

The Mountain Town Rehab 5K is scheduled for Thursday, October 20 at 5:30pm. The run/walk course includes the Mill Pond Park trails and will start and finish at Mountain Town Rehab. All proceeds from this event will benefit the Denise Terwilliger Care Fund to help in her fight against cancer. Denise and her family are parishioners at Sacred Heart. Denise and Mike have four children; Riley (SHA '15 alum), Hadyn (SHA 11th), Anna (SHA 7th) and Karis (SHA 2nd). Denise is a school board member for Sacred Heart Academy and Denise and Mike have been very involved with the SHA Athletic Association.

Mark and Sue Stansberry of Mountain Town Rehab have pledged matching funds up to \$1,000. If your business, organization, or family is interested in matching funds raised, please contact Mary Lee Humphreys at [mlluce@aol.com](mailto:mlluce@aol.com) or Kristina Lilly at [kristina.lilly@gmail.com](mailto:kristina.lilly@gmail.com) or Mountain Town Rehab at 779-2920. Registration forms will be available at Mountain Town Rehab, at [www.mountaintownrehab.com](http://www.mountaintownrehab.com) and will be sent home in SHA Friday folders.