine which many of the students and even some teachers themselves favored. Second, the exchange days with both Saginaw St. Peter and Paul and Bay City All Saints. Bay City had something in common with us this year. They were State Champs also. Other activities sponsored and organized by the S. C. were Super Star-Super Team Day, the field trip at Island Park and Christmas caroling. The 1975 officers were Pres. Sheila Butters, V.P. Dick Forton, Treas. Barb Pasione, and Sec. Carol Goerner.

The National Honor Society gained momentum with a few more members than years before. The officers were Pres. Mary Beth Brandell, Vice-Pres. Pete Cotter, Tres. Ann McDonald, and Sec. Mike Milan. The new members were inducted during a Sunday ceremony and a mass.
A Trio of Kathys Reign During Homecoming '74

You, in later years might ask yourself, “What do I remember about Homecoming 1974?” Here are just a few answers: the announcement of Kathy … Kathy … and of course Queen Kathy, the snake dance and all of its injuries, the almost all night float stuffers, the skipping of classes to finish the floats, the assembly skits, the clowns, past queens, St. Peter and Paul Marching Band, the presence of elves to give the Toyland Parade an added touch, the outstanding victory over Ashley (59-0), the crowning of Queen Kathy Shook and presentation of the court, the kisses, the roses, the mixer, dancing to the sound of “Nash” in a crowded gym decorated with balloons, toys and lollipops, and finally the last song and the last of … Homecoming '74.
A Winter Night, Full of Laughter, Soon Became Many Magical Memories.

I-Hop '75 brightened the dreary winter days for many SHA students and their dates. The first formal dance of the new year holds many good memories for the brave girls who "finally got the nerve" to ask that boy they'd had their eye on for months.

Over fifty couples battled their way through the cold and snow to the Mt. Pleasant Country Club for a fun-filled evening. Music provided by "Lickey-Split" and a crackling fire greeted the dazzled couples.

Food, dancing, and just talking entertained all the couples until late in the evening when a few "Cinderellas" had to be getting home and a few others were just too tired to move from the comfy sofas. But all too soon I-Hop was over and all that was left was childish memories of a "Hansel and Gretel" evening.
Saturday in the Park

Prom. A time when either getting all dressed up seems all worth the trouble or not worth the trouble. This year prom was all worth it right down from the tractor pulling contest at Dan Wards' house before to Prom at the University Center Ballroom. Since the location was different than other years "Saturday In The Park" seemed like an appropriate theme. The Juniors did a fantastic job on decorations and food that all seemed to vanish before the night was even over. But doesn’t everyone need something to remember Prom 75.

1: Harry and his date reflect upon the night’s happenings. 2: A break in the band playing gives Dave, Teresa, Helen, Dave, Steve, and Jackie a moment to chat. 3: A tax and satin — that’s what Prom is all about. 4: Kevin and Minn try some of the snacks prepared by the Juniors. 5: Dancing takes little movement in those long dresses.
Spirit and Pep Club Was a Part of State Too!

This year's Pep Club was led by Pres. Colleen McNamara, Vice-Pres. Sheila Korn, Treas. Betty Frick, and Sec. Kathy Shook. They began their year by selling ribbons that helped to fill the hearts of everyone. Together they unified the student body and held their spirit high as we fought our way through tournaments.

As you enter the school every morning you are aroused from your daydream by the rowdy cries of our super cool Pep Club. Of course you don't have to be a member to be rowdy!

"Our Team Is So-o-o Big" That's Why We Are No. One

When six girls get together there is bound to be a lot of bubbling spirit filling the atmosphere. And that's exactly what happened when Captain Jennifer Hall, Mary Sheppard, Kathy Quinnlan, Jackie Jones, Debbie Cluley, and Dody Kostrzewa started their long summer practices.

It all began when we took third place at camp, then returned to school to spread spirit throughout the student body. Our excitement exploded as our basketball team took state. Varsity Cheerleading with all of its laughs, skills, practices, fights, and tears, shall always be treasured in our hearts.

1: For us, only the best; number one! 2: The shouting and rowdy voices was all worth it. 3: Never a moment of silence for our rowdy Pep Club!

4: Mary Sheppard's fired up! 5: Varsity Cheerleaders (l to r): Debbie Cluley, Captain Jen Hall, Jackie Jones, Dody Kostrzewa, Co-Captain Mary Sheppard, and Kathy Quinnlan. 6: Kathy Quinnlan tries to say it all. 7: We've got a number (it's "Yip")
Cheer, Brother, Cheer!
Hey! Everybody Cheer!

