

SHA October Lunch Menu 2026

Monday		Tuesday		Wednesday		Thursday		Friday	
						1 Mini Corn Dogs Vegetarian Beans Fruit Choices Milk		2 Cheese Pizza Pepperoni Pizza Romaine Salad Fruit Choices Milk	
5 Chicken Patty Sandwich Green Beans Fruit Choices Milk		6 Pretzel Dog Fresh Carrots Fruit Choices Milk		7 Mini Pancakes Sausage Links Hashbrowns Fruit Choices Milk		8 1/2 Day No Lunch		9 1/2 Day No Lunch	
12 Mozzarella cheese Sticks W/ Marinara Sauce Cucumbers Fruit Choices Milk		13 Meatball Sub Grape Tomatos Fruit Choices Milk		14 Teriyaki Beef Dippers w/ Fried Rice Peas Fruit Choices Milk		15 Walking Taco Black Beans Fruit Choices Milk		16 Cheese Pizza Pepperoni Pizza Romaine Salad Fruit Choices Milk	
19 BBQ Rib Sandwich Vegetarian Beans Fruit Choices Milk		20 Italian Pull Apart Bread W/ Marinara Sauce Fresh Carrots Fruit Choices Milk		21 Waffles Egg Omelet Hashbrowns Fruit Choices Milk		22 Pasta W/ Meat Sauce Garlic Toast Green Beans Fruit Choices Milk		23 Cheese Pizza Pepperoni Pizza Romaine Salad Fruit Choices Milk	
26 Chicken & Cheese Quesadilla Cooked Carrots Fruit Choices Milk		27 Meatloaf w/ Roll Garbanzo Beans Fruit Choices Milk		28 Popcorn Chicken Bowl W/ Roll Corn Fruit Choices Milk		29 Cheesy Bread W/ Marinara Sauce Celery Fruit Choices Milk		30 Cheese Pizza Pepperoni Pizza Romaine Salad Fruit Choices Milk	

Daily Entree

- 1) Chicken Choice - Fruit, Vegetable, Milk (Monday thru Thursday)
- 2) Pizza slice - Fruit, Vegetable, Milk
- 3) Chef Salad - Fruit, Vegetable, Milk
- 4) Turkey, Bacon & cheese Sub - Fruit, Vegetable, Milk
- 5) Sunbutter & Jelly (When product is available)- Fruit, Vegetable, Milk

This institution is an equal opportunity provider.

