

FALL SPORTS 2017

**CROSS COUNTRY
FOOTBALL
GOLF
VOLLEYBALL**

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(August 8, 2017) The MHSAA would like to congratulate Sacred Heart Academy High School for receiving no negative officials reports of concern, ejection, or sportsmanship during the previous school year. [This] is a credit to your student-athletes, coaches, administration, staff and community for demonstrating such positive sportsmanship throughout the entire school year.



Congratulations on a job well done!

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Girls Varsity Cross Country



Name	Gr.
Brooklyn Bigard	10
Rowan Fitzpatrick	12
Lauren MacDonald	11
Bailey McConnell	12
Cammie McConnell	11
Desiree McConnell	10
Scout Nelson	11
Megan Nowak	12
Sara Peltier	10
Michele Reinke	10
Natalie Ruiz	10

Head Coach:
Mark Zitzelsberger
Assistant Coaches:
Rob McConnell
Luanne Goffnett
Casey Voisin

GIRLS CROSS COUNTRY – REIGNING STATE CHAMPIONS -- TEAM HIGHLIGHTS

- 2015/2016 Team back-to-back State Champions
- Five returning runners earned All-State Honors:
Bailey McConnell, Cammie McConnell, Lauren MacDonald, Scout Nelson, and Desiree McConnell
- Five current runners on the SHA Top 10 Record Board:
Bailey McConnell (#3), Cammie McConnell (#4), Scout Nelson (#5), Lauren MacDonald (#6), Rowen Fitzpatrick (#8)
- Eight returning runners earned MSAC All-Conference Honors
- Entire Team earned Academic All-State Award with a team average GPA of 3.88



Boys Varsity Cross Country

Name	Gr.
Xavier Addison	11
Lesley Armah	10
Zachary Ervin	11
Josh Lynch	10
Brennan Moore	9
T.J. Moore	11
Charlie Morton	11
Chase Nelson	11
Andrew Neyer	10
Matthew Nowak	9
Zachary Partlo	10
Jack Pramuka	12
Luke Pramuka	10
Luke Predum	9
Noah Schafer	12
Matthew Szymczak	10
Benjamin Thering	11

Head Coach:
Mark Zitzelsberger
Assistant Coaches:
Rob McConnell
Luanne Goffnett
Casey Voisin



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Boys Varsity Football



#	Name	Gr.
2	Andrew Gruss	12
5	Carter Lowe	12
8	Noah Krepostman	11
9	Brendan Zeien	11
10	Colton Hyble	12
16	Patrick Ervin	11

#	Name	Gr.
17	Evan Chomchai	11
20	Kyle Houston	11
21	Ben Ruggles	10
24	Josh Lobsinger	12
31	Nickolas Cataldo	10
47	Nathan Gruss	10

#	Name	Gr.
52	Andrew Tower	11
55	Trevor McGuirk	11
60	Kaden Campbell	11
66	Michael Gillespie	9
71	Keaton Sheffert	12
76	Elliot Yun	12
78	Jacob Fritz	11

Head Coach: Jamie Slate
 Assistant Coaches:
 Phil Durocher, John Ruggles,
 Thomas Sorenson, Mike Ervin,
 Chris Weber

Girls Varsity Golf

Name	Gr.
Shelby Cook	11
Morgan Filhart	10
Madelon Humphreys	10
Ayesha Mohan	12
Thandeka Msibi	11
Allison Rawson	10
Alayna Squires	11
Hadyn Terwilliger	12
Olivia Tucker	12

Head Coach:
 Andrew Doerr



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Girls Varsity Volleyball



Name	Gr.
Erikah Cudjoe	11
Allison Hauck	9
Michele Hubbard	11
Natalia Krepostman	12
Grace Reetz	12
Lauren Rookard	10
Sophia Ruggles	12
Maggie Yonker	12
Molly Yonker	10

Head Coach:
Krista Davis

Girls JV Volleyball

Name	Gr.
Morgan Giuliani	9
Isabelle Fritz	9
Brooklyn Chomchai	9
Samantha McDonald	10
Emma Stempky	9
Aysia Smith	9
Ashley Plum	9
Samantha McConnon	9
Rosie Maloney	9
Alexis Horak	10
Lauren Munley	10