The J.V. and freshman cheerleading squads started the year with a lot of pep and spirit. They led the faithful Irish followers in many rowdy cheers and chants.

Captain Helen Johnson, Debbie McCann, Patty Nolan, Carol Goerner, Cindy Richmond, and Linda Shook composed the crazy J.V.'s.

The freshman six were; Captain Shellie Lannen, Sue Mankowski, Patty Goerner, Diane Murphy, Amy Kostreza, and Christy Wentworth.

Among their many adventures for the J.V.'s were: going to camp, having many car washes, selling candy, arranging mixes, thinking up super skits, and practicing, practicing, practicing.

The freshman many moments were spent baking for bake sales, enjoying bus rides to the games, and becoming closer friends.

Every game was filled with their loud cheering and endless support of their teams. This was displayed through laughing, screaming, crying, hoping, jumping, yelling, and praying.

All their hard work definitely paid off in the end with a victorious team, exuberant fans, and finally with the satisfaction of knowing they helped make it happen.
Striving with spirit...reaching the pride so well
earned,
played with magical skills
compete to be one,
accomplishments, disappointments,
visitors new and hometown
faces
enchanted crowds in unity—all for one to be one.
Crisp November football, stuffy
gym basketballs, sunny rosin
baseball, muddy April shotguns
and fallen hurdles.
Competing to be one
all for one.
"Hey Ho" Irish Go 9-0

The "key" to the success of the Irish this year was a combination of desire and determination mixed with sweat. Hard work and a good attitude enabled the "Big Red Gridders" to compile nine straight victories.

From the moment the Irish smashed the sled in practice, they knew they had something special. It is the dream of every football player to be on an undefeated team and the Irish were thankful for theirs.

The Irish were full of talent this year and several players were honored. Doug Bunting and Ed Carey were selected to the All-State team. Doug Cepford and Bill Myler were selected to the Saginaw All-Area team along with Doug Bunting and Ed Carey. Pete Cotter received an honorable mention.

Not having a conference gave the Irish one target—an undefeated season. The Irish were rated high all year long and finished third in the final UPI poll. But, ask any player who the number one team is and they'll tell you "The Irish."
An Experienced Team Dissects Opponents!

Young J.V. Team Has a Tough Luck Season.

A small, inexperienced, group of 15 freshmen came out for football this season and with the odds against them, took on a series of larger and more experienced opponents. Their season consisted of teams that were predominantly sophomores who had at least one year experience behind them. Added to this was the fact that due to their small number, most of the players had to play both an offensive and defensive position.

The result was a winless season for our freshmen. The players did gain valuable playing experience and through the efforts of the two coaches and the players themselves, the future appears optimistic for our Junior Varsity football team.

1: Dave Yurik gets ready for a clean up. 2: Coaches John and Roger Rogers watch "Little Red Machine." 3: Irish converge on Aggie runner. 4: Front Row (L. to R.): Joe Horan, Pete Reed, Mark Francetic, John Bigard, Perry Stancato, Rob Litthacker, Don Quillen, Don Klein. Second Row: Coach John Rogers, Dave Yurik, Andy Theisen, Dennis Cruz, Terry Baumert, Tim McNamara, Mick Strauss, Dan Verway. Coach Roger Rogers. 5: Dan Verway comes off field.
These Guys Streaked While Fully Clothed

Golf — an Added Touch to the Lowest of Scores

Both golf and cross country this year had good records. Most of the members are underclassmen. This may seem like a disadvantage, but the boys have the talent and in a year or two will have the experience and experience is a factor in winning meets.

Some of the outstanding upperclassmen in Cross Country are Bernie Neff, a senior, and Bill Lannon, a junior. Bill took first in the Porterville Invitational, a second in Regionals, and a fourth in State Finals. Bernie was very successful in his meets also.

The Golf team was coached by Denny Kuiper. Their record was a winning one although they lost in District action. A few of the outstanding golfers were Bill Brehm, Kevin Doerr, and Mike Brehm. Since they will lose no members to graduation they should be even better next year.

