

Rotary Student of the Month

Congratulations to Helen Montross, who was selected as the Mt. Pleasant Rotary Student Citizen of the Month for February 2026. Students who exemplify Rotary's motto of "Service above Self" by being involved in school, community, religious or civic affairs are honored each month during the Rotary luncheon. Helen is the daughter of Jim and Julie Montross. She has a heart to serve and is intelligent, athletic and driven to succeed.

Helen maintains 4.05 GPA while dually enrolled in college and AP classes. At the end of this semester, she will have earned nearly 30 college credits. Helen has been actively involved in many school organizations and athletics throughout her high school career, as well. She is the vice-president of Student Senate and a member of several school clubs including National Honor Society, Key Club, Language Arts Club, Model UN, Green Club, Pro-Life Club, and Chief Editor & Design of the School Yearbook Committee. Helen also plays travel hockey and is a member of the Sacred Heart Academy soccer team, where she is team captain.

In addition to Helen's dedicated involvement in school, she actively contributes to our community, earning nearly 200 service hours to date. Helen's volunteer commitments include tutoring her peers at the school's Academic Resource Center as well as assisting at vacation bible school, Clothing INC., and SHA volleyball camp. Helen has also volunteered as a youth soccer referee through Mount Pleasant Parks and Recreation, as well as helped in the concession stands for the Mount Pleasant little league and at Sacred Heart. She regularly volunteers at her church, Mount Pleasant First Church of the Nazarene on the technology team.



Above, Helen is pictured with her father, Jim Montross, and her grandmother, Rose Mary Montross, at the February 16, 2026, Rotary Awards Luncheon.

Upon graduation, Helen plans to pursue a degree in Criminal Justice/Mathematics and continue her ice hockey career at the collegiate level. Keep reaching for the stars, Helen. God has great things planned for you!