Head Coach:
Theresa Stansberry



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2017 FALL SPORTS SCHEDULES

FOOTBALL

<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Aug. 25	Beal City High School	Home	7:00
Aug. 31	Carson City-Crystal High School	Home	7:00
Sept. 8	Breckenridge High School	Away	7:00
Sept. 15	Merrill High School	Away	7:00
Sept. 22	Vestaburg High School - Homecoming	Home	7:00
Sept. 29	Ashley High School	Away	7:00
Oct. 6	Montabella High School	Away	7:00
Oct. 13	Coleman High School	Home	7:00
Oct. 20	Saginaw Nouvel	Away	7:00
Oct. 27	MHSAA Playoffs	Away	TBA



GIRLS JV/VARSITY VOLLEYBALL

<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Aug. 26	Sacred Heart Tourn. (Var.)	Home	8:30 am
Aug. 26	Byron Tourn. (JV)	Away	TBA
Sept. 7	Clare	Home	5:30
Sept. 9	Breckenridge Tourn. (Var.)	Away	8:30 am
Sept. 12	Carson City	Home	5:30
Sept. 16	Mt. Morris Tourn. (Var.)	Away	8:30 am
Sept. 16	Breckenridge Tourn. (JV)	Away	8:30 am
Sept. 19	Breckenridge	Away	5:30
Sept. 26	Merrill	Away	5:30
Sept. 28	Beal City	Away	6:00
Sept. 30	Shepherd Tourn. (Var.)	Away	9:00 am
Sept. 30	Mt. Morris Tourn. (JV)	Away	8:30 am
Oct. 3	Vestaburg	Home	5:30
Oct. 5	Houghton Lake Tri	Away	5:00
Oct. 7	Sacred Heart Tourn. (JV)	Home	9:00 am
Oct. 10	Ashley	Away	5:30
Oct. 14	Homer Tourn. (Var.)	Away	TBA
Oct. 17	Montabella	Away	5:30
Oct. 21	Williamston Tourn. (Var.)	Away	9:00 am
Oct. 21	Mt. Morris Tourn. (JV)	Away	9:00 am
Oct. 24	Coleman	Home	5:30
Oct. 28	Ithaca Invite (JV)	Away	TBA
Oct. 28	Merrill MSAC Tourn. (Var.)	Away	9:00 am

CROSS COUNTRY - BOYS & GIRLS

<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Sept. 9	Bath Invite	Away	8:00 am
Sept. 12	Beal City Invite	Away	4:00
Sept. 15	MSU Invite	Away	11:40 am
Sept. 20	Montabella MSAC	Away	4:30
Sept. 23	Cougar/Falcon Invite - Grand Rapids	Away	8:00 am
Sept. 30	Carson City	Away	9:00 am
Oct. 4	Sacred Heart MSAC	Home	4:30
Oct. 7	Portage Invite	Away	9:00 am
Oct. 18	Breckenridge MSAC	Away	4:30
Oct. 20	Alma Scottie Invite (JV)	Away	4:00
Oct. 21	Class D State Final (Shepherd)	Away	12:00 noon
Oct. 28	Division 4 Regional (Shepherd)	Away	TBA
Nov. 4	Division 4 State Final (MIS)	Away	TBA

GIRLS GOLF

<u>Date</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Aug. 25	Ithaca Invite	Away	9:00 am
Aug. 29	Saginaw Nouvel	Away	4:00 pm
Aug. 31	Bay City John Glenn	Home	4:00 pm
Sept. 7	Saginaw Nouvel	Home	4:00 pm
Sept. 11	Farwell	Away	4:00 pm
Sept. 13	Grayling	Away	4:00 pm
Sept. 18	Farwell	Home	4:00 pm
Sept. 25	Big Rapids	Away	9:00 am
Sept. 29	Chippewa Hills	Away	10:00 am
Oct. 2	Mt. Pleasant (Riverwood)	Away	4:00 pm
Oct. 11	Regional in Shepherd	Away	4:00 pm