1: Bill Lannon and Bernie Neff lead Cross Country team as usual. 2: That's what Cross Country is all about — running. 3: Members of the team are from left: Coach Ron Pikes, Mike Neff, John Westbrook, Gary McDonald, Jim Tilmann, Chris Roche, Chris Milan, Bernie Neff, Bill Lannon, and Coach Jerry Sinkle. 4: A familiar pose of Coach Denny Kuiper. 5: Kevin Doerr and Jeff Francetic aren't going to golf in those clothes are they! 6: Members of the Golf team are: Jeff Francetic, John O'Connell, Bill Brehm, Mike Brehm, Pat Shehan, Mike McCormick, Mark Francetic, Steve Baumann, Bob Lukens, and Brian Kornesi.
Spirit and Talent Combine for Girls’ Success

Girl's basketball had a fantastic season this year under the direction of Coach Barbara Allen and assistant Roger Faubles. The spirit and team work were key items in the winning of many games. After the victories, enthusiasm poured forth from numerous screaming voices. Cries of are you happy? Yeah! H-A-P-P-Y filled the spirited air.

Sad faces were a familiar sight when a hard fought game ended in defeat. Regardless of the downfall, the Irish cagers always sprang back with excessive determination. The number of spectators increased along with the Irish victories. The teams gave the fans a show well worth going to see. By the end of the season a 7-5 record was achieved, led by senior experience. While in tournaments the varsity managed to reach the district finals, but lost to a tough Fowler team.

The J.V.'s sparked by their overall team efforts pulled out another winning season with an 11-1 mark.

1974 GIRLS VARSITY BASKETBALL SEASON

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TOURNAMENTS

| 37    | Beal City |
| 34    | Fowler   |

A Dream for Others — a Reality for Irish

STATE CHAMPS! The impact of those two words was not immediately felt by the Irish Basketball Team. The full impact of those words will probably be felt in a few years when the players look back on their achievement. They will realize how truly great it is to be part of a state champion team.

Mt. Pleasant was called the “City of Champions” because both Mt. Pleasant High and Sacred Heart were in the state finals not to mention Central Michigan University in the NCAA tournament. March Madness certainly did rule the town and the support of the entire city was felt by the team.

Sacred Heart was rated about sixth all year long and met the number one ranked team in the semifinals. The Irish disposed of Detroit East Catholic in a close battle and cruised by Allendale in the finals with a ten point victory.

Dave Simons was a member of the first team All-State Team and Bill Myler was selected to the All-Tournament Team.

Good job Coach Kuiper and team. We’re proud of you!

1: Did someone say Irish? 2: Bill Myler shows jumping ability and hits for two. 3: Doug Bunting sails through the air for routine lay up. 4: “Bouncing” Bob Moran shows his dribbling style. 5: “Pistol” Pete Cotter exhibits perfect shooting form. 6: Dave Simons out manuevers an opponent for two points in district action.
### TOURNAMENTS

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### Scores

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1: Coach Kuiper confidently surveys his charges. 2: Dave Somerville climbs into sky for easy bucket. 3: State Champs from left: Coach Dennis Kuiper, Steve Baumann, Mike Milten, Kevin Doerr, Bill Myler, Pete Center, Dave Simonis, Dave Somerville, Doug Bunting, Joe Brandell, Bob Horan, and Tom Nolan. Missing was Bill Breth. 4: Rob Horan sure has something to smile about.
The Irish J. V. Basketball team was plagued by inexperience and a schedule of tough competitors. They fought their way to a respectable 6-14 record. The record is rather misleading, however, considering that many of their losses were by only a few points. A person would have had to see the team play to appreciate their spark and drive. The Jayvees' play, showed that they have potential. Who knows, they might be state champs in a year or two.

The freshmen basketball team won only once this year. This can be explained by the fact that many of their better players were playing on the J. V. team. The majority of the games were close and were not decided until the final few minutes of play. The freshmen players were not an extremely large team yet they made up for it with hustle. The little Irish team showed the characteristics of all Irish teams: desire, hustle, sportsmanship, and above all, a healthy attitude. Give these guys another couple of years and you'll see them develop into a fine basketball squad.

1: Dave Murphy tears down a rebound with help from Barney Theisen. 2: The J. V. team from left are: (Front Row) Manager Mick Strauss, Tom Pachy, Dave Cascarella, Gene Tillmann, and Mike Bolman. (Back Row) Gary McDonald, Dave Murphy, Barney Theisen, Terry Baumann, Gary Lobinger, and Mike McCormick. 3: Mike McCormick gets ready to drive around opponent. 4: The J. V. Coaches, Randy Morris and George Terrill, look on. 5: The Freshmen team from left are: Manager Jim Minster, John O'Connell, Pete Reed, Joe Horan, and Joe Fox. (Back Row) Mark Francetic, Bob Lukens, Van Verway, Tim McNamara, Dennis Cruz, and Andy Theisen.
Baseball — We Always Know Who Lost the Game

The 1975 baseball record proved to be a winning one as the Irish men showed their opponents their strength and determination. Coach Powell instilled enough spirit to bring and keep the team’s rating in the Top 10. A rating that other schools would never make.

A winning record takes three supporters the pitching staff, the hitting power, and spirited spectators and the Sacred Heart Irish team had all three. But then again you can’t have one without the other two here at SHA.

Bad weather didn’t seem to depress the players as playing conditions dampened everything, but their spirit. Even the last game proved to be one of the best when it came to performances. I guess you can say it’s performance that counts.

1: Coach Jim Powell looking over his team and theirs too. 2: It looks like a ball in Kevin’s mitt. 3: STRIKE! It should have been a home run. 4: Members of the team are (Front Row) Dick Forsen, Dave Klumpp, Bob Horan, Jim Hartman, Tom Nolan, Mike Hutchins, Mike Milan, Bob Rasmussen. Dave Somerville. (Back Row) Coach Brad Horan, Pete Cotter, Doug Bunting, Mike Thering, Bob Thering, Bob Graham, Mike Grinzinger, Kevin Doerr, and Coach Jim Powell. 5: First baseman Tom Nolan makes a catch for an out.
Jim Powell — His Teams Are Guys Who Know How to Win in the Beginning and Also in the End

1: Rob Horan takes a swing and gets a double. 2: Cub is ready and waiting. 3: And there it goes! 4: The members of the I.V. Baseball Team are (kneeling) Jim Traier, Gene Tillmann, Don Klein, Joe Fox, Rob Linderback, (back row) Coach Dan Rollman, Andy Theisen, Barney Theisen, Mike Rollman, Perry Stancato, and Tom Pasche. Some were missing when photo was taken. 5: A pose to show Bob's power—two bats. 6: "The Lead Off." 7: Who cleans house for this ball club Chip and Dale! 8: There's where all the strike outs came from.
Motivated by spirited work, teamwork, and a lot of talent, the 1973 track team turned out to be one of the most successful in this school's history.

Coached by Kevin Groth and Bill Taylor, the Irish won the Farewell Invitational and Regional Meet, and advanced to State Finals. In the Chip Relays, the Irish again were able to excel and show the other teams just what competition was all about.

Only one thing can insure an outcome and that is hard work. This year especially, every team mate gave his all during practice and that was two hours a day, five days a week. They deserve what they won.

1: Members of the track team are (front row) Chris Natzel, Jim Tillemann, Jeff Francetic, Steve Yurth, Mark Francetic, Mike Neff, Pat Johnson, Mark Condon, Bill Lannen, Bernie Neff, Coach Bill Taylor, Dennis Cruz, Joe Brandell, Jeff Jackson, Mark Leisher, Kevin Hill, Dave Simmons, and Coach Kevin Groth. 2: Jeff Jackson who placed fourth in state in the long jump at 20'11" takes a leap. 3: Steve and what you might call determination. 4: The short crop of hair made Bill run faster. 5: Mark Leisher takes a flying jump. 6: Dave ahead by a foot? 7: Bernie you still have one more time around.
Girl's Take on More Action, Teams, and WINS

The girl's teams fared well this year in Volleyball, Softball, and Track. There were more girl's out which made it even more worthwhile. The Volleyball and Softball teams were coached by Barbara Allen and came up with some pretty good wins. Many of the softball games were called by bad weather, but this did not discourage the young team.

The Track team was coached by Linda Talbot assisted by Mary Roberts and Connie DiBartolo from Central. One new activity added this year was the women's participation in the Chip Relays. This proved quite an eventful day concerning the girl's events. Some outstanding runners were: Debbie McCall in the two mile; Chris Pohl, long jump; and Carol Goenner. One interesting fact — most of the team was sophomores and only one senior. They'll miss her. Her name, Barb Pasioneck.

1: Members of J.V. Volleyball team Back Row (L. to R.): Betty Erick; Betty Sowle; Anne Brandell; Lori Sheppard; Mary Ann Crotts; Mrs. Barb Allen. Front Row: Michelle Famana; Patty Goenner; Christy Wentworth; Nancy Theisen; Deana Phelps.
2: Members of Varsity Volleyball team Back Row: Janet Milligan; Robin Greene, Cathy Kirch, Christy Vincent. Front Row: Joan Vogel, Tammy Cashen, Carol Rice, Kim Detling. 3: Deana Phelps shows her mighty strength as she serves a powerful volley.
5: Carol Rice takes it easy before a rough track practice.
7: With Theresa Cotter's wind up the opponents don't have a chance.
Take a look at me today for you will not know me tomorrow.

What you see is only one face of many.

Adjusted only to be dissolved.

He dies so that I may go on living and changing and showing more faces.

It is a pleasure to share this face for it may live longer than I.
Freshmen Become a Part of S.H.A.

We came here last fall and found ourselves freshmen in high school. At first we didn't know where to go or what to do. But with a little help we learned what was expected of us as freshmen and we soon felt at home.

As freshmen we have shown all our spirit at school activities the highlight of the year being our first place homecoming float. We've made it through our freshman year. And we know that all the good times we've had with all the good friends we've made are a sample of what's in the future for us.

#1 is what we rate,
We're the class of '78!
Everlasting Friends
We Share Our Dreams

Carol Huber
Karl Kipfmuller

Tom Klein
Amy Kosczewa

Jeanne LeLonde
Shelli Lannen

Jean Lawrence
Bob Lukens

Sue Markowski
Gary McDonald

Mary Beth McCuire
Tim McNamara
Jim Minster
Sean Murphy
Diana Murphy

Jean Myler
Mike Neff
Theresa O'Brien
John O'Connell
Tom Pasche

Deanna Philips
Brian Quillan
Dan Quillan
Mary Reed
Pete Reed

1: Sue and Nancy pray the Irish on to victory. 2: "C'mon, C'mon!" says Patti Thering in a tense moment. 3: Tim McNamara and Karl Kipfmuller rev up their Big Red Machines. 4: Freshman attendant Jean Myler adds to the beauty of Homecoming.
'78 Is Super Spirit —

#1 Is What We Rate!

1: Karl has that certain "look" in his eyes. 2: Freshmen class officers on the way up — Jean Myler, pres., Patty Geenmer, vice-pres., Joe Horin, tres., and Annie Mundell, sec. 3: Therene O'Brien takes a sip of the brew while serving the Homecoming Dance. 4: Dennis Cruz is astonished as Andy Theisen surveys the situation further. 5: The big mouths of Donna Frames and Dian Murphy are put to good use. 6: Freshmen fans caught in a tense moment as they cheer the Irish along.
Soph’s Got Soul . . .
Wow! We Let It Go!

Being a sophomore brought new hopes to many of us — to some the happiness of ending that first frightening year, to others it brought the dream that Senior year wasn’t too far off. Being a sophomore also left us with a lot of good memories — pushing the freshmen around, the excitement of learning together, and the realization that you can accomplish something as a class.

Throughout the year soph spirit remained high in yelling and poster contests. Soph participation also soared as we finally began to realize that there is a place for us at SHA. The sophomores held a very successful card party for the parents and students alike.

As sophomores we were getting to where the action was, inching our way towards Senior Hall.

Yes being a sophomore is a unique and happy experience. And it’s one the class of 77 will never forget.
Memories Are So Beautiful,

They Will Remain Forever.

1: Carol Goenner reads again. 2: Homecoming '74 will always hold special memories for sophomore attendant, Karen Deni.
3: Sophomore fans show their mixed emotions. 4: The crowd goes unrecorded, for the activities are overwhelming.
5: Jamie Milan dreams of a victory; Karen Deni prays for one.
Happiness: Being a Sophomore

Mike McCormick
Janet Milligan
Chris Milan

Jamie Milan
Kathy Myers
Cheryl Nitzel

Carol Nolan
Patsy Nolan
Sandy Pangled

Chris Pohl
Carol Rice
Cindy Richmond

Mary Rocheleau
Michelle Shepard
Nick Spence
George Stengren
Kim Teasley

Barney Theisen
Gene Tilman
Jim Trainor
Chris Veit
Krisl Vincent

Joan Vogel
Bruce Walker
Chris Ward
Kathy Ward
Chuck Wentworth

1: Debbie McCann dreams the hour away. 2: Chris Veit and Teresa Andres cheer the team on at the victorious homecoming game. 3: Our second float proclaims: "Irish Slide on to Victory." 4: Don Aiken listens to a hair-raising tale.
"The Sweeter Memories"

Yesterday, today, and tomorrow, each bringing us something special. As our third year in high school comes to a close, our hearts are filled with many memories.

Yesterdays memories are of watching a football game in the rain, our first homecoming, and the feeling of being united. During the past years we've shared many good times and bad times, found answers to many questions, and watched our dreams become realities.

Today's memories are filled with sunshine and the excitement of going to state! It's a time of feeling strong, not being afraid to reach out and help someone. Realizing that we've only one year left, we begin to look deep inside ourselves for who we really are, and where we want to go.

Tomorrow's memories are still a mystery to us but we are not afraid because in the morning of our life and the evening of our day we shall try to understand in what you say.

1: Jen Hall tells Mary Sheppard to erase THAT mistake, quick, before Mrs. Scholl sees it. 2: Jackie Jones flashes a bright smile, during an exciting weekend. 3: Joe Brandell sneaks a peek, as Mrs. Fredericks goes over the assignment with Mary Kiplinger. 4: R-O-W-D-I-I-E, juniors sure know how to get rowdy!
Spirit: a Special Way to Express Unity!

1: Our Junior guys look so "airy" nice. 2: Dave Klump limits someone a message on the wall. 3: Robin Greene and Dave Murphy show their #1 "bigmouth" style.
1: Don't you hate it when people don't pay attention at assemblies.
2: Sue McDonald wants everyone to know that the Irish are #1.
3: Junior Class officers: Pres. Mary Kiplinger; Vice-Pres. Cathy Ahlers; Sec. Sue McDonald; Tres. Jeff Francetic.
4: Bill Myles always did have dreams of being a mad scientist.
5: Homer, Harvey, and Howdie: "The Rough Guys".
6: Jim Powell must have a sweet tooth.
Love is done when love's begun
and so it is with life.
hello, too soon forgotten
goodbyes:
yellow
dimensions turn fuzzy—
little wind seeds blow away . . .
start again like Seniors
young adults . . . old kids
Senior kids . . . Senior Citizens
high school days an life begins
tears vanish with smiles
taking away touch . . .
but leaving memories.
From Start to Finish #1

Seniors, it seems so distant a goal, but now we're graduates and we can look back and remember all that it took a class of 53 to make it. From the unheated skits to the Pep Jug all three years, from the nights of disorganized practice to the one altogether Class Night, from parties to Higgins Lake, from championships to championships, from H. C. to Prom, and last of all from graduation to 5:00 A.M. The laughing and crying made it all worth the time and effort. We gave so much of ourselves that we will miss, yes miss, our friends and S. H. A. They may be able to take that much from us, but no one will ever be able to take OUR MEMORIES. We love you and that's All We Know!

Denise Ahlers
Betsy Battinck
Jenna Beards
Becky Boettner
Jim Bathman
Mary Beth Brandel
Doug Bunting

John Bush
Sheila Batters
Jim Campbell

Ed Casey
Mary Jo Carsee
Dan Condon

1. Jim, Dave, Mike, and Pete really showed what the Senior Spirit of football is all about. 2. OUR SENIOR REPRESENTATIVE: Tracy, Kathy Quintan, Kathy Shook, and Kathy McDonald. 3. Queen Kathy Shook and her escort Mike Klein take time out to pose for pictures before a night of dancing. 4. Doug and Bernie prove that there is more to a game than just winning.
A Part of Us — That Will Always Be.

1: The wit that told us what the “Senior Guys” were really like. 2: is it the beginning or is it the end? 3: The moment that was so special to not one, but three. 4: Hey Jim, are the Irish that patriotic or just you?
Who Needs Words?

Expressions Say It All . . .

Kathy Quinlan
Bob Raittson
Kathy Shook
Dave Simons

Dave Somerville
Mike Thering
Jim Timm
Julie Torpey

Sue Traimer
Dan Ward
Terri Webster

Dave Wentworth
Denise York
Jack Zeneberg
Saying Goodbye, Good Luck,

and a Job Well Done
A Tournament Tribute
In Memory

DAVID MICHAEL HENRY

February 4, 1955 — May 29, 1975

WHEN THROUGH ONE MAN
A LITTLE MORE LOVE AND GOODNESS
A LITTLE MORE LIGHT AND TRUTH
COMES INTO
THE WORLD
THEN THAT MANS LIFE
HAS HAD MEANING . . .

— Alfred Deip

We should all be grateful. Happy that Dave touched whatever part of our lives with his. We were so very lucky to have him. Although we're grieved to see him pass we should realize our good fortune to have known him. Through his and our love we can bear burdens and